

# ¿Cómo evaluar el cérvix. Longitud o índice de consistencia cervical?

XVI Congreso Nacional de Obstetricia y Ginecología,  
La Habana Octubre 2016

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**Octubre de 2016**  
**La Habana Cuba**



# Evaluación del cérvix: Longitud o Índice de Consistencia

## Agenda

- INTRODUCCIÓN:
  - Importancia
  - Casos clínicos
- PREVENCIÓN
- PREDICCIÓN:
  - Longitud del cérvix
  - Índice de Consistencia Cervical

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¿En relación al parto prematuro las cosas han cambiado en los últimos 20 años?

# Casos clínicos

- Síndrome de parto prematuro

# Caso # 1.

ID: Y.L

22 años,

EG: 24,2 semanas

## Antecedentes:

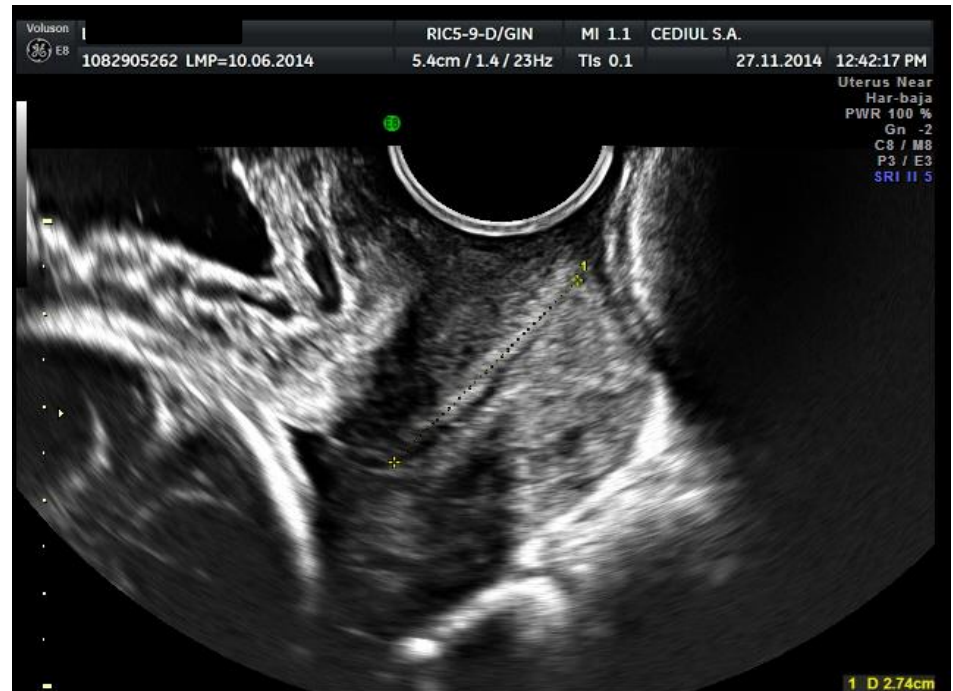
-G3 A2 ultima perdida de 20 sem

-Doble sistema colector

-Infección de vías urinarias en primer trimestre.

-Refiere actividad uterina irregular

-Cervicometria 27 mm



Cervicometria: 2,74 cm

¿Cuál sería el manejo indicado?

## Caso # 2

ID: Z.A

28 años

-Embarazo actual 22 sem

-Actividad uterina regular de 8 horas

-Cervix 5 mm

-Sludge

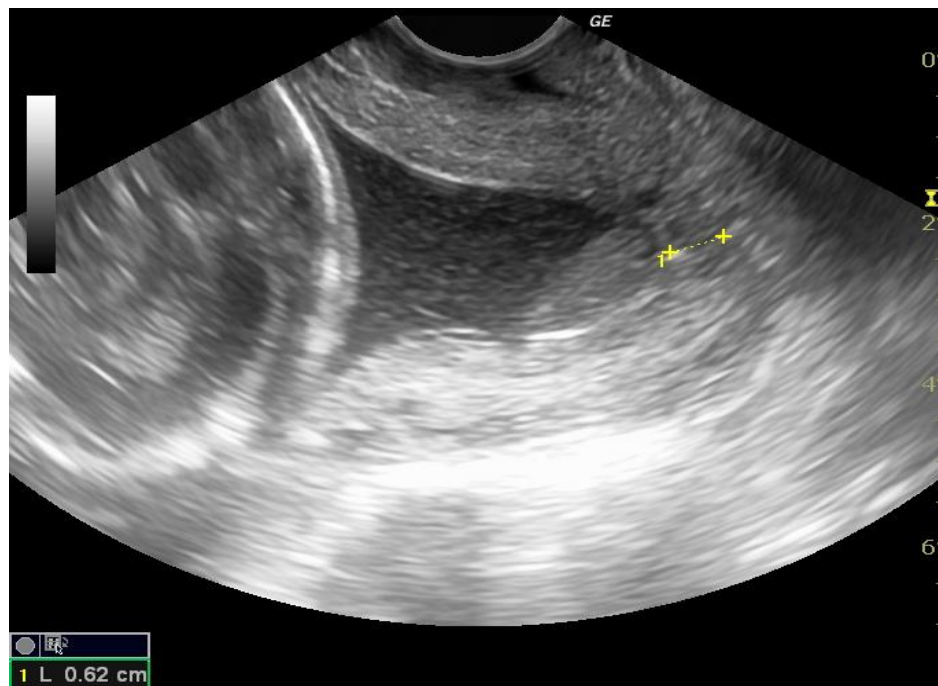
-PCR 48

-CH: Leucocitos 16820

**Antecedentes:**

G5A3PP1 V0

PP 23 semanas, con muerte neonatal temprana.



¿Cuál sería el manejo indicado?

## Caso # 3

ID: D.O

34 años

- Embarazo actual 12.4 sem
- Tamizaje de primer trimestre test combinado 1:730
- Tamizaje de preeclampsia <34 sem 1:123

### -Antecedentes:

GOA0P0 V0

Pregunta si tiene riesgo de Pp porque una compañera de trabajo tuvo un parto prematuro a las 26 sem y perdió en bebé.



Lcx: 38 mm (12,4 semanas)

¿Cuál sería el manejo indicado?



# Predicción del parto prematuro:

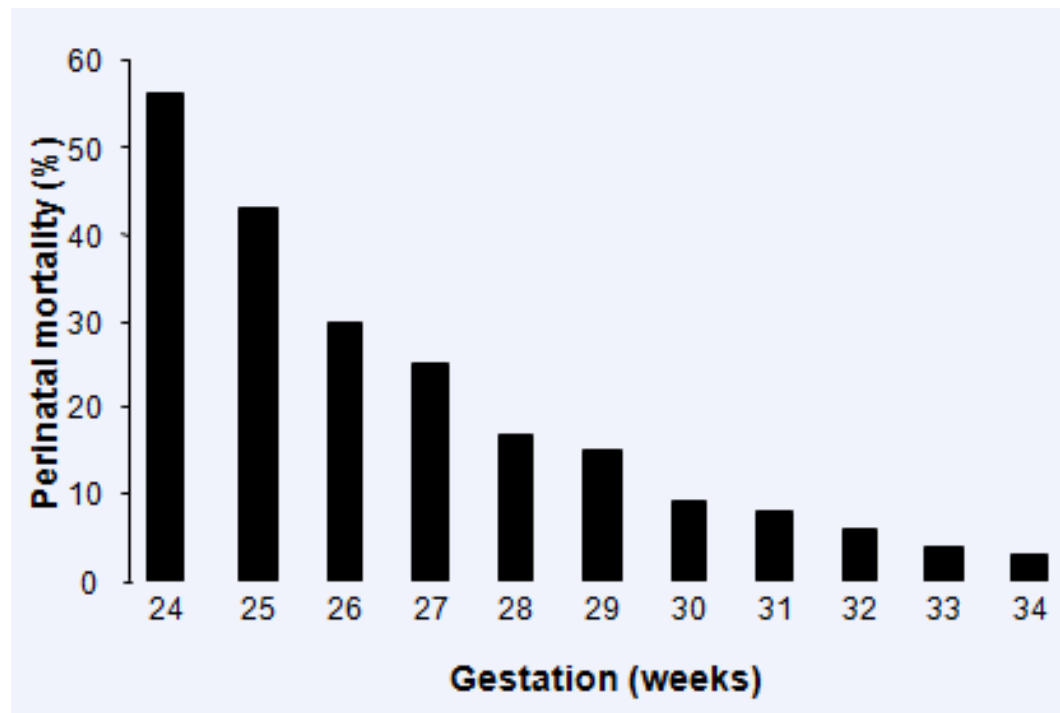
¿Que hay de nuevo?

- ¿Dónde estamos?
- ¿Para donde vamos?

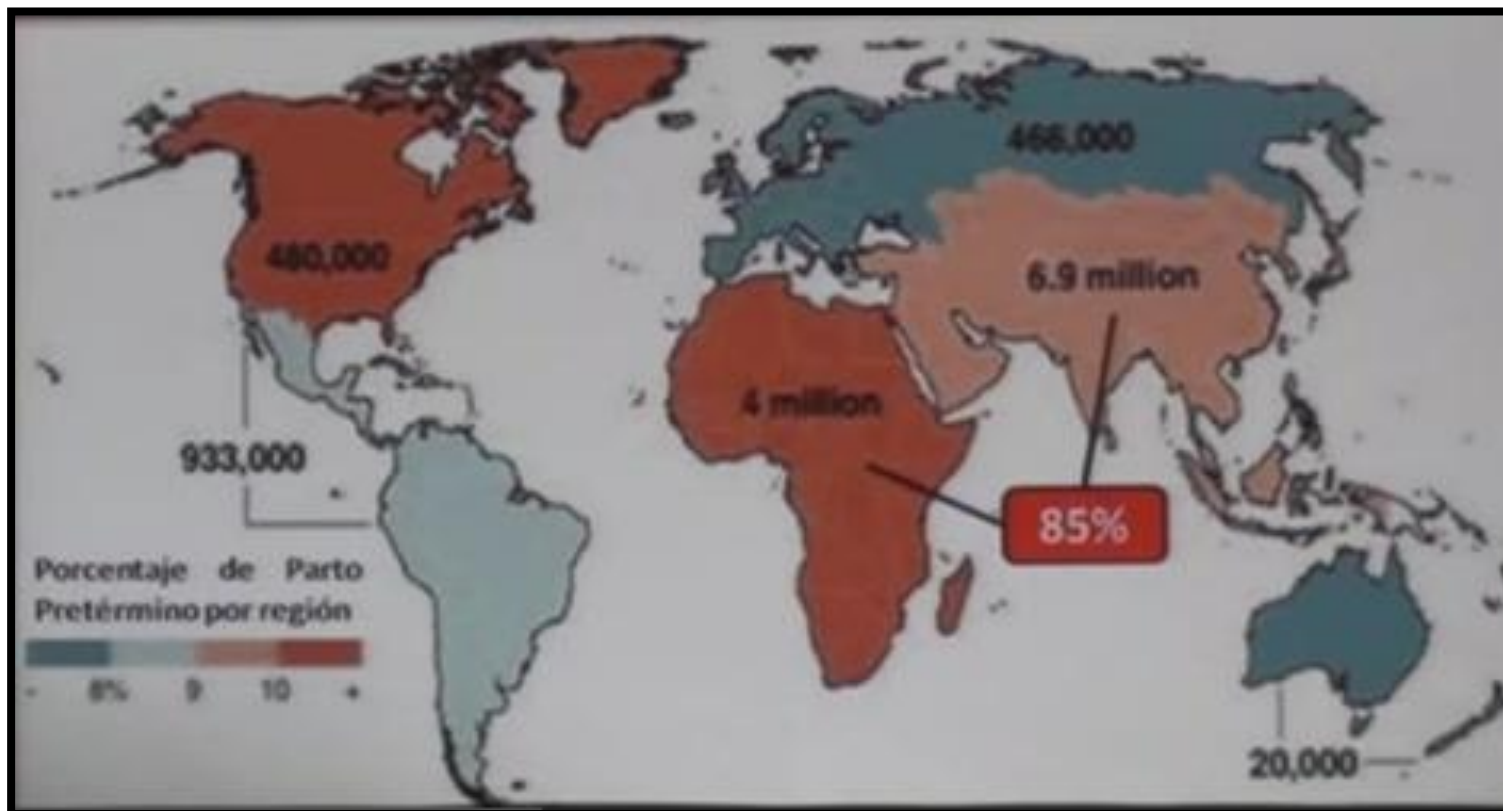


# El parto prematuro: problema no resuelto

Principal causa de morbi mortalidad perinatal



# El problema: 12'799.000 pp/año



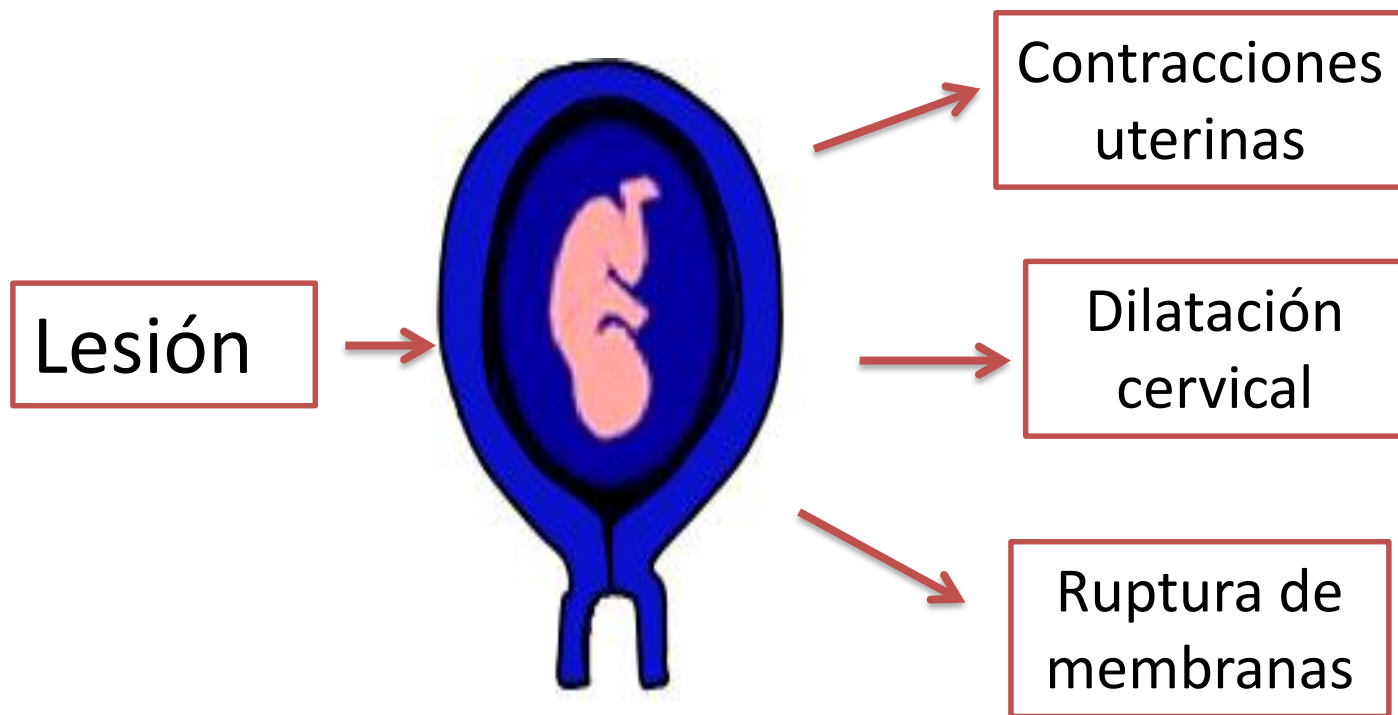
8'000.000 mueren antes del primer año

# Parto prematuro: Un problema de salud mundial



- Principal causa de morbimortalidad en países en desarrollo.
- Especialmente si el parto tiene lugar antes de las 34 semanas.
- Representa un costo astronómico para la salud pública.
- Es sin duda el problema más importante de la obstetricia moderna.

# Parto prematuro: Fisiopatología



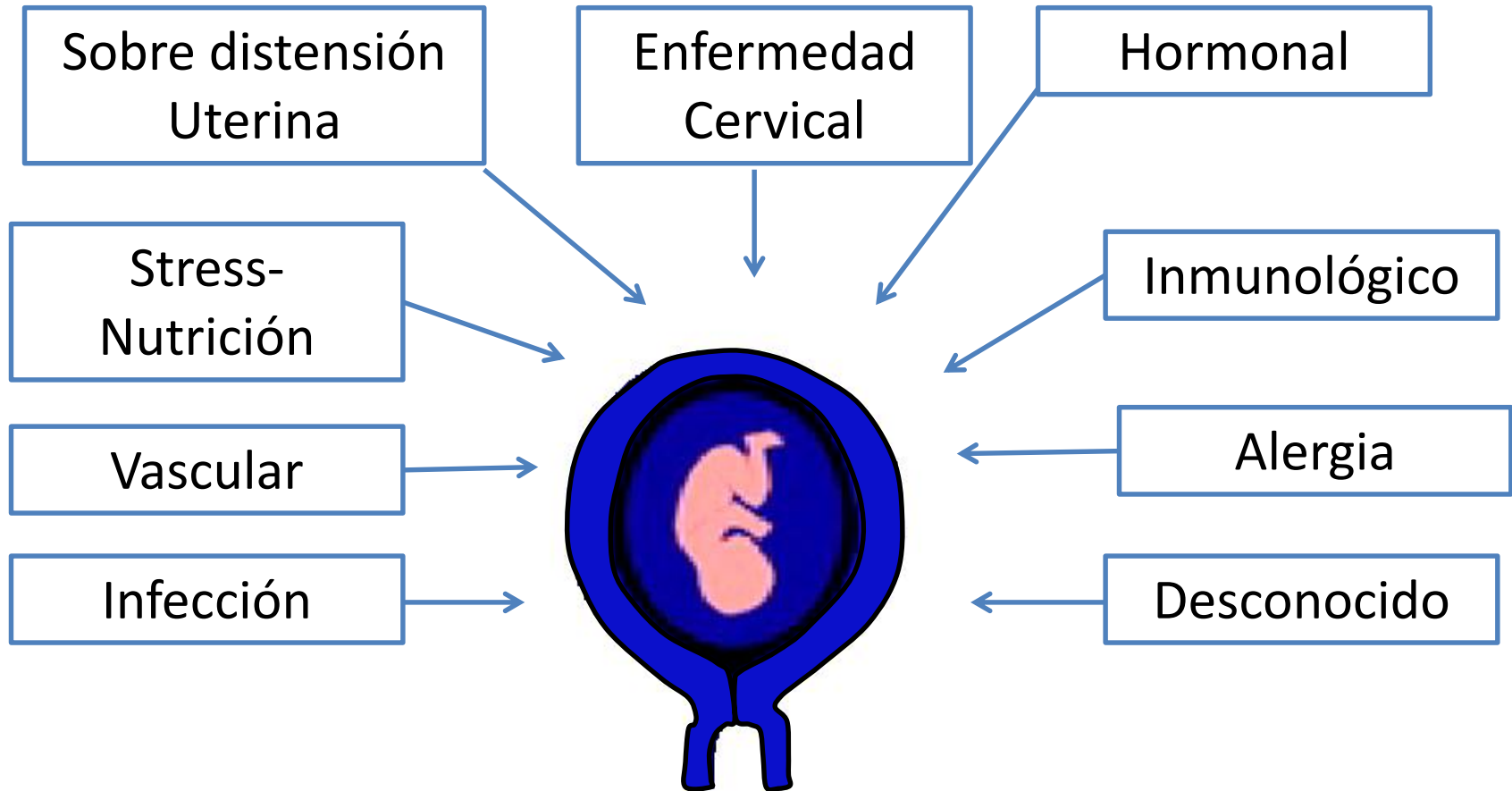
# Parto prematuro: Fisiopatología

**REVIEW**

## **Preterm labor: One syndrome, many causes**

**Roberto Romero,<sup>1,2,3\*</sup> Sudhansu K. Dey,<sup>4</sup> Susan J. Fisher<sup>5</sup>**

# Síndrome de parto prematuro

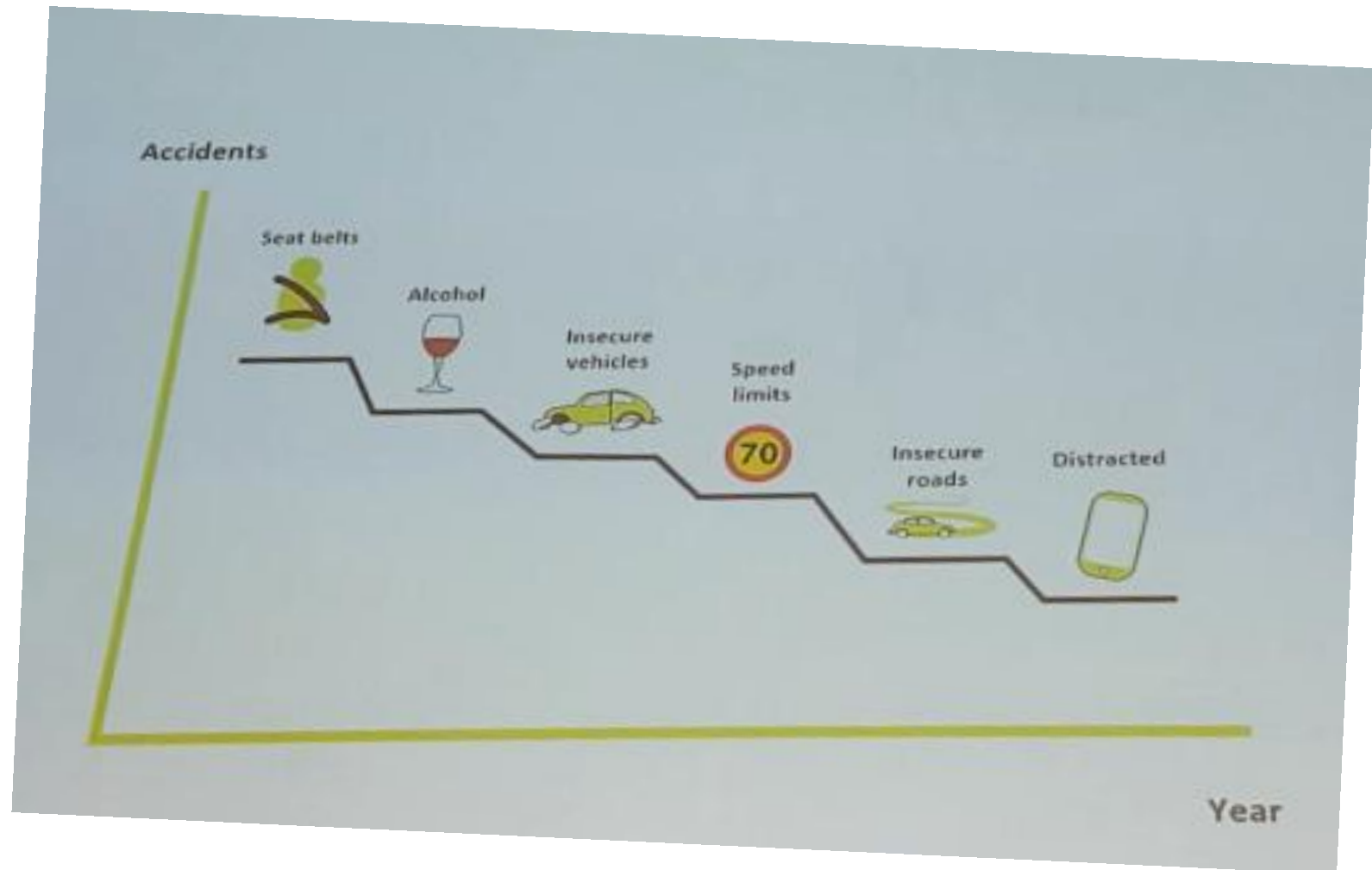


# Implicaciones

- El parto prematuro no es una sola enfermedad.
- Un único test no puede predecir todos los casos de parto prematuro.
- Un único tratamiento no puede prevenir todos los casos de parto pretérmino.

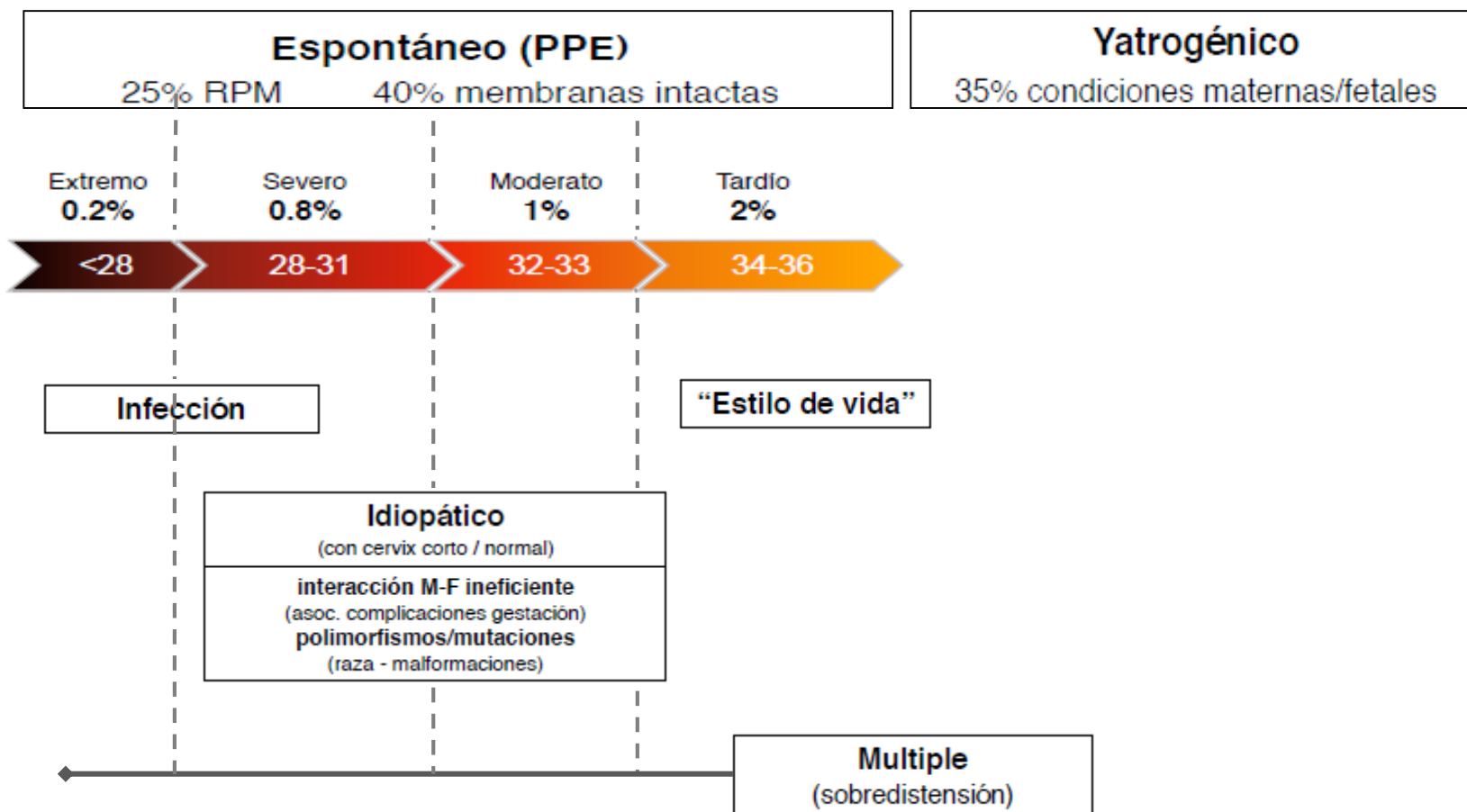


# Analogia con accidentes de transito



# Síndrome de parto prematuro

**Parto pretérmino (<37 w)**  
7-12% de todas las gestaciones

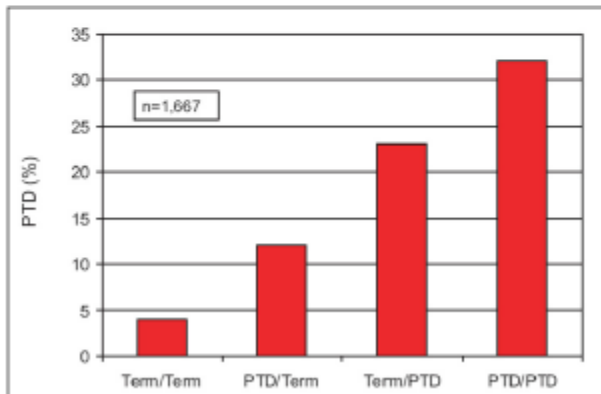


# Parto prematuro: factores de riesgo

## Número de antecedentes

1 antecedente: 15%  
2 antecedentes: 41%  
3 antecedentes: 67%

## Último antecedente



## Severidad de los antecedentes

Si < 35 semanas: RR 3-5

Si < 32 semanas: RR 6

Si < 28 semanas: RR 10

Si < 17 semanas: no incremento

*Spong CY, Obstet Gynecol 2007; 110:405-15.*

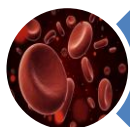
*Mercer BM, Macpherson CA, Goldenberg RL, et al. Are women with recurrent spontaneous preterm births different from those without such history?. Am J Obstet Gynecol 2006 Apr;194(4):1176-84; discussion 1184-5*

# Evaluación del cérvix: Longitud o Índice de Consistencia

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# Parto prematuro: Prevención



Manejo de la anemia. Riesgo aumentado Hb < 9.5 gr/dl



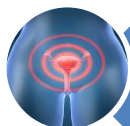
Screening de Bacteriuria asintomática mediante urocultivo



Evitar consumo de tabaco



Periodo intergenésico > 12 meses



Tratamiento oral de la vaginosis bacteriana antes de la semana 20 para prevenir RPM.



Prevención de entidades clínicas asociadas a PP por indicación médica: Uso de ASA en prevención de preeclampsia y RCIU.

# Evaluación del cérvix: Longitud o Índice de Consistencia

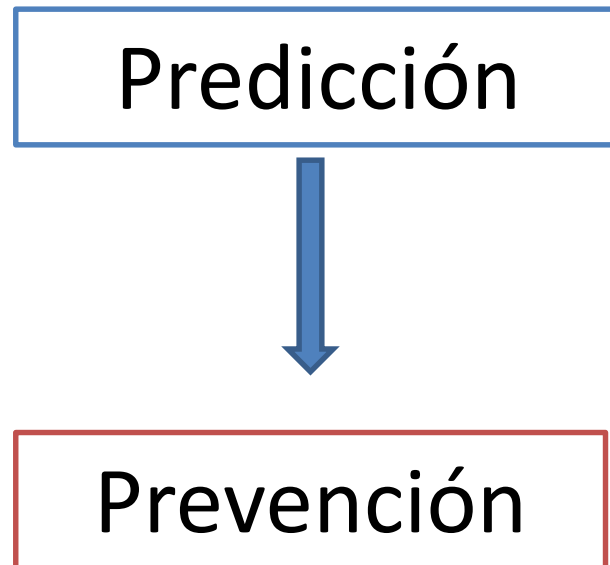
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# Importancia

Predicción

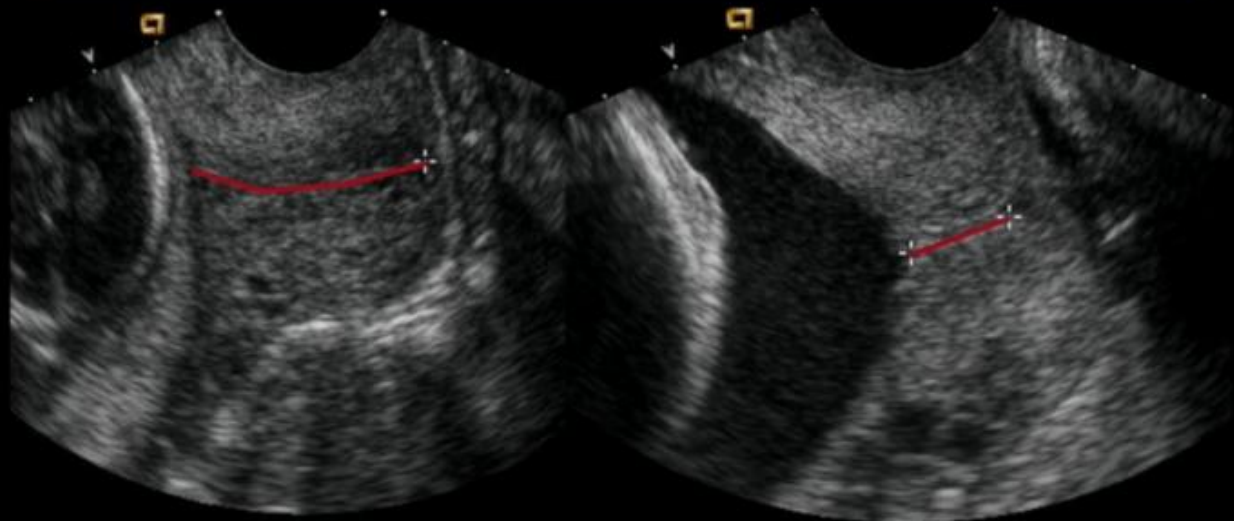
# Importancia





# Importancia

## Evaluación ecográfica del cérvix

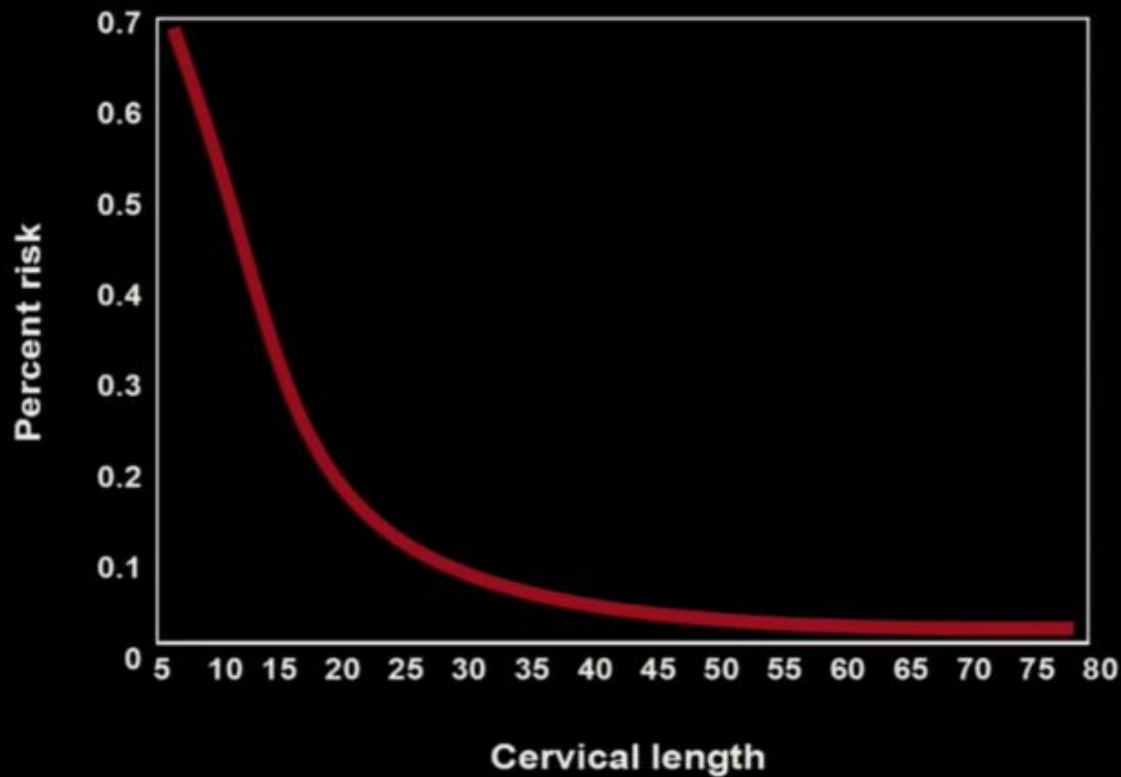


35 mm

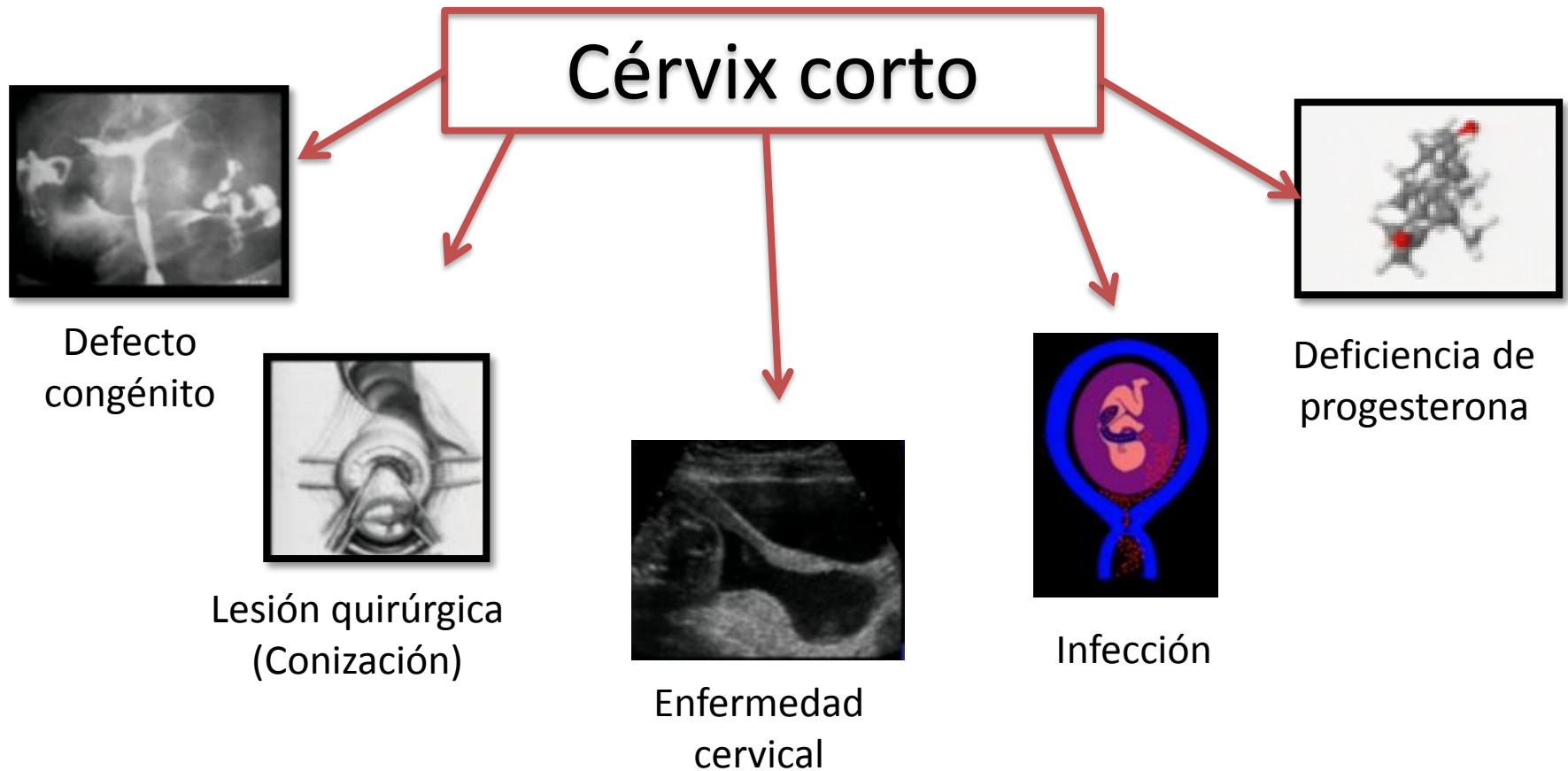
14 mm

# Importancia

**Risk of Spontaneous Preterm Delivery at  $\leq 32$  Weeks Among Women with Measured Cervical Length Between 14-24 Weeks**



# Importancia



# Importancia

Análisis de costo-efectividad

Ahorro \$ 19 millones por cada  
100.000 mujeres tamizadas

Ahorro \$ 500 millones por año para  
el sistema de salud de USA

# Tamizaje en medicina

## Comparison of Strategies used for Screening in Medicine

Test	Number needed to screen
Pap Smear for Cervical Cancer <sup>1</sup>	1140
Mammography more than 50 years <sup>1</sup>	
Mammography between 40 and 49 years <sup>1</sup>	
Prostate-specific Antigen for Prostate Cancer <sup>2</sup>	
Ultrasound cervical length to prevent one case of PTB < 33 weeks (<25 mm) <sup>3</sup>	
Ultrasound cervical length to prevent one case of neonatal morbidity/mortality (<25 mm) <sup>3</sup>	

1. Gates TJ, et al. *Am Fam Physician* 2001;63:513-22

2. Loeb S, et al. *J Clin Oncol* 29:464-467

# Tamizaje en medicina

## Comparison of Strategies used for Screening in Medicine

Test	Number needed to screen
Pap Smear for Cervical Cancer <sup>1</sup>	1140
Mammography more than 50 years <sup>1</sup>	543
Mammography between 40 and 49 years <sup>1</sup>	
Prostate-specific Antigen for Prostate Cancer <sup>2</sup>	
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Ultrasound cervical length to prevent one case of neonatal morbidity/mortality (<25 mm) <sup>3</sup>	

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Ultrasound cervical length to prevent one case of PTB < 33 weeks (<25 mm) <sup>3</sup>	
Ultrasound cervical length to prevent one case of neonatal morbidity/mortality (<25 mm) <sup>3</sup>	

1. Gates TJ, et al. *Am Fam Physician* 2001;63:513-22

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Ultrasound cervical length to prevent one case of neonatal morbidity/mortality (<25 mm) <sup>3</sup>	218

1. Gates TJ, et al. *Am Fam Physician* 2001;63:513-22

2. Loeb S, et al. *J Clin Oncol* 29:464-467

# Estrategias de prevención

Prevención de parto prematuro en mujeres con cérvix corto.

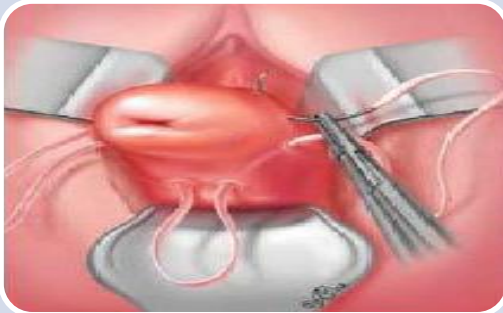
Longitud cervical  $\leq 25$  mm

Progesterona

Cerclaje

Pesario

# Manejo

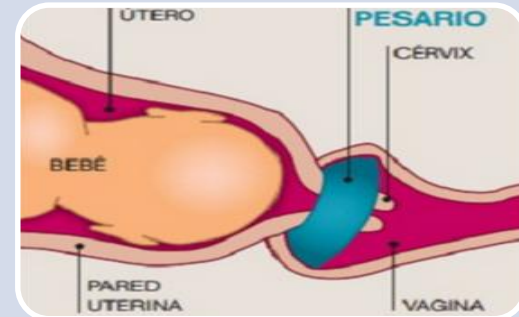


## CERCLAJE

Electivo 1<sup>ro</sup>  
Terapéutico 2<sup>ro</sup>  
Emergencia 3<sup>ro</sup>



## PROGESTERONA

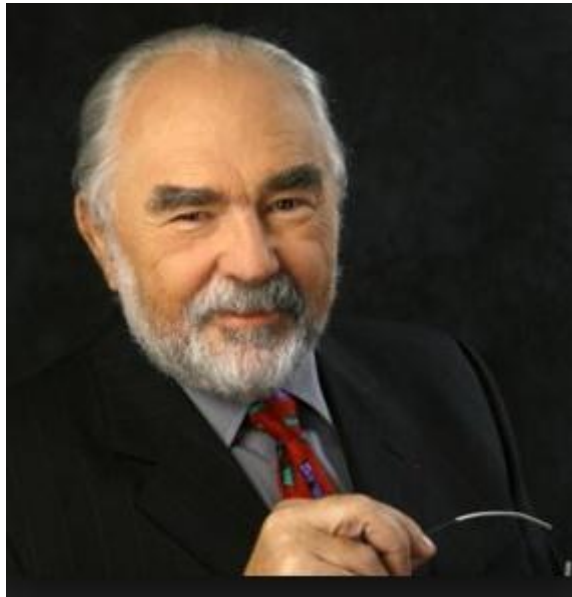


## PESARIO DE ARABIN

# Prof Birgit Arabin



# Progesterona y parto prematuro: Primeros trabajos



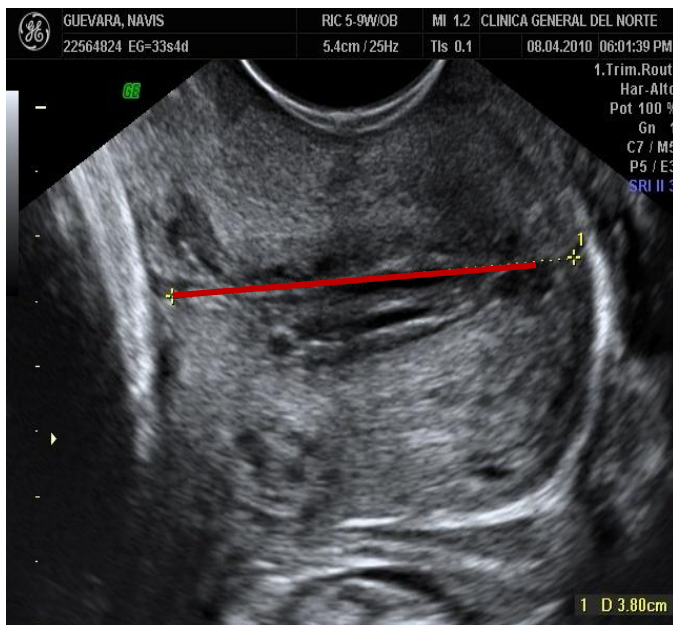
**Emile Papiernik**  
**Francia**

Primera persona en utilizar la progesterona para prevenir el parto prematuro (1970)

# Comparación con otras intervenciones en obstetricia y medicina perinatal

Intervención	Para prevenir	RR (IC 95%)	NNT (IC 95%)
Sulfato de magnesio	Eclampsia	0,41 (0,29-0,58)	100 (50-100)
Aspirina	Pre-eclampsia	0,83 (0,77-0,88)	72 (52-110)
Sulfato de magnesio	Parálisis cerebral	0,65 (0,55-0,88)	52 (31-110)
Corticoides antenatales	Sind. Distrés respiratorio	0,66 (0,50-0,73)	11 (3-14)
	Muerte neonatal	0,69 (0,58-0,81)	22 (16-35)
Progesterona vaginal en cérvix corto	Parto pretérmino < 33 sem	0,55 (0,33-0,82)	14 (5-87)
	Sind. Distrés respiratorio	0,39 (0,17-0,82)	22 (12-106)

# Parto prematuro: Predicción



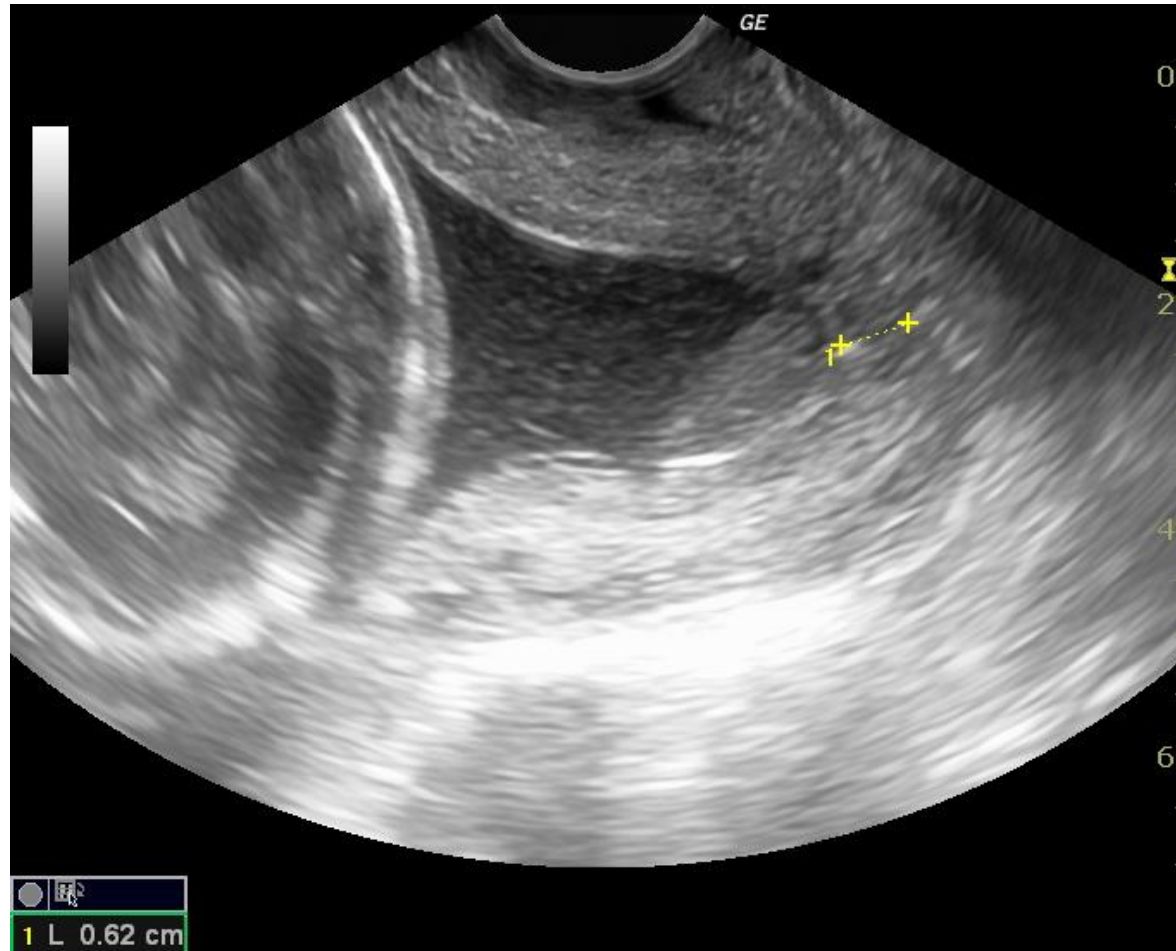
Longitud cervical



Fibronectina fetal /Partus test



# ¿Y la presencia de sludge?



# ¿Y la presencia de sludge?

*Ultrasound Obstet Gynecol* 2005; 25: 346–352

Published online in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/uog.1871

## The prevalence and clinical significance of amniotic fluid ‘sludge’ in patients with preterm labor and intact membranes

J. ESPINOZA\*, L. F. GONÇALVES†, R. ROMERO\*, J. K. NIEN\*, S. STITES†, Y. M. KIM†‡, S. HASSAN†, R. GOMEZ§, B. H. YOON¶, T. CHAIWORAPONGSA†, W. LEE\*\* and M. MAZOR†

\*Perinatology Research Branch, NICHD/NIH/DHHS, Detroit, MI and Bethesda, MD, Departments of †Obstetrics and Gynecology and ‡Pathology, Wayne State University/Hutzel Hospital, Detroit, MI, USA, §CEDIP, Department of Obstetrics and Gynecology, Sotero del Rio Hospital, P. Universidad Catolica de Chile, Puente Alto, Chile, ¶Department of Obstetrics and Gynecology, Seoul National University, Seoul, Korea and \*\*Department of Obstetrics and Gynecology, William Beaumont Hospital, Royal Oak, MI, USA

**KEYWORDS:** amniotic fluid ‘sludge’; chorioamnionitis; intrauterine inflammation; microbial invasion of the amniotic cavity; preterm delivery; preterm labor; ultrasound

# ¿Y la presencia de sludge?

84 ptes con PP

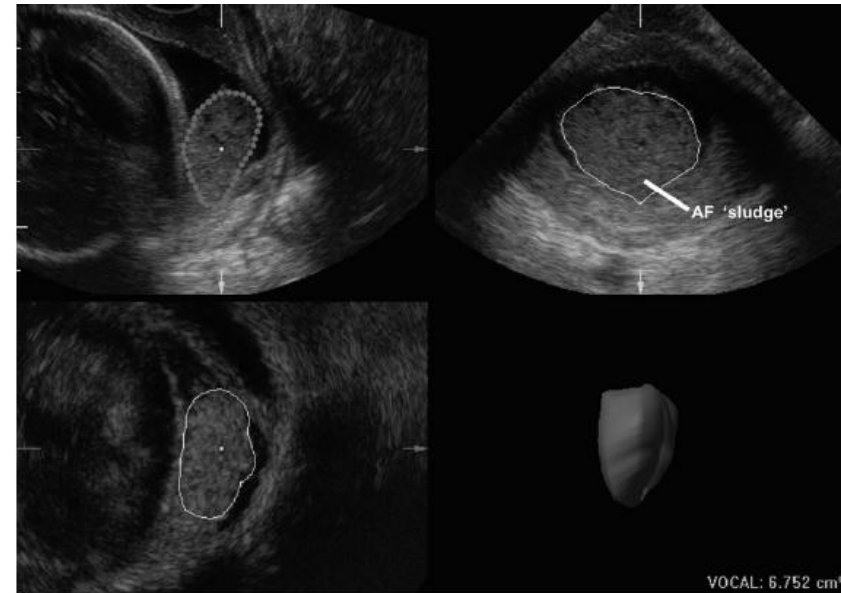
Sludge 22.6%

Invasión  
microbiana y  
corioamnionitis  
histológica 32.9%

298 ptes. parto  
a término

Sludge 1%

Invasión  
microbiana y  
corioamnionitis  
histológica 12.1%



**CONCLUSION:** La presencia de Sludge en pacientes con parto pretérmino con membranas intactas es un factor de riesgo independiente para riesgo de invasión microbiana de la cavidad amniótica, corioamnionitis histológica y parto pretérmino inminente.

# Longitud cervical

*Ultrasound Obstet Gynecol* 2003; 22: 305–322

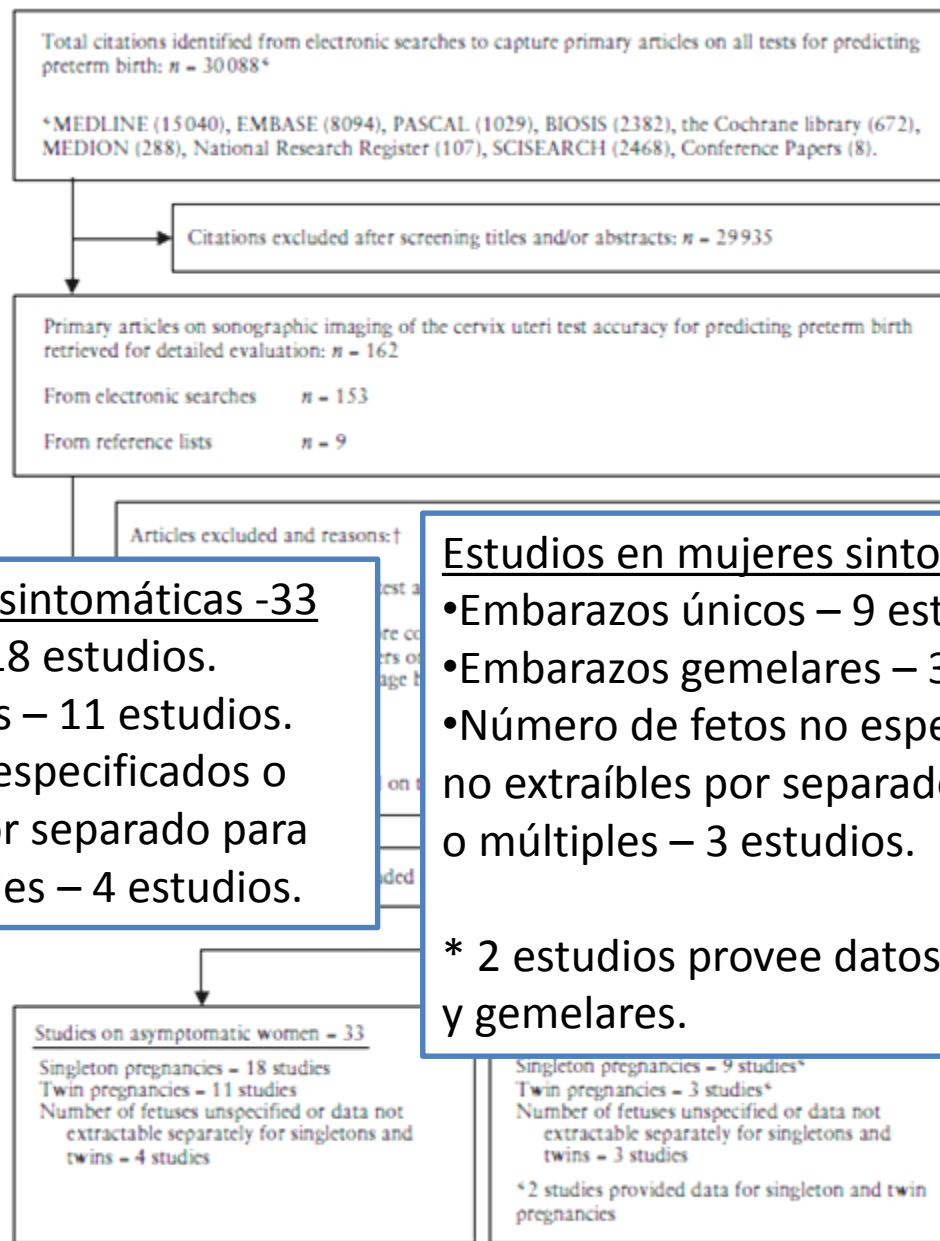
Published online in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/uog.202

## Accuracy of cervical transvaginal sonography in predicting preterm birth: a systematic review

H. HONEST\*, L. M. BACHMANN\*†, A. COOMARASAMY\*, J. K. GUPTA\*, J. KLEIJNEN‡  
and K. S. KHAN\*

\*Department of Obstetrics & Gynaecology, Birmingham Women's Hospital and †Horten Center, University of Zurich, Zurich, Switzerland and ‡NHS Centre for Reviews & Dissemination, University of York, UK

**KEYWORDS:** cervical length measurements; funneling; preterm birth; systematic review



Estudios en mujeres asintomáticas -33

- Embarazos únicos – 18 estudios.
- Embarazos gemelares – 11 estudios.
- Número de fetos no especificados o datos no extraíbles por separado para emb simples o múltiples – 4 estudios.

Estudios en mujeres sintomáticas -13

- Embarazos únicos – 9 estudios.
- Embarazos gemelares – 3 estudios.
- Número de fetos no especificados o datos no extraíbles por separado para emb simples o múltiples – 3 estudios.

\* 2 estudios provee datos para emb simples y gemelares.

Figure 1 Study selection process for systematic review of transvaginal cervical ultrasound in predicting spontaneous preterm birth.

# Longitud cervical

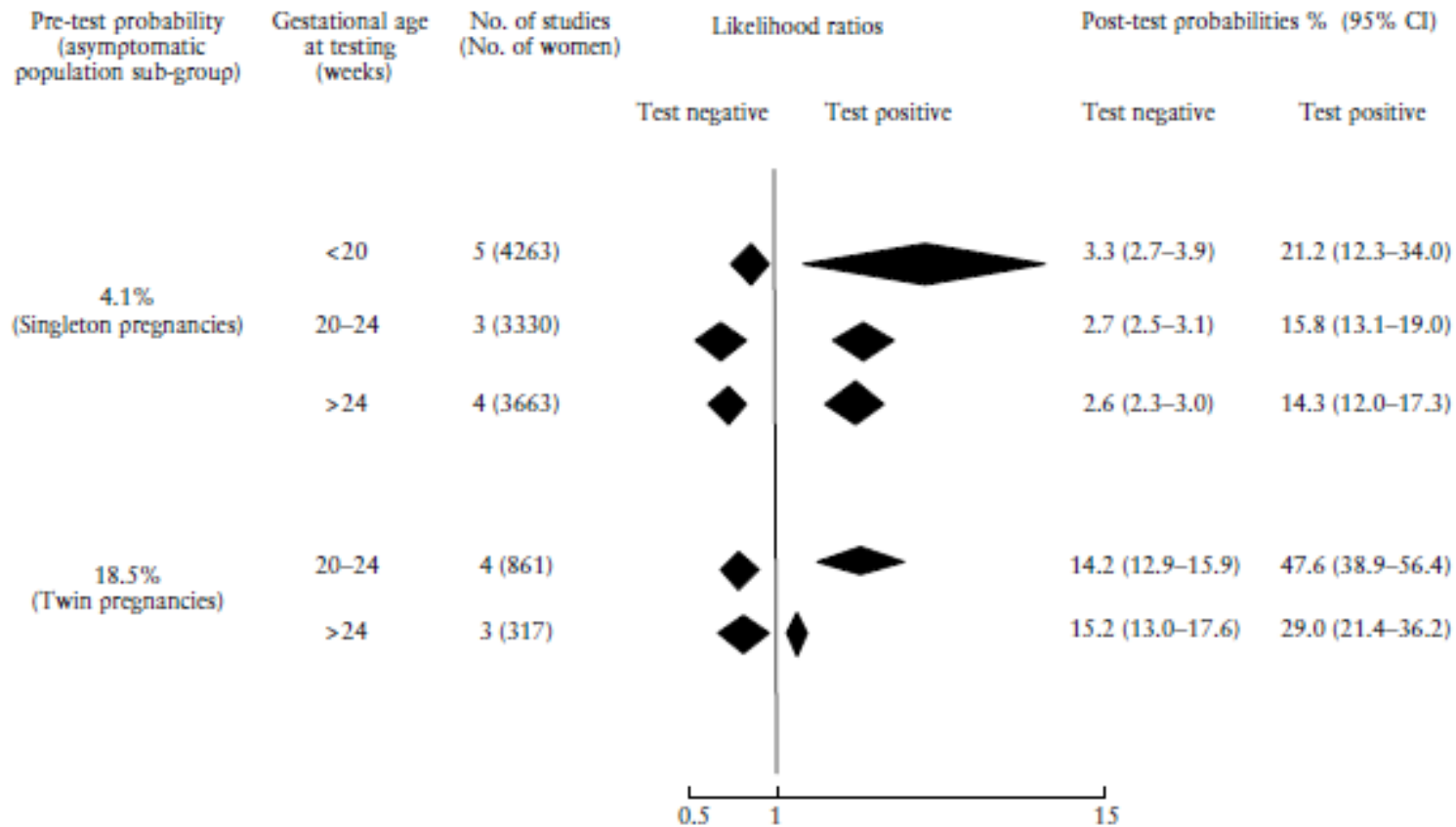


Figure 4 Pooled estimates of likelihood ratios for predicting spontaneous preterm birth at 34 weeks' gestation using 25 mm cervical length threshold measured by transvaginal sonography and their associated post-test probabilities.

# Parto prematuro: factores de riesgo

## Longitud cervical

¿Cx corto: es frecuente?

**NO!!!** < 15 mm : 1%  
< 25 mm: 5-10%

Población riesgo: 10-39%

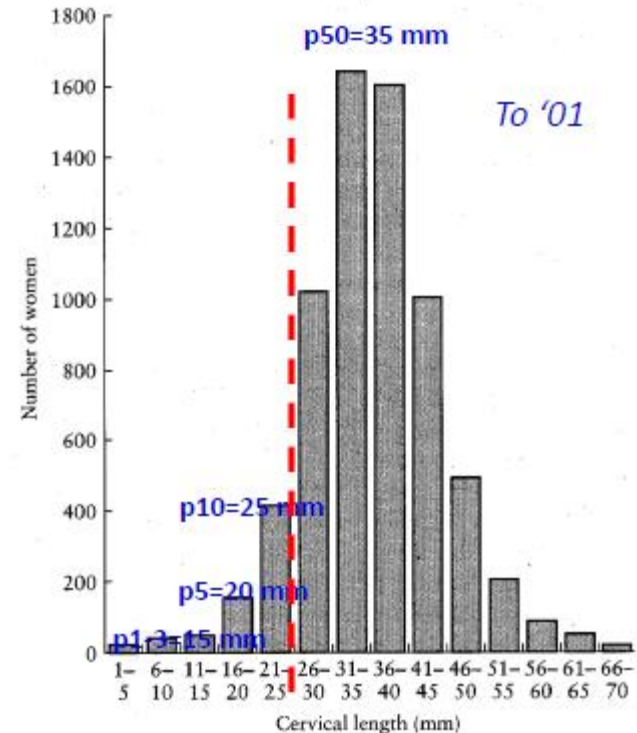


Figure 2 Distribution of cervical length at 23 weeks of gestation.

Semana 23

# Crevicometria en ptes sintomaticas

RESEARCH

ajog.org

OBSTETRICS

## **The role of cervical length in women with threatened preterm labor: is it a valid predictor at any gestational age?**

Liran Hirsch, MD; Yariv Yogev, MD; Noam Domniz, MD; Israel Meizner, MD;  
Ron Bardin, MD; Nir Melamed, MD

Cite this article as: Hirsch L, Yogev Y, Domniz N, et al. The role of cervical length in women with threatened preterm labor: is it a valid predictor at any gestational age? Am J Obstet Gynecol 2014;211:532.e1-9.



# Crevicometria en ptes sintomaticas

**TABLE 3**

**The discriminative ability of cervical length in identifying women with preterm labor who will deliver prematurely, stratified by gestational age at presentation**

Gestational age at presentation	Area under the ROC curve		
	Delivery <37 wks	Delivery <35 wks	Delivery within 14 days
24+0 to 26+6 wks	0.661	0.690	0.641
27+0 to 29+6 wks	0.631	0.643	0.698
30+0 to 31+6 wks	0.654	0.643	0.646
32+0 to 33+6 wks	0.678	0.698	0.693
<i>P</i> value <sup>a</sup>	0.8	0.7	0.8

The discriminative ability of cervical length in identifying women with preterm labor who will deliver prematurely is reflected by the area under the receiver-operator characteristic (ROC) curve (AUC).

<sup>a</sup> Comparisons of the AUC were made using the method of Hanley and McNeil.<sup>22</sup>

Hirsch. *The effect of gestational age on the predictive accuracy on cervical length in women with preterm labor.* Am J Obstet Gynecol 2014.

# Detección del P.P <34 sem en el primer trimestre

n=16.496 embarazos unicos;178 (1.1%) pp<34 sem

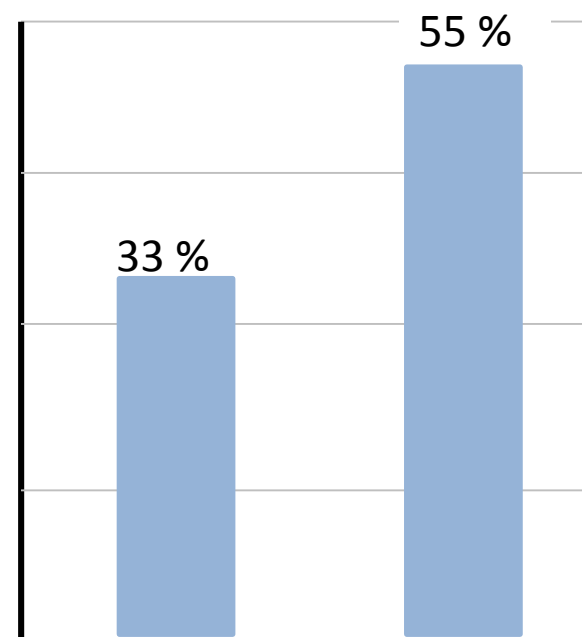
## Maternal History

PPS previo, IMC alto, Tabaco, Edad materna, Raza negra, Nuliparidad.



CL <27 mm (5th centile)

■ DR for FPR 10%



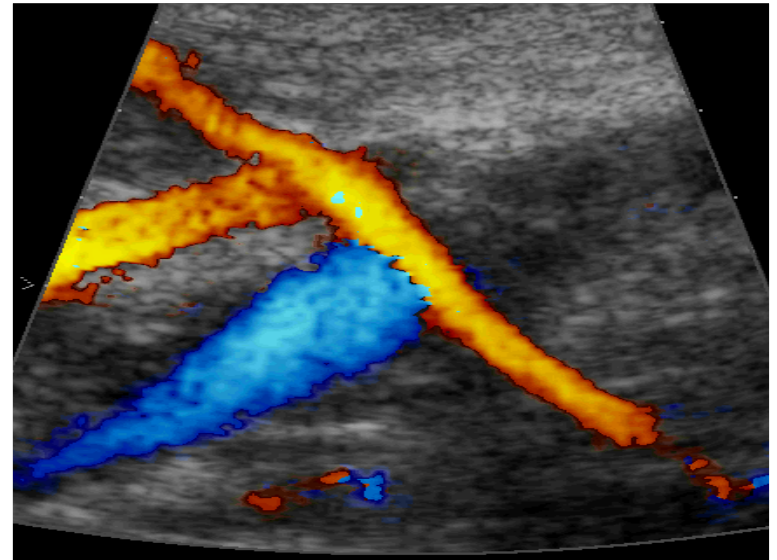
Maternal History    Cervical length

Nicolaidis 2013

# El ultrasonido ha mejorado la predicción



Anormalidades  
Cromosómicas



IUGR y preeclamsia

# Sin embargo el elefante en la sala siempre es el parto prematuro

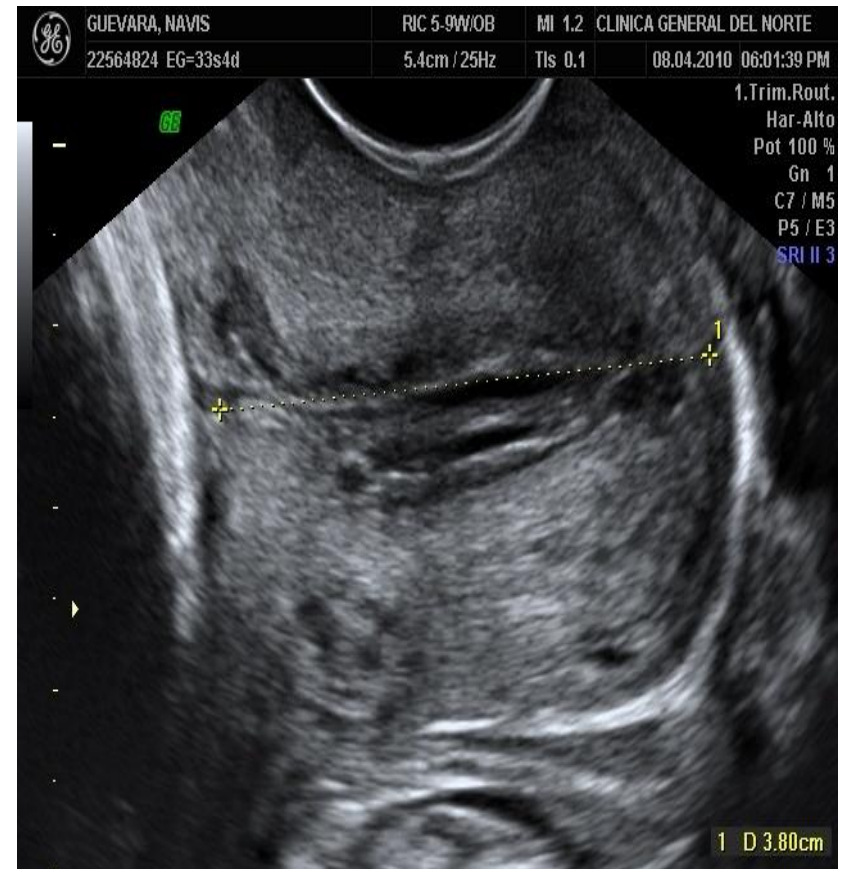


Stuart Campbell, Universal cervical-length screening and vaginal progesterone prevents early preterm births, reduces neonatal morbidity and is cost saving: doing nothing is no longer an option. *Ultrasound Obstet Gynecol* 2011; 38: 1–9

¿Cómo hacemos la predicción del parto prematuro hoy?

# Usamos la valoración ecográfica de la longitud cervical

- 1990: Anderson et al Predicting the risk of preterm delivery by measurement of cervical length.



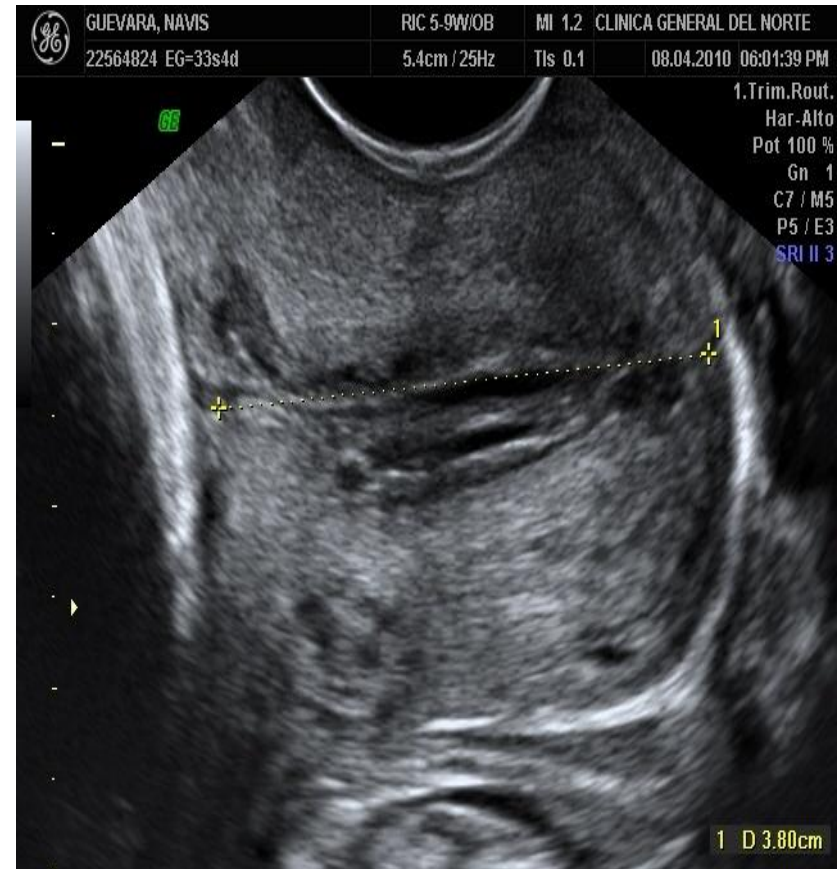
# ¿La cervicometría es suficiente?

- Después de más de 600 publicaciones a lo largo de los últimos 20 años, la tasa de parto prematuro no ha disminuido.



# ¿La cervicometría es suficiente?

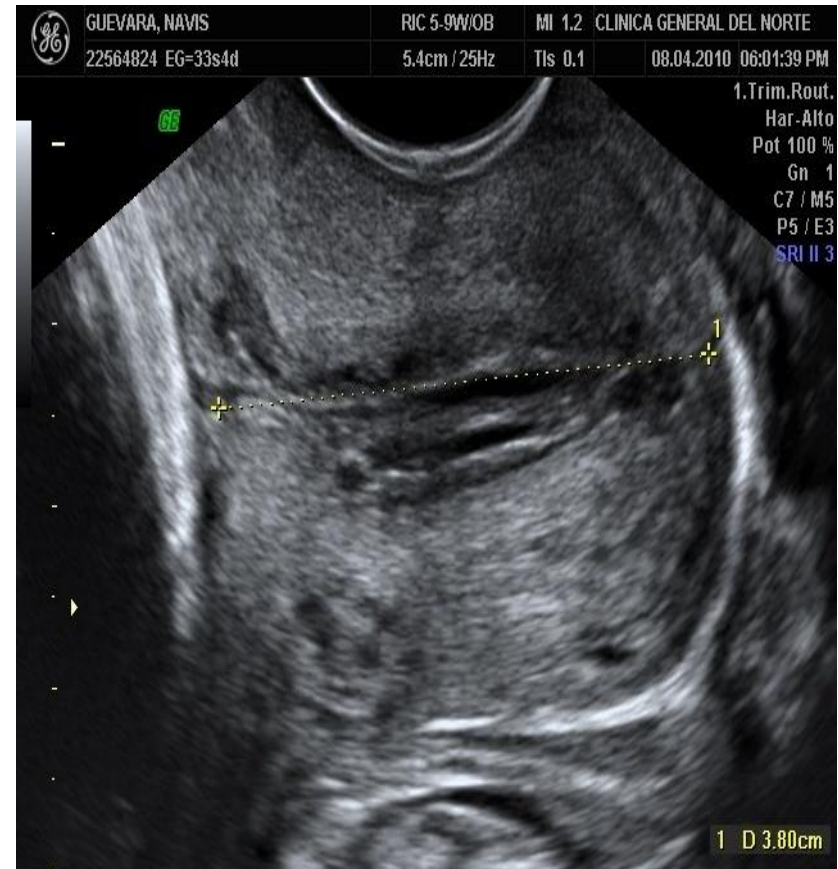
- La mayoría de los partos prematuros en mujeres de bajo riesgo ocurren en mujeres con una longitud cervical normal en el segundo trimestre:
- Baja Sensibilidad(8-24%)



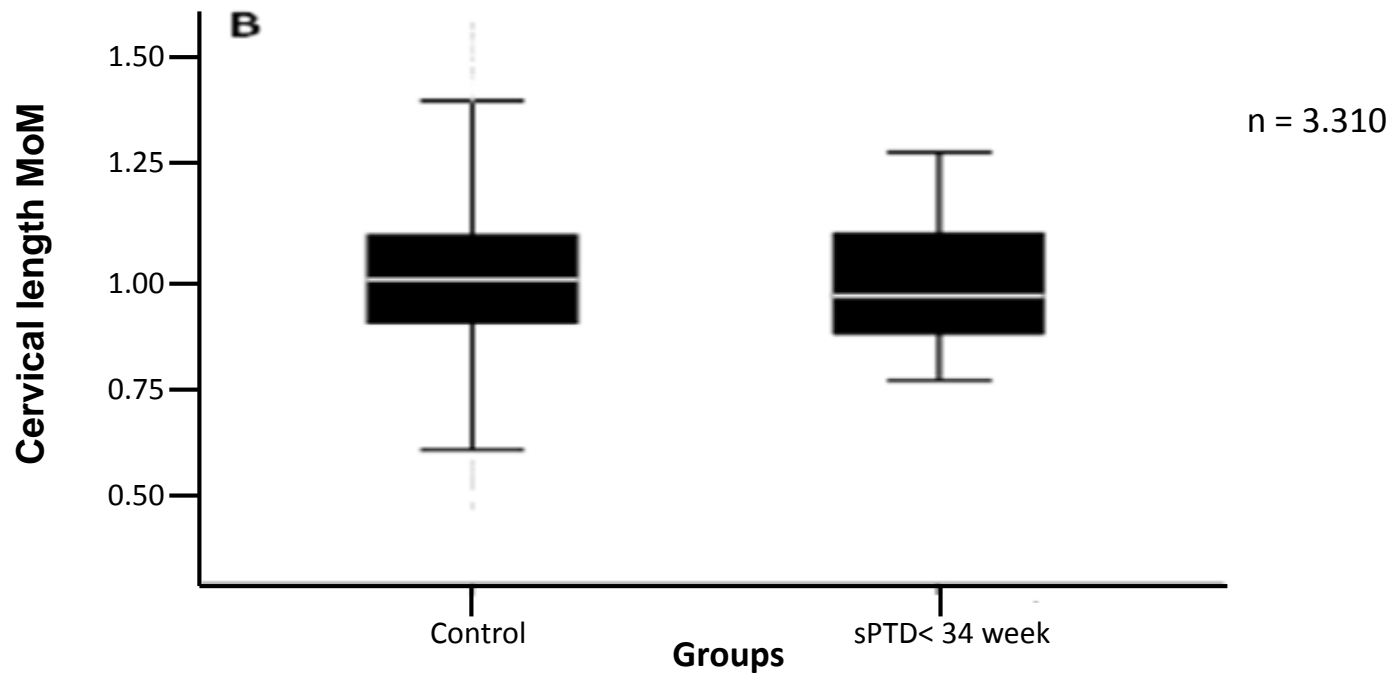


# ¿La cervicometría es suficiente?

- La mayoría de las mujeres con un cuello corto en el segundo trimestre no llegan a tener un parto prematuro.
- BAJO PPV ( $\approx 30\%$ )



# Predicción del parto prematuro en primer trimestre



¿Cómo podemos mejorar la predicción  
del parto prematuro?

# Predicción del parto prematuro

¿Es el parto prematuro un problema biomecánico?

# Predicción del parto prematuro

¿Cuál es la opinión de los físicos que han estudiado el cérvix?

# Biomecánica del cuello uterino

- **Sébastien Febvay / Simona Socrate / Michael D. House**  
BIOMECHANICAL MODELING OF CERVICAL TISSUE: A QUANTITATIVE INVESTIGATION OF CERVICAL INCOMPETENCE 2003
- **Amy E. Kerdok / Simona Socrate / Robert D. Howe**  
SOFT TISSUE MODELING AND MECHANICS 2004
- **KRISTIN M. MYERS / Advisor: Simona Socrate**  
MECHANICAL AND BIOCHEMICAL PROPERTIES OF HUMAN CERVICAL TISSUE 2005
- **Michael House, Anastassia Paskaleva, Kristin Myers, Sabrina Craigo, Simona Socrate**  
THE CONNECTION BETWEEN UTERINE CONTRACTIONS AND CERVICAL DILATION: THE BIOMECHANICS OF CERVICAL DEFORMATION 2005
- **M. House and S. Socrate**  
THE CERVIX AS A BIOMECHANICAL STRUCTURE ULTRASOUND IN OBSTETRICS & GYNECOLOGY 2006

# El cérvix como una estructura biomecánica

- “... For example, cerclage placement assumes that (a) the cervix is structurally weak and (b) a cerclage provides structural support. Currently, however, the assessment of cervical strength is based primarily on clinical history. An objective definition based on biomechanical evaluation is lacking”

# Biomecánica del cuello uterino

- Edoardo Mazza, Alessandro Nava, Margit Bauer, Raimund Winter, Michael Bajka, Gerhard A. Holzapfel

MECHANICAL PROPERTIES OF THE HUMAN UTERINE CERVIX: AN IN VIVO STUDY 2006

- PASKALEVA, ANASTASSIA / Advisor: Simona Socrate

BIOMECHANICS OF CERVICAL FUNCTION IN PREGNANCY : CASE OF CERVICAL INSUFFICIENCY 2007

- Edoardo Mazza, Alessandro Nava, Margit Bauer, Raimund Winter, Michael Bajka, Gerhard A. Holzapfel

IN VIVO CHARACTERIZATION OF THE MECHANICS OF HUMAN UTERINE CERVICES 2007

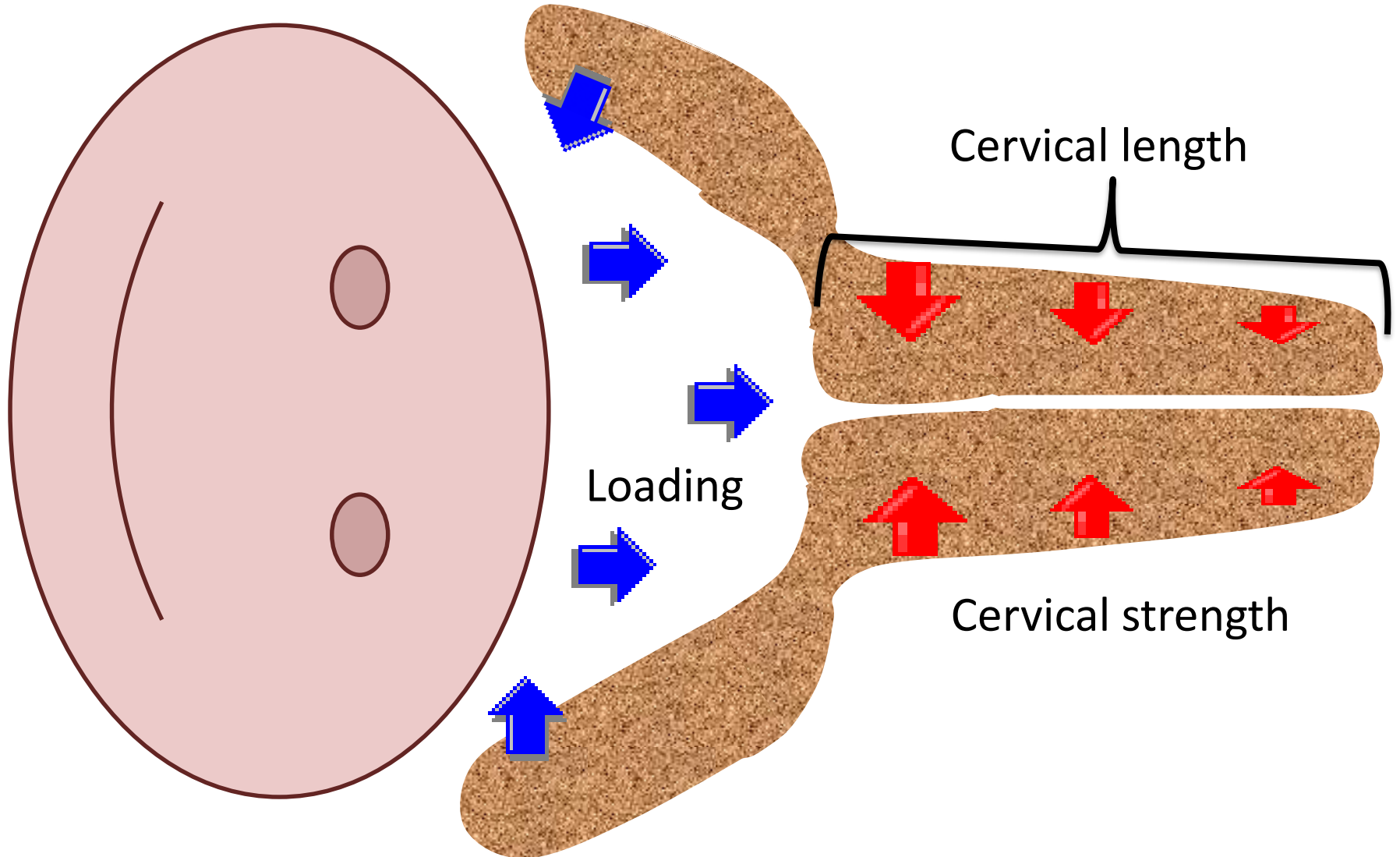
- Myers KM, Paskaleva AP, House M, Socrate S.

MECHANICAL AND BIOCHEMICAL PROPERTIES OF HUMAN CERVICAL TISSUE 2007

“...It was found that the nonpregnant tissue was significantly stiffer than the pregnant tissue in both tension and compression “



# Biomecánica



17 semanas



# Biomecánica

21 semanas



23 semanas



Cuando este balance se rompe antes de las 37 semanas, ocurre el parto prematuro.

# ¿Cómo podemos mejorar la predicción del parto prematuro?

Mediante la evaluación cuantitativa de las propiedades biomecánicas del cérvix.

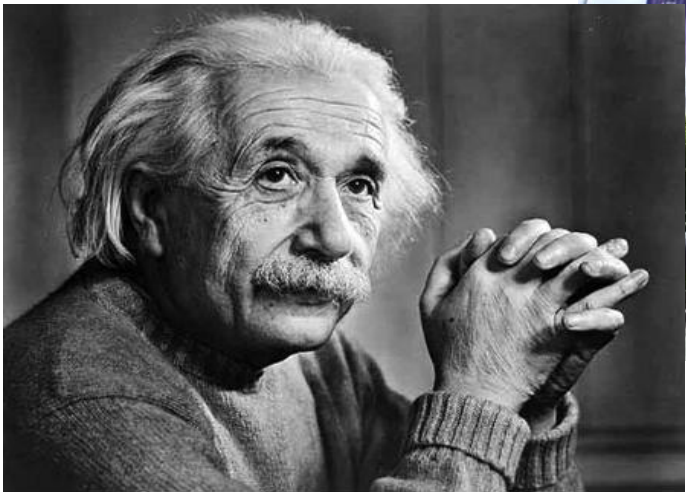
# ¿Cómo podemos hacer ésto?



# Revisión de estudios que han evaluado las propiedades biomecánicas del cervix



Escuela Politécnica Federal de Zúrich



Ex alumno



Colombiano

# Revisión de estudios que han evaluado las propiedades biomecánicas del cérvix

DOI: 10.1002/pd.4260

PRENATAL DIAGNOSIS

## REVIEW

### *In vivo* assessment of the biomechanical properties of the uterine cervix in pregnancy

Edoardo Mazza<sup>1\*</sup>, Miguel Parra-Saavedra<sup>2,3</sup>, Michael Bajka<sup>4</sup>, Eduard Gratacos<sup>2</sup>, Kypros Nicolaides<sup>5</sup> and Jan Deprest<sup>6</sup>

<sup>1</sup>Swiss Federal Institute of Technology, ETH Zurich, Zurich, Switzerland

<sup>2</sup>Maternal Fetal Medicine Department, ICGON, Hospital Clinic Universitat de Barcelona, Barcelona, Spain

<sup>3</sup>Maternal Fetal Unit, CEDIFETAL, Centro de Diagnostico de Ultrasonido e Imágenes, CEDIUL, Barranquilla, Colombia

<sup>4</sup>Department of Obstetrics and Gynecology, University Hospital of Zurich, Zurich, Switzerland

<sup>5</sup>King's College Hospital, London, UK

<sup>6</sup>KU Leuven, Flanders, Belgium

\*Correspondence to: Edoardo Mazza. E-mail: emazza@ethz.ch

# Revisión de estudios que han evaluado las propiedades biomecánicas del cérvix

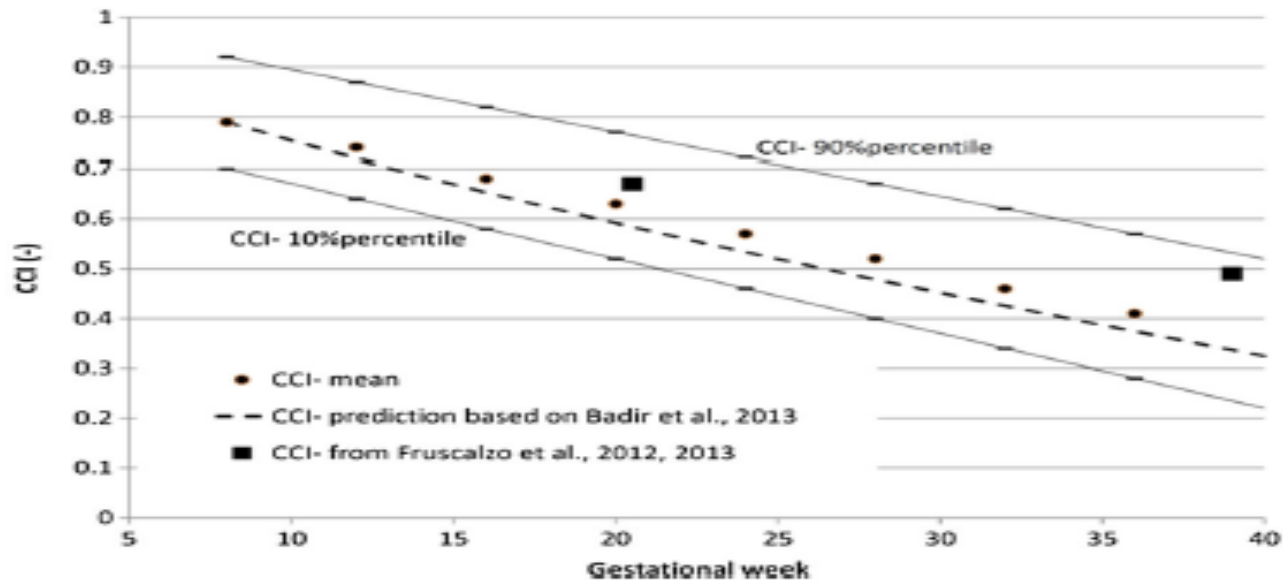


Figure 2 Cervical consistency index (CCI): lines of 10% and 90% percentiles and data for 50% percentile from the study of Parra-Saavedra *et al.*<sup>21</sup> Corresponding observations from the study of Fruscalzo *et al.*<sup>38,39</sup> are reported as squares. The prediction of evolution of CCI over gestational age, based on the aspiration measurements,<sup>22</sup> is reported as dotted line

# Nuevas técnicas para evaluar el cérvix y el riesgo de parto prematuro

- Atenuación
- Elastografía
- Método de Aspiración
- **Índice de Consistencia cervical (ICC)**



# Atenuación

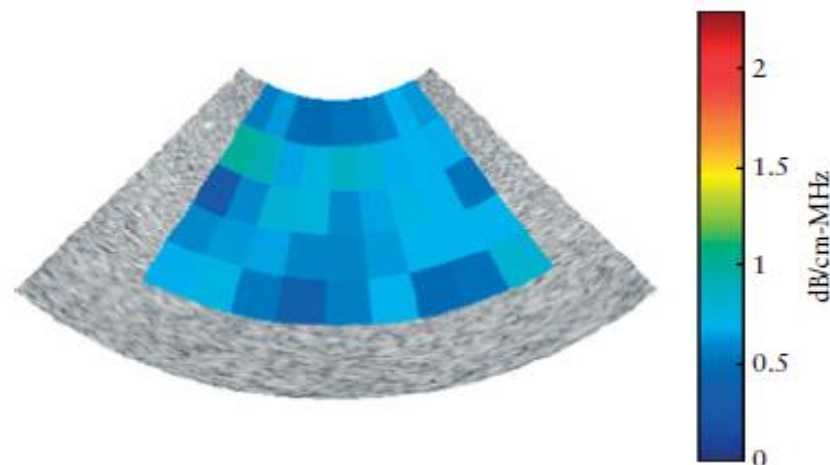
*Ultrasound Obstet Gynecol* 2010; 36: 218–225

Published online 13 July 2010 in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/uog.7643

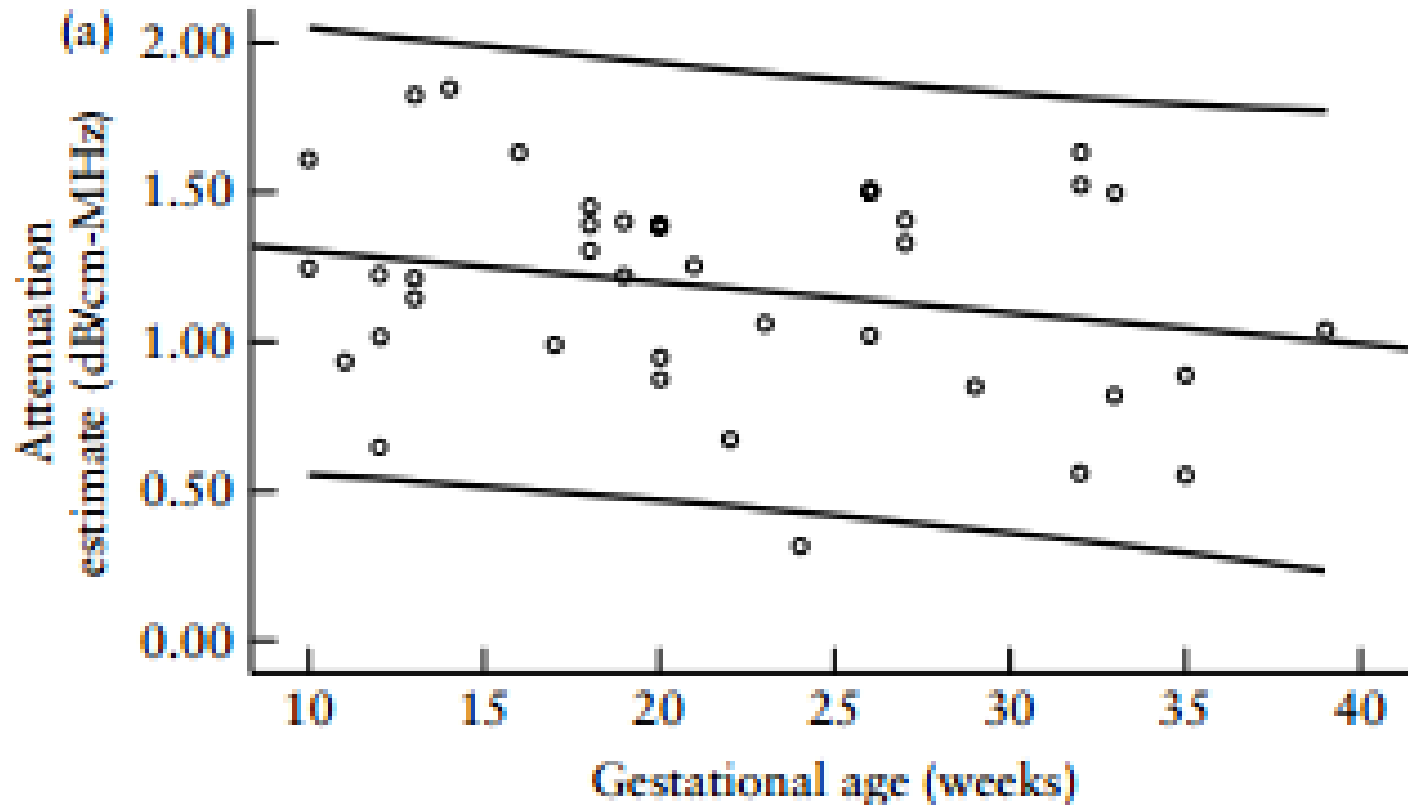
## Ultrasonic attenuation estimation of the pregnant cervix: a preliminary report

B. L. McFARLIN<sup>\*</sup>, T. A. BIGELOW<sup>†</sup>, Y. LAYBED<sup>†</sup>, W. D. O'BRIEN Jr<sup>‡</sup>, M. L. OELZE<sup>‡</sup>  
and J. S. ABRAMOWICZ<sup>§</sup>

<sup>\*</sup>Women, Children and Family Health Science, University of Illinois at Chicago and <sup>§</sup>Obstetrics and Gynecology, Rush University Medical Center, Chicago and <sup>‡</sup>Computer and Electrical Engineering, University of Illinois at Urbana-Champaign, Urbana, IL and <sup>†</sup>Electrical and Computer Engineering, Iowa State University, Ames, IA, USA



# Atenuación



B. L. Mcfarlin, T. A. Bigelow, Y. Laybed, W. D. O'Brien Jr, M. L. Oelze And J. S. Abramowicz. Ultrasonic attenuation estimation of the pregnant cervix: a preliminary report *Ultrasound Obstet Gynecol* 2010; 36: 218–225

# Atenuación

## DEVELOPMENT OF AN ULTRASONIC METHOD TO DETECT CERVICAL REMODELING *IN VIVO* IN FULL-TERM PREGNANT WOMEN

BARBARA L. MCFARLIN,\* JENNIFER BALASH,<sup>†</sup> VIKSIT KUMAR,<sup>‡</sup> TIMOTHY A. BIGELOW,<sup>‡</sup>  
XAVIER POMBAR,<sup>†</sup> JACQUES S. ABRAMOWICZ,<sup>§</sup> and WILLIAM D. O'BRIEN, JR.<sup>||</sup>

\*Department of Women Children and Family Health Science, University of Illinois at Chicago, Chicago, IL, USA; <sup>†</sup>Department of Obstetrics and Gynecology, Rush University, Chicago, IL, USA; <sup>‡</sup>Department of Mechanical Engineering, Iowa State University, Ames, IA, USA; <sup>§</sup>Department of Obstetrics and Gynecology, Wayne State University, Detroit, MI, USA; and <sup>||</sup>Department of Electrical and Computer Engineering, University of Illinois at Urbana-Champaign, Urbana, IL, USA

(Received 31 August 2014; revised 22 April 2015; in final form 26 April 2015)

**Abstract**—The objective of this study was to determine whether estimates of ultrasonic attenuation could detect changes in the cervix associated with medically induced cervical remodeling. Thirty-six full-term pregnant women underwent two transvaginal ultrasonic examinations separated in time by 12 h to determine cervical attenuation, cervical length and changes thereof. Ultrasonic attenuation and cervical length data were acquired from a zone (Zonare Medical Systems, Mountain View, CA, USA) ultrasound system using a 5–9 MHz endovaginal probe. Cervical attenuation and cervical length significantly decreased in the 12 h between the pre-cervical ripening time point and 12 h later. The mean cervical attenuation was  $1.1 \pm 0.4$  dB/cm-MHz before cervical ripening agents were used and  $0.8 \pm 0.4$  dB/cm-MHz 12 h later ( $p < 0.0001$ ). The mean cervical length also decreased from  $3.1 \pm 0.9$  cm before the cervical ripening was administered to  $2.0 \pm 1.1$  cm 12 h later ( $p < 0.0001$ ). Cervical attenuation and cervical length detected changes in cervical remodeling 12 h after cervical ripening administration. (E-mail: [bmcfar1@uic.edu](mailto:bmcfar1@uic.edu)) © 2015 World Federation for Ultrasound in Medicine & Biology.

# Atenuación

## Conclusion

sue remodeling. Although macro-structural changes of the cervix can be quantified with cervical length (Berghella et al. 2009; Iams et al. 1996; Iams and Berghella 2010; Romero et al. 2013) and cervical consistency index (Parra-Saavedra et al. 2011), there is currently no method to objectively estimate cervical tissue property changes non-invasively at a microstructural level.

Barbara McFarlin et al, Ultrasound in Med. & Biol., Vol. 41, No. 9, pp. 2533–2539, 2015

# ULTRASOUND

## in Obstetrics & Gynecology

Original Paper

### Quantification of cervical elastography: a reproducibility study

F. S. Molina<sup>1,2,\*</sup>, L. F. Gómez<sup>1</sup>, J. Florido<sup>2</sup>,  
M. C. Padilla<sup>1,2</sup> and K. H. Nicolaides<sup>3</sup>

Article first published online: 22 MAY 2012

DOI: 10.1002/uog.11067

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Wiley & Sons, Ltd.



Ultrasound in Obstetrics &  
Gynecology

Volume 39, Issue 6, pages  
685–689, June 2012

It is possible to provide an objective quantification of elastographic colors in the cervix. The measurements obtained by elastography may be a mere reflection of the force being applied by the transducer to different parts of the cervix. It is too premature to suggest that the measurements of rate-of-change in tissue displacement reflect histological changes that could provide a measure of cervical ripening.

# Elastografía

*Ultrasound Obstet Gynecol* 2013; 41: 152–161

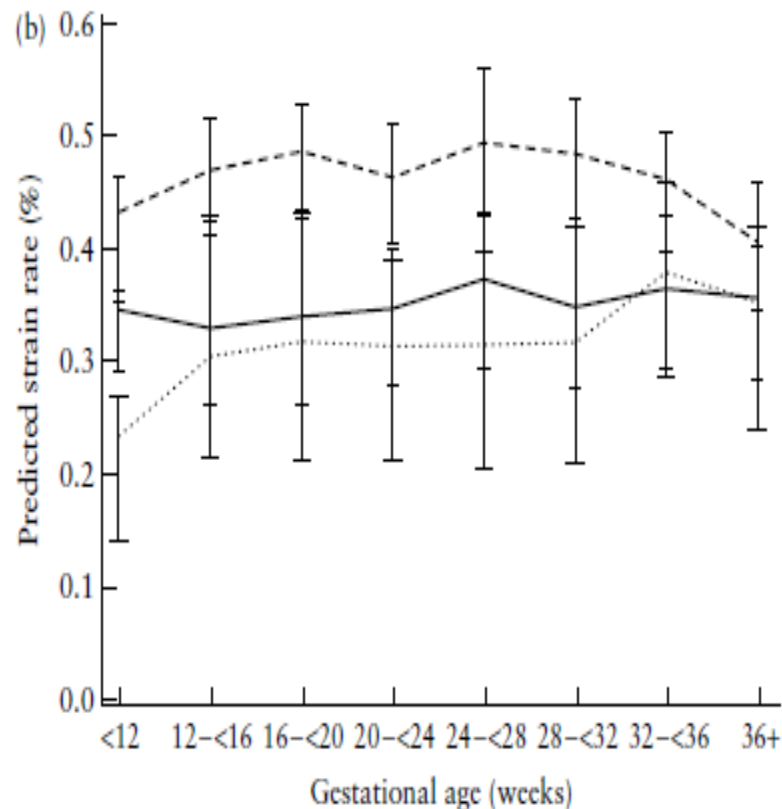
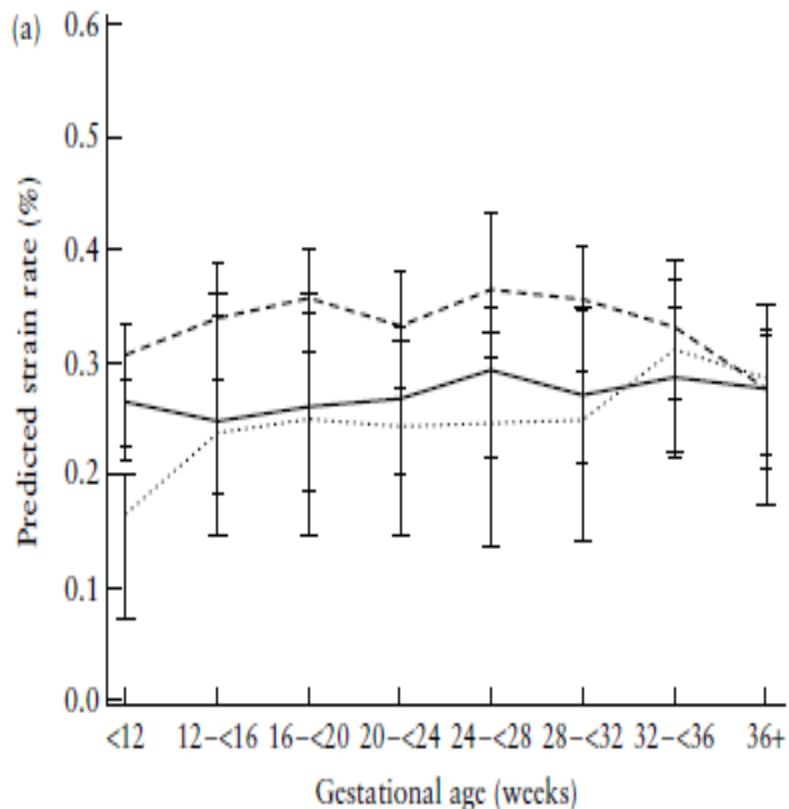
Published online 8 January 2013 in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.12344

## Evaluation of cervical stiffness during pregnancy using semiquantitative ultrasound elastography

E. HERNANDEZ-ANDRADE\*†, S. S. HASSAN\*†, H. AHN\*†, S. J. KORZENIEWSKI\*†,  
L. YEO\*†, T. CHAIWORAPONGSA\*† and R. ROMERO\*

\*Perinatology Research Branch, NICHD/NIH/DHHS, Bethesda, MD and Detroit, MI, USA; †Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI, USA

# Elastografía



# Elastografía

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Published in final edited form as:

*J Perinat Med.* 2014 March ; 42(2): 159–169. doi:10.1515/jpm-2013-0277.

## **Cervical strain determined by ultrasound elastography and its association with spontaneous preterm delivery**

**Edgar Hernandez-Andrade<sup>1,2</sup>, Roberto Romero<sup>1,3,4</sup>, Steven J. Korzeniewski<sup>1,2</sup>, Hyunyoung Ahn<sup>1,2</sup>, Alma Auriolles-Garibay<sup>1,2</sup>, Maynor Garcia<sup>1,2</sup>, Alyse G. Schwartz<sup>1,2</sup>, Lami Yeo<sup>1,2</sup>, Tinnakorn Chaiworapongsa<sup>1,2</sup>, and Sonia S. Hassan<sup>1,2</sup>**

<sup>1</sup>Perinatology Research Branch, NICHD/NIH/DHHS, Detroit, Michigan, and Bethesda, Maryland, USA

<sup>2</sup>Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, Michigan, USA

<sup>3</sup>Department of Obstetrics and Gynecology, University of Michigan, Ann Arbor, MI

<sup>4</sup>Department of Epidemiology and Biostatistics, Michigan State University, East Lansing, MI, USA

.. . .



# Elastografía

## Abstract

**Objective**—To determine if there is an association between cervical strain, evaluated using ultrasound elastography, and spontaneous preterm delivery (sPTD) <37 weeks of gestation.

**Methods**—One hundred and eighty nine (189) women at 16–24 weeks of gestation were evaluated. Ultrasound elastography was used to estimate cervical strain in three anatomical planes: one mid-sagittal in the same plane used for cervical length measurement, and two cross sectional images: one at the level of the internal cervical os, and the other at the level of the external cervical os. In each plane, two regions of interest (endocervix and entire cervix) were examined; a total of six regions of interest were evaluated.

# Elastografía

**Results**—The prevalence of sPTD was 11% (21/189). Strain values from each of the six cervical regions correlated weakly with cervical length ( $r = -0.24$ ,  $p < 0.001$  to  $r = -0.03$ ,  $p = 0.69$ ). Strain measurements obtained in a cross sectional view of the internal cervical os were significantly associated with sPTD. Women with strain values  $\leq 25^{\text{th}}$  centile in the endocervical canal (0.19) and in the entire cervix (0.14) were 80% less likely to have a sPTD than women with strain values  $> 25^{\text{th}}$  centile (endocervical: odds ratio [OR] 0.2; 95% confidence interval [CI], 0.03–0.96; entire cervix: OR 0.17; 95% CI, 0.03–0.9). Additional adjustment for gestational age, race, smoking status, parity, maternal age, pre-pregnancy body mass index and previous preterm delivery did not appreciably alter the magnitude or statistical significance of these associations. Strain values obtained from the external cervical os and from the sagittal view were not associated with sPTD.

**Conclusion**—Low strain values in the internal cervical os were associated with a significantly lower risk of spontaneous preterm delivery  $< 37$  weeks of gestation.

# Método de aspiración

JOURNAL OF THE MECHANICAL BEHAVIOR OF BIOMEDICAL MATERIALS ■ (■■■■) ■■■-■■■



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## **A novel procedure for the mechanical characterization of the uterine cervix during pregnancy**

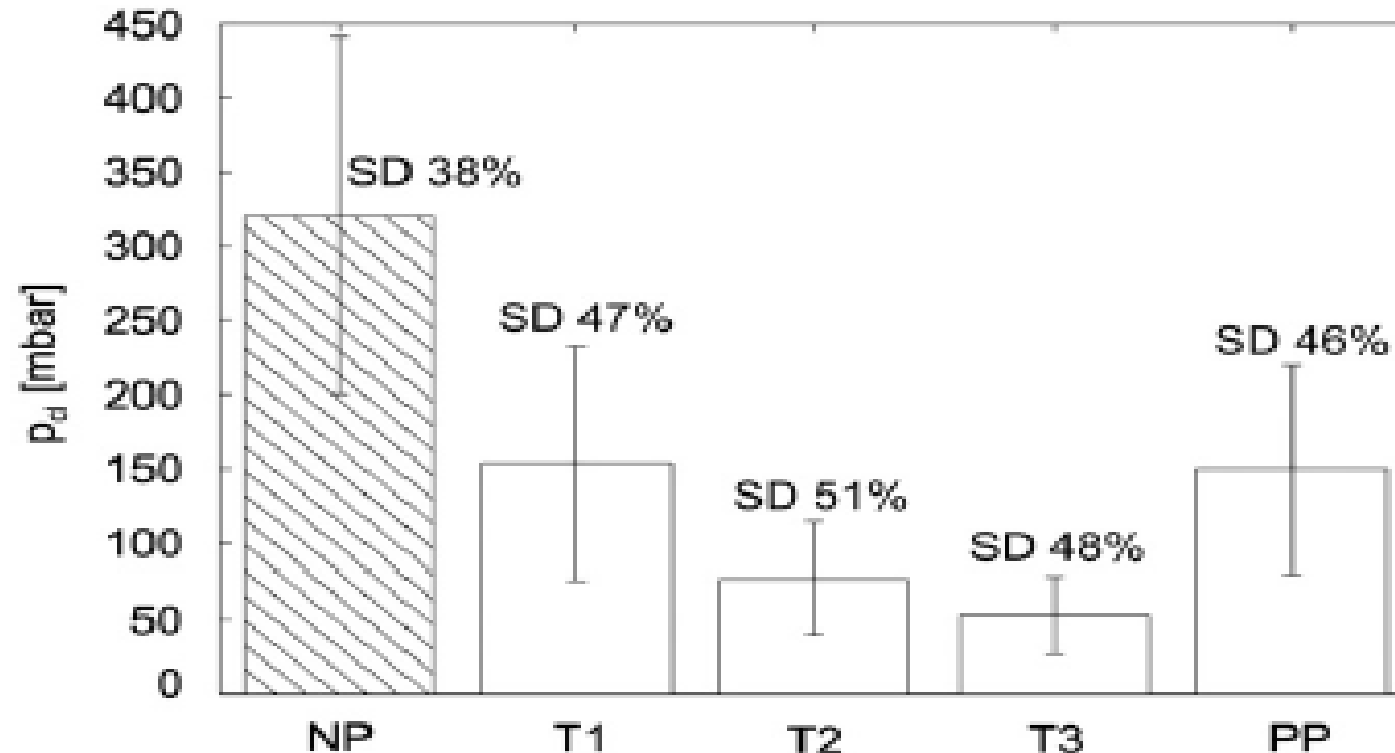
**Sabrina Badir<sup>a,\*</sup>, Michael Bajka<sup>c</sup>, Edoardo Mazza<sup>a,b</sup>**

<sup>a</sup>Department of Mechanical and Process Engineering, Swiss Federal Institute of Technology Zürich, Tannenstrasse 3, 8092 Zürich, Switzerland

<sup>b</sup>EMPA, Swiss Federal Laboratories for Materials Testing and Research, Überlandstrasse 129, 8600 Dübendorf, Switzerland

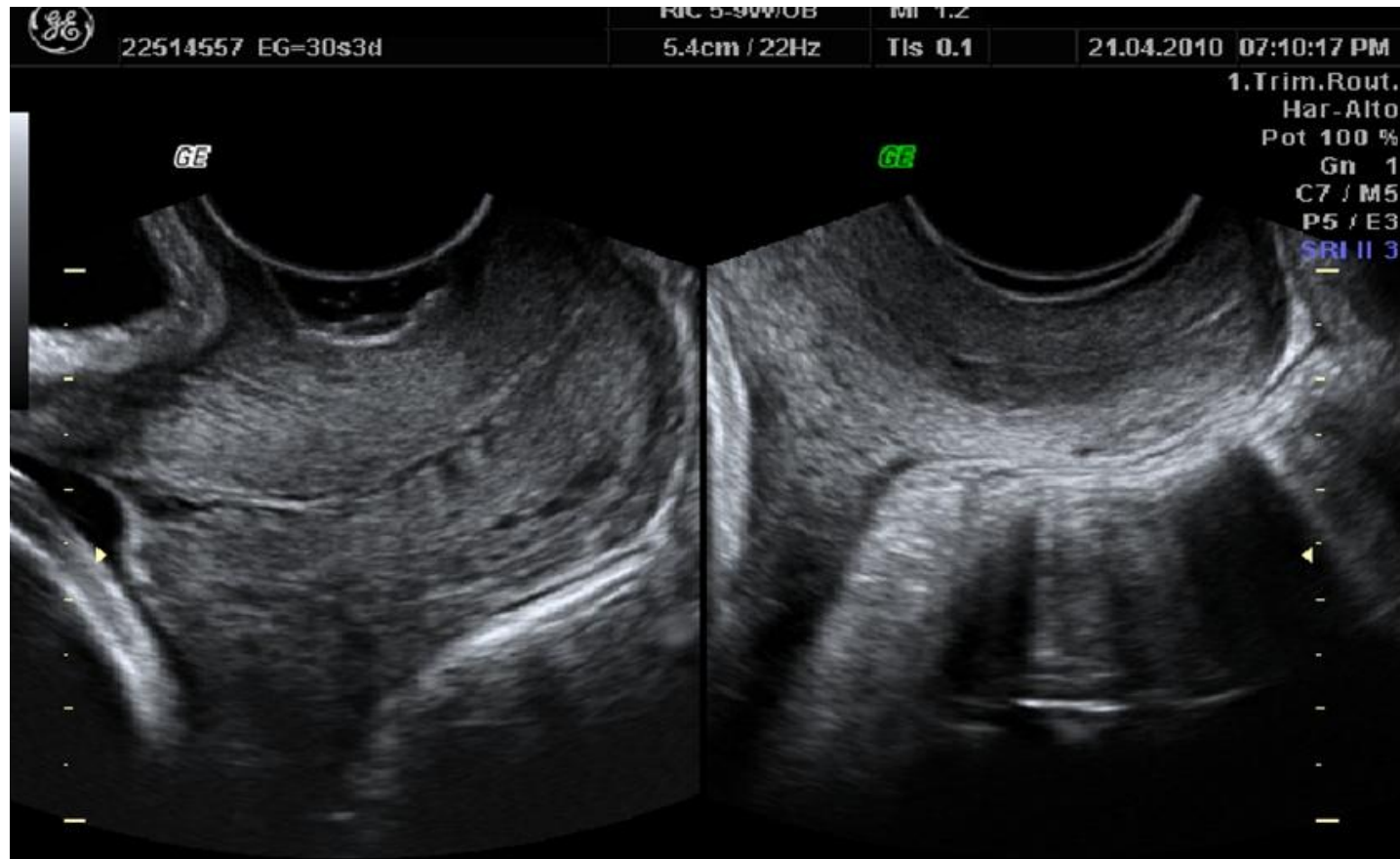
<sup>c</sup>Department of Obstetrics and Gynecology, University Hospital of Zürich, Frauenklinikstrasse 10, 8091 Zürich, Switzerland

# Método de aspiración



**Fig. 10 – Closure pressure for the groups: non-pregnant (NP), first trimester (T1), second trimester (T2), third trimester (T3) and post-partum (PP). The diagram reports mean values and the corresponding standard deviation.**

# Índice de Consistencia Cervical (ICC)



# Índice de Consistencia Cervical (ICC)

## Consistencia

(De *consistente*).

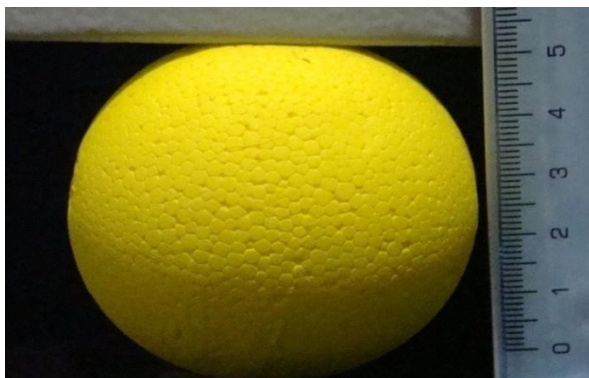
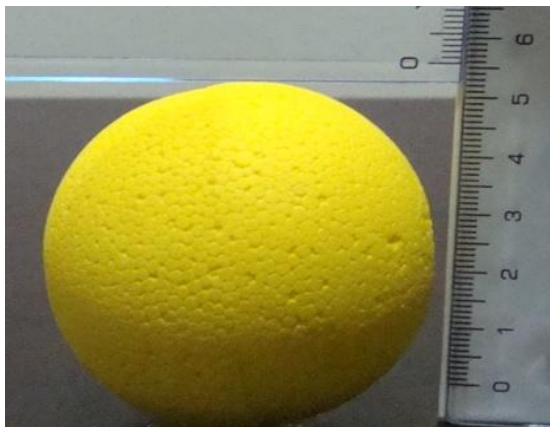
- **1.** f. Duración, estabilidad, solidez.
- **2.** f. coherencia entre las partículas de una masa o los elementos de un conjunto.

# Índice de Consistencia Cervical (ICC)

## ► Índice

Expresión numérica de la relación entre dos cantidades.

*Real Academia Española*



Cl: 50/53mmX100

Cl: 94%



Cl: 45/58mmX100

Cl: 77%



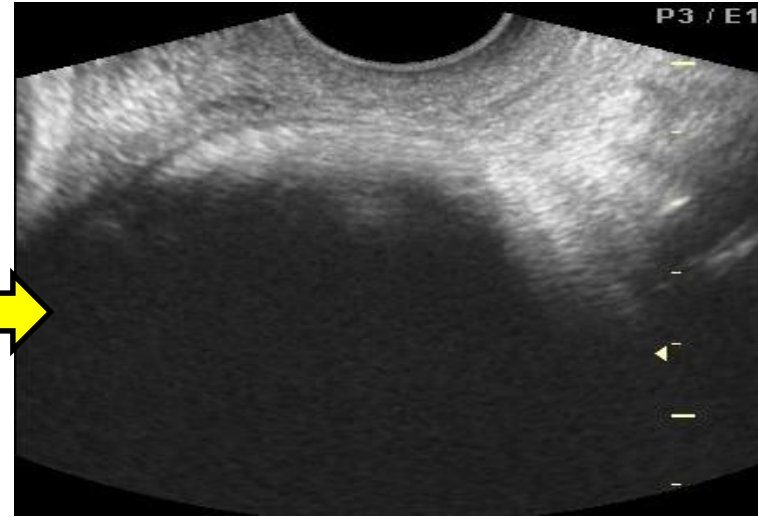
Cl: 22/52mmX100

Cl: 42%



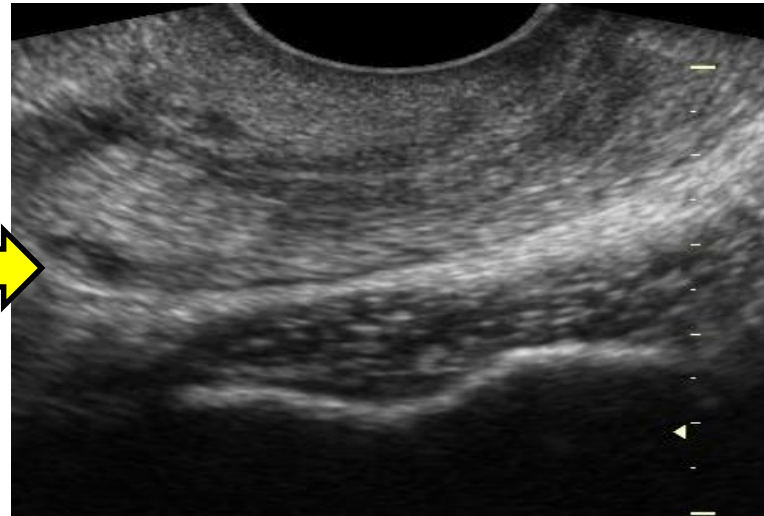
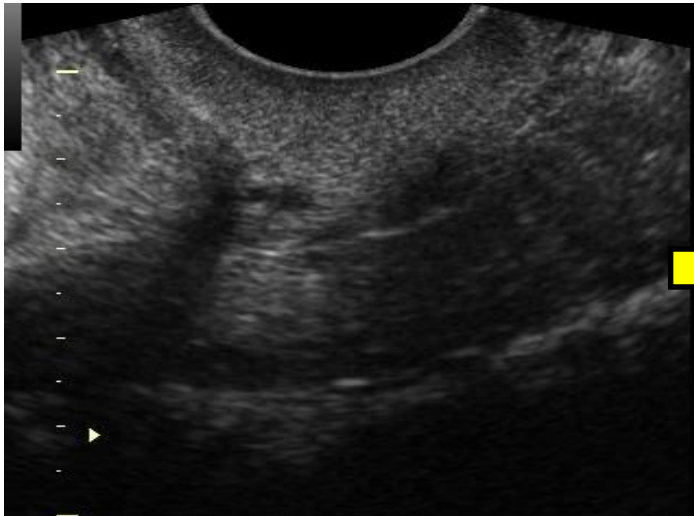
¿Cuál de éstas dos pacientes con longitud cervical de 40 mm a las 24 semanas tiene mayor riesgo de parto prematuro?

**1**



ICC  
20%

**2**



ICC  
60%

# Primer trabajo

DSJUOG

Provide article type  
PI. clarify ICC on page no. 144

TYPE OF ARTICLE

# Cervical Consistency Index: A New Concept in Uterine Cervix Evaluation

<sup>1,2</sup>Miguel A Parra-Saavedra, <sup>1,4</sup>Libardo A Gómez, <sup>1</sup>Amanda Barrero, <sup>1</sup>Guido Parra, <sup>1</sup>Felipe Vergara, <sup>1</sup>Israel Diaz-Yunez, <sup>1</sup>Martha Gómez, <sup>3</sup>Carlos Bermúdez, <sup>4</sup>Eftichia V Kontopoulos, <sup>4</sup>Rubén A Quintero

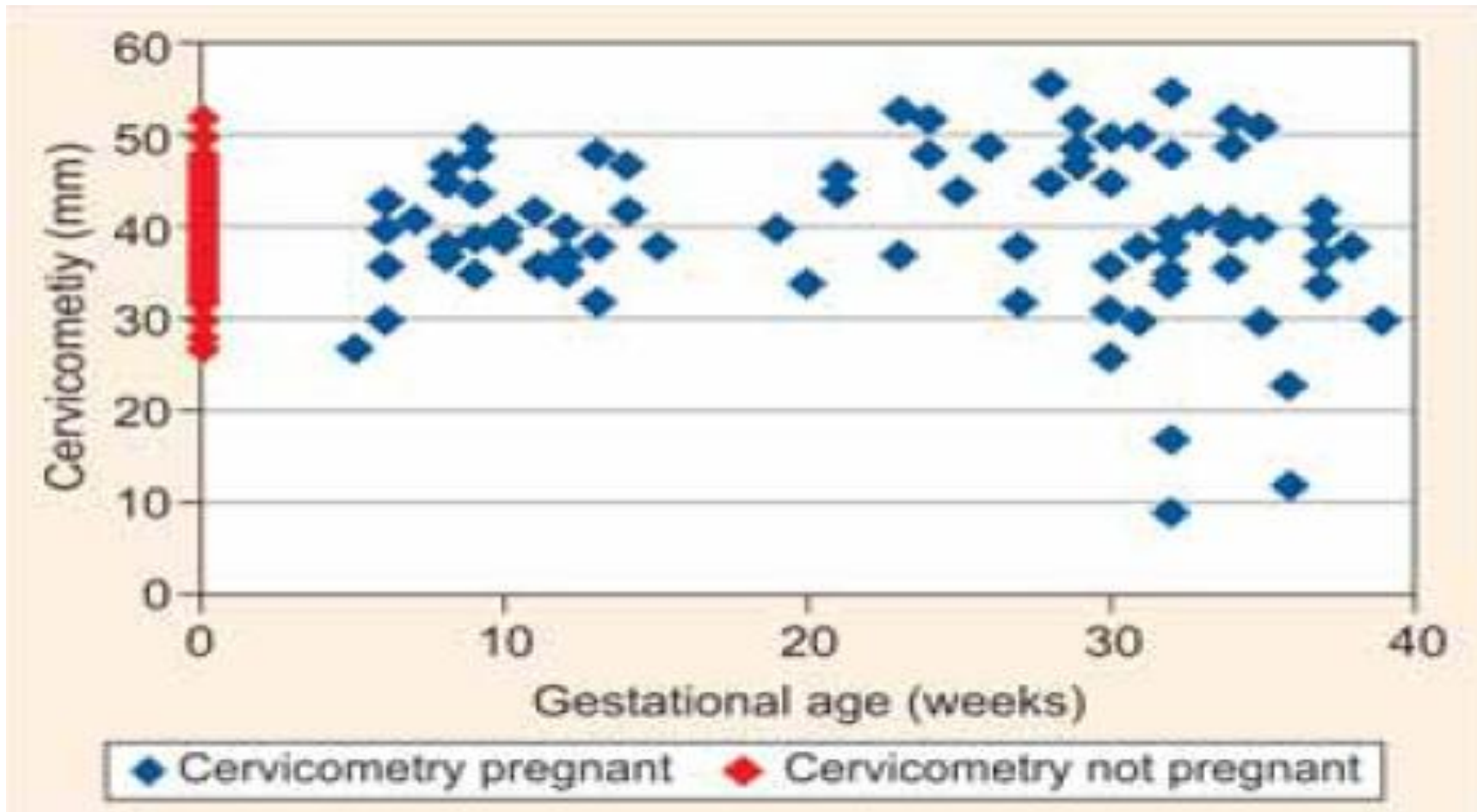
<sup>1</sup>Maternal Fetal Medicine Unit CEDIFETAL, Centro de Diagnóstico de Ultrasonido e Imágenes, CEDIUL, Barranquilla, Colombia

<sup>2</sup>Northern General Clinic, Barranquilla, Colombia

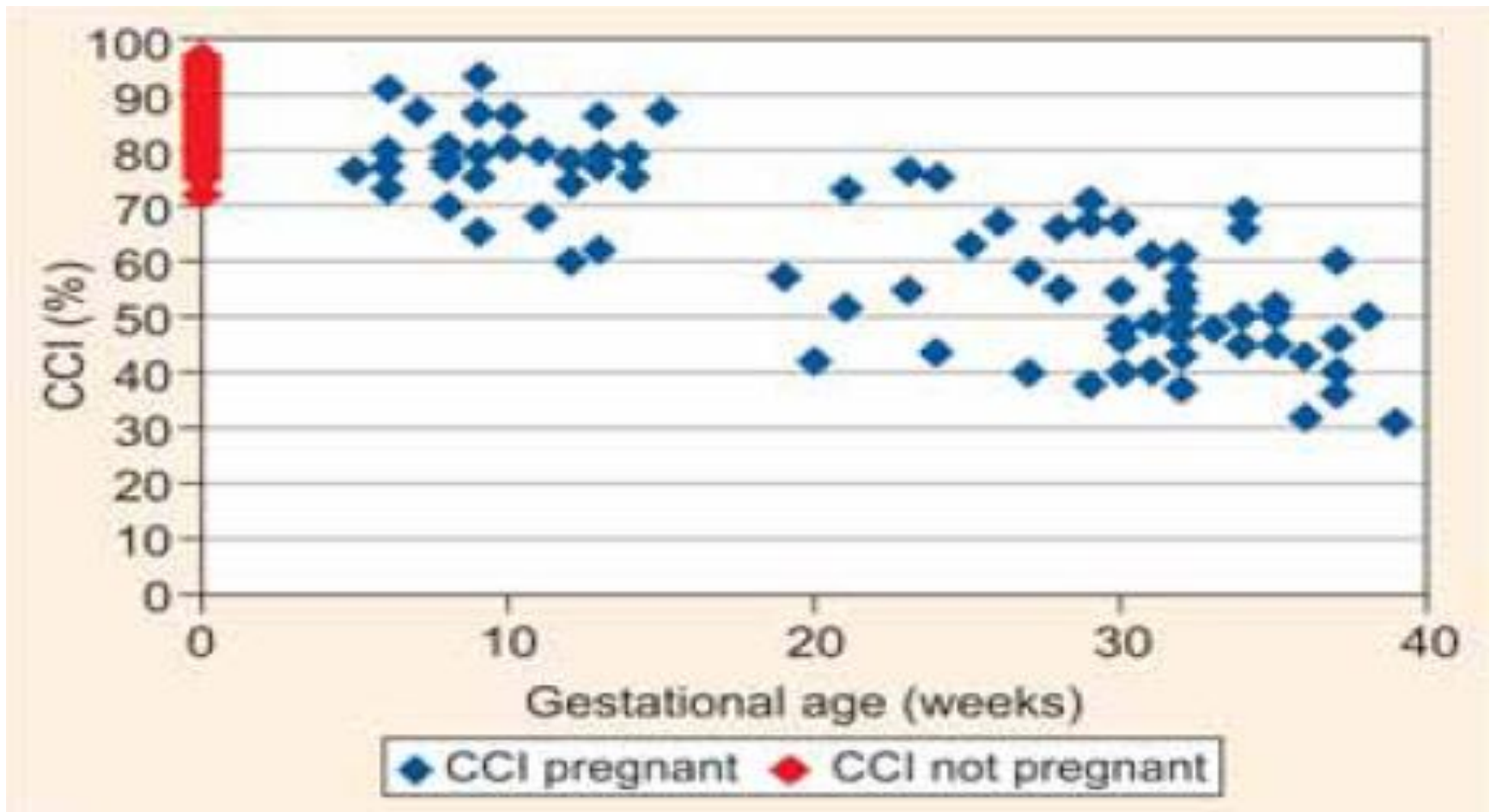
<sup>3</sup>Hospital Universitario de Caracas, Universidad Central de Venezuela, Caracas, Venezuela

<sup>4</sup>Division of Maternal Fetal Medicine, Department of Obstetrics and Gynecology, University of Miami, USA

# Cervical Consistency Index: A new concept in uterine cervix evaluation



# Cervical Consistency Index: A new concept in uterine cervix evaluation



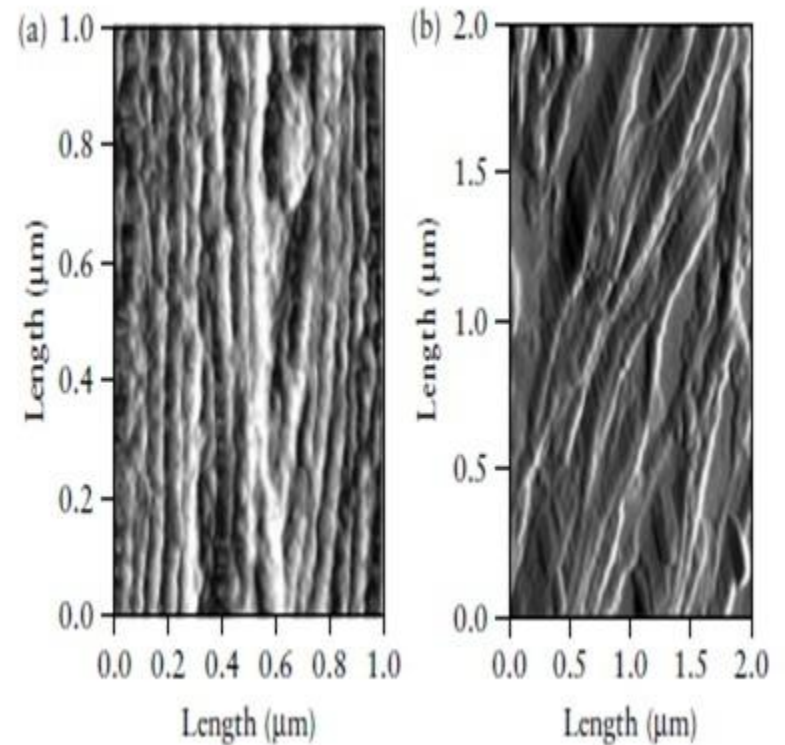
# Índice de Consistencia Cervical(ICC)

- Conclusion:

Physiological changes in cervix consistency can be quantified from the first trimester of pregnancy using CCI. This shows an inverse linear relation with regard to the pregnancy stage. Cervical length did not show a shortening predicable pattern, with no statistically significant differences among groups.

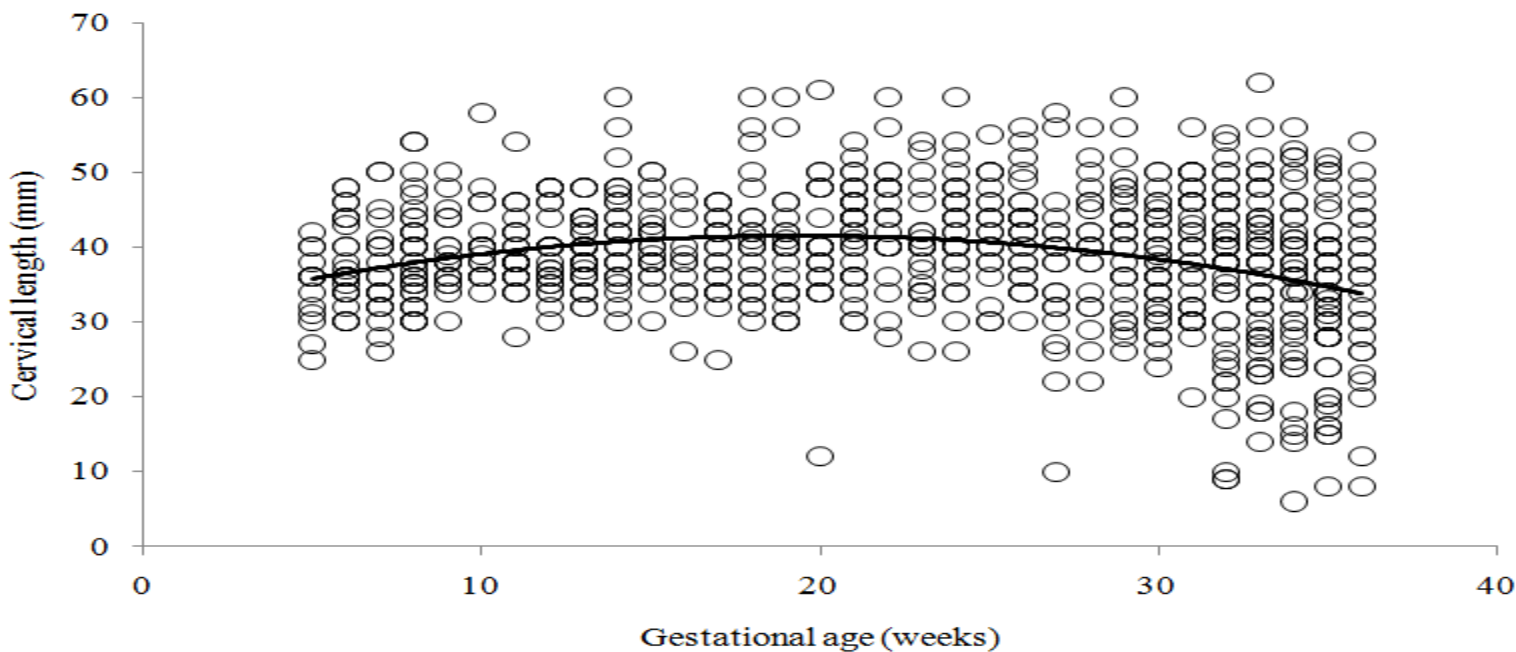
## Cérvix:

- Cambios



Ultrasonic attenuation estimation of the pregnant cervix:  
a preliminary report , B. L. McFARLIN .*Ultrasound Obstet  
Gynecol* 2010; 36: 218–225

# Cervical length against gestational age from 5 to 36 weeks

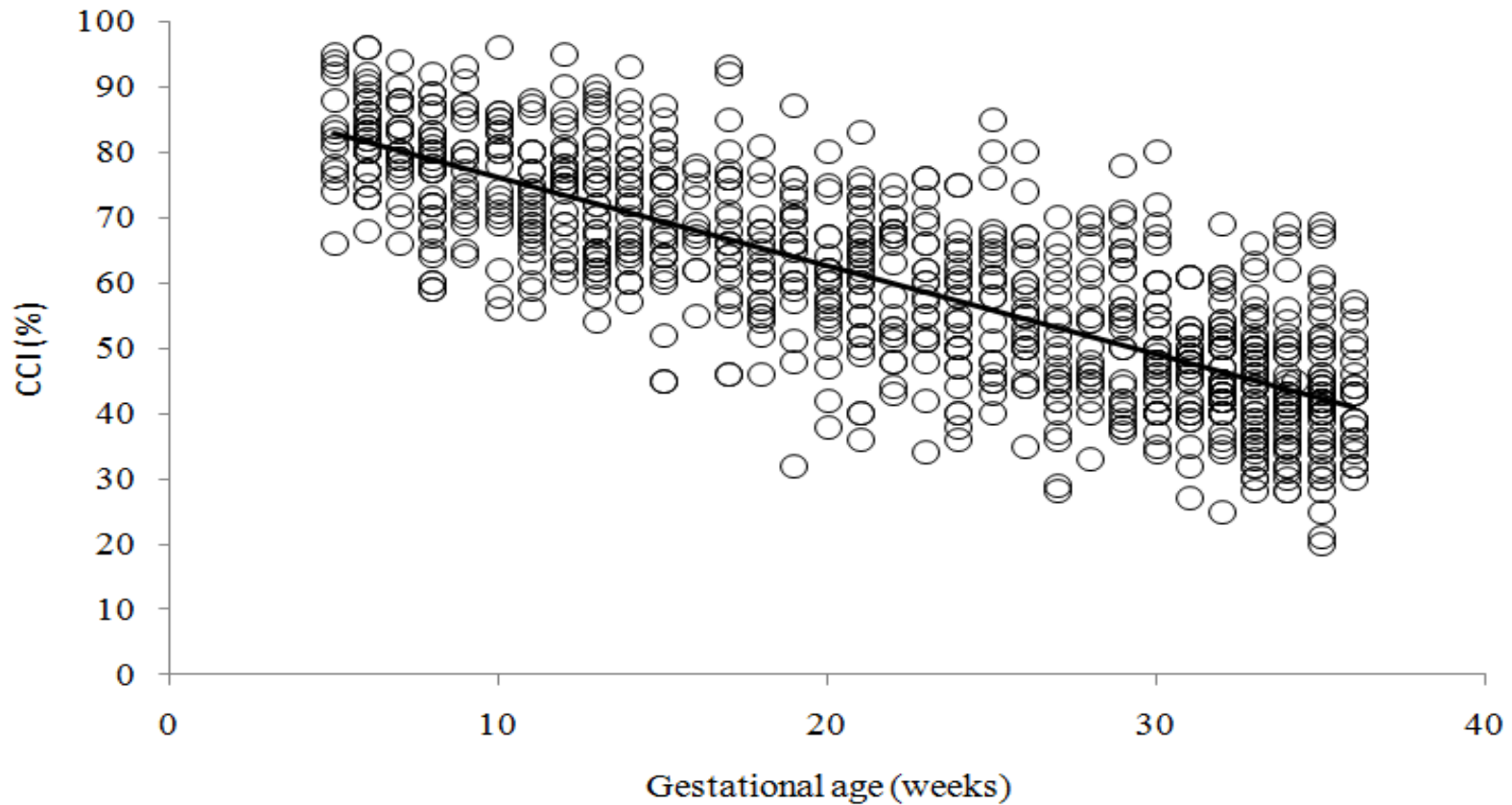


$$\text{cervical length} = 31.08 - 0.0278(\text{EG})^2 + 1.0772(\text{GA})$$
$$R^2 = 0,076$$

**p:0.11**

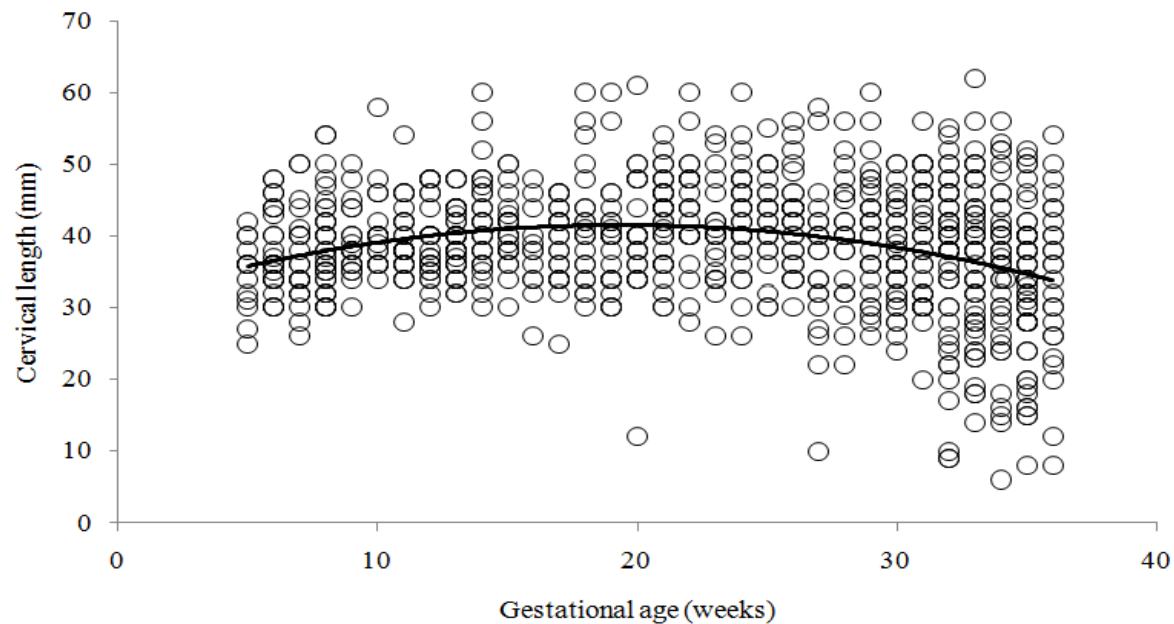


# Cervical length against gestational age from 5 to 36 weeks



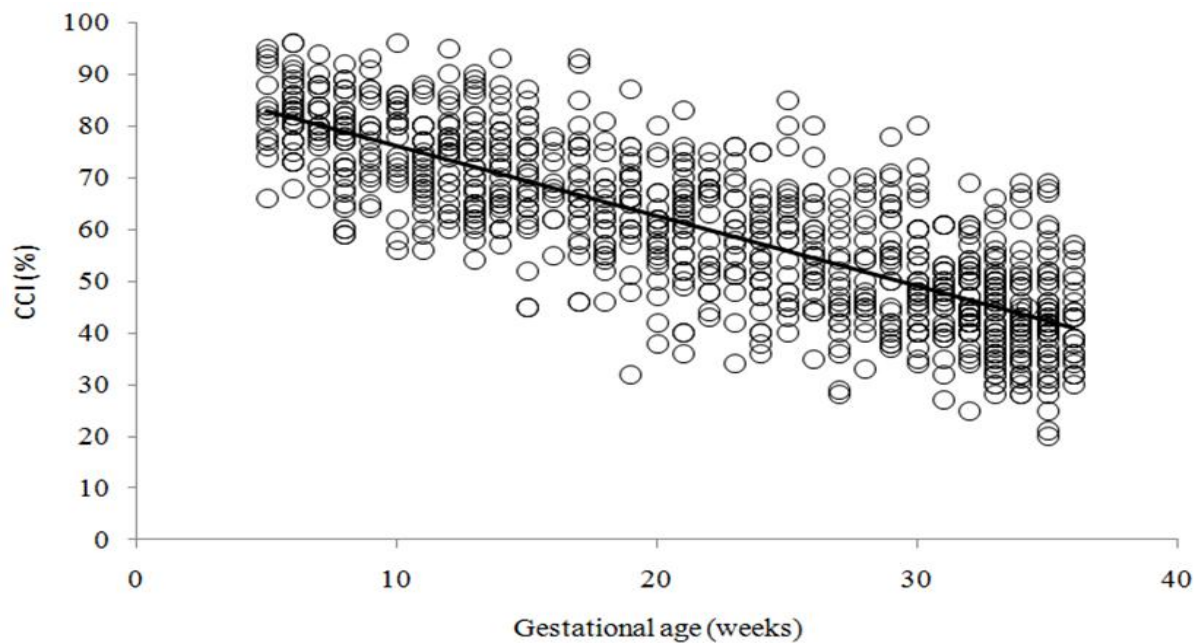
**CCI=89.2-[1.35x(GA, Weeks)]**  
**R<sup>2</sup> = 0,6664**

**p:<0.0001**



cervical length  
 $=31.08 - 0.0278(EG)^2 + 1.0772(EG)$   
 $R^2 = 0,076$

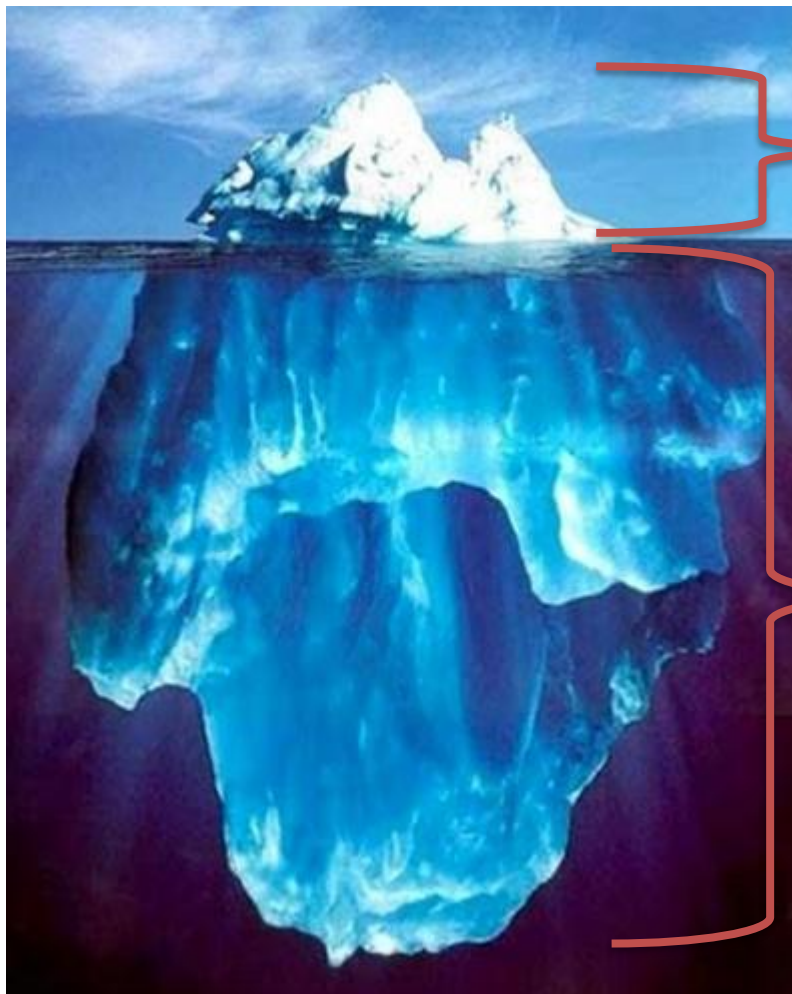
p: 0.11



$CCI=89.2-[1.35x(G.E Weeks)]$   
 $R^2 = 0,6664$

p<0.0001

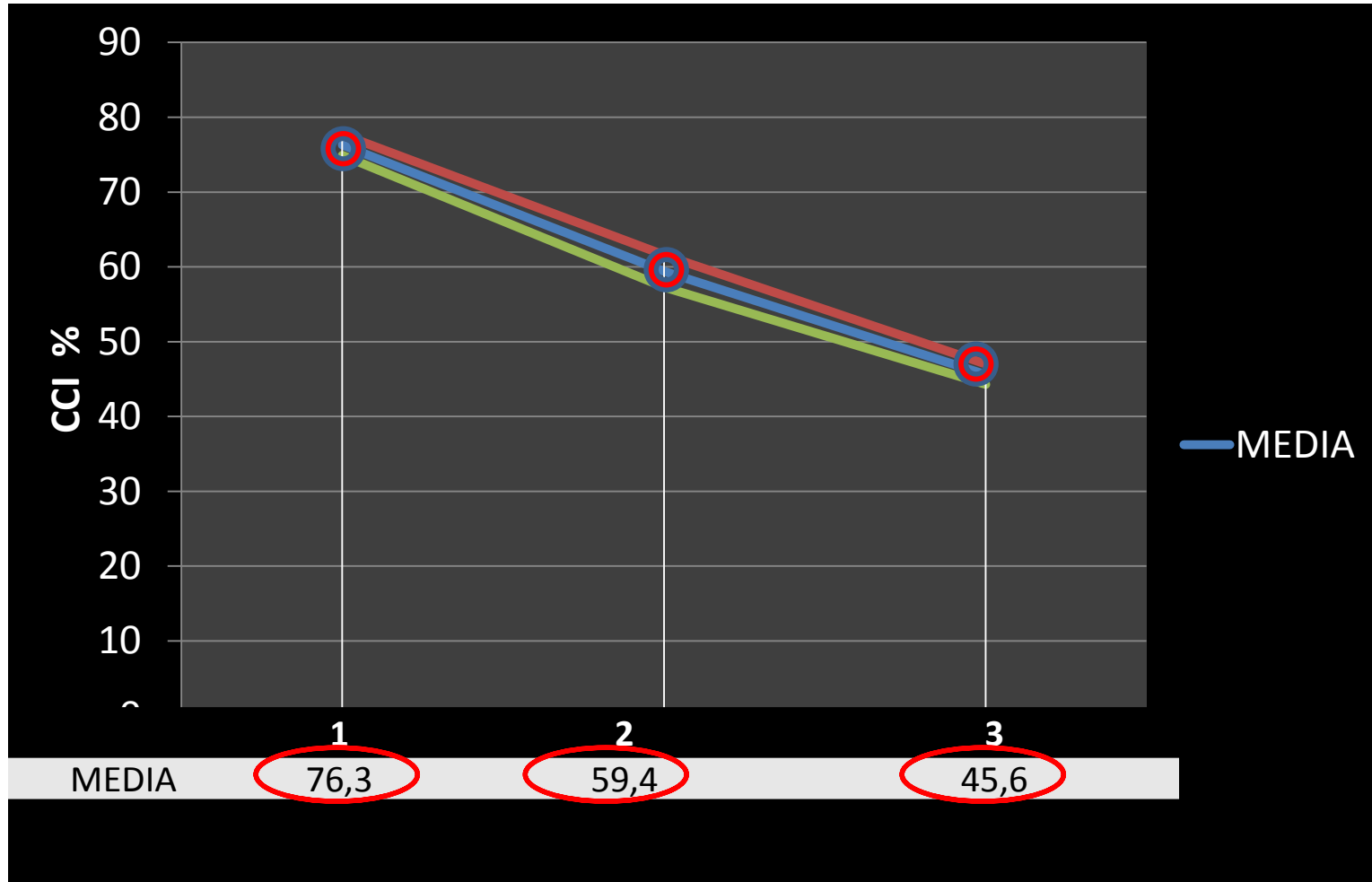
# Predicción del parto prematuro



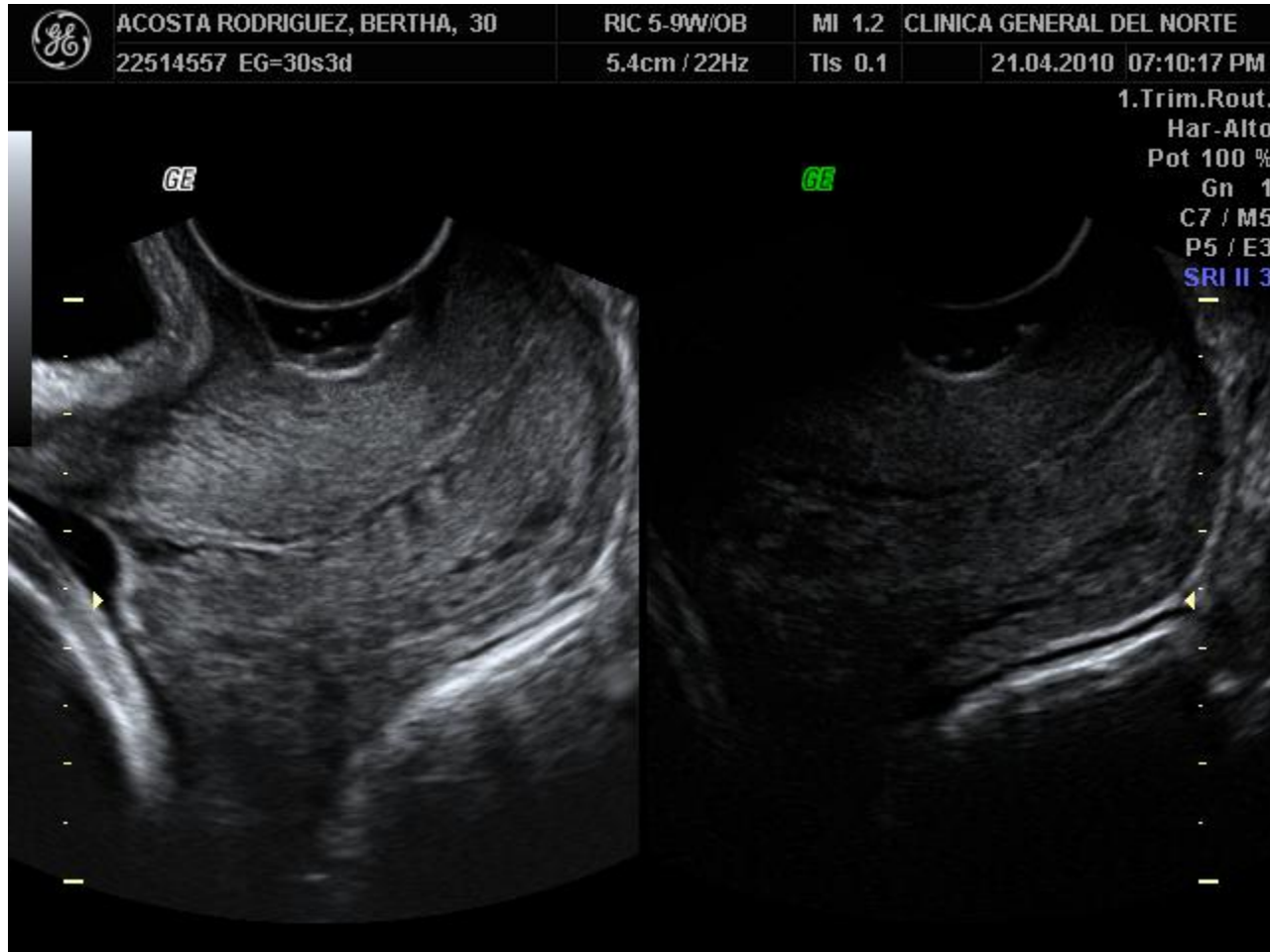
Longitud cervical

ICC

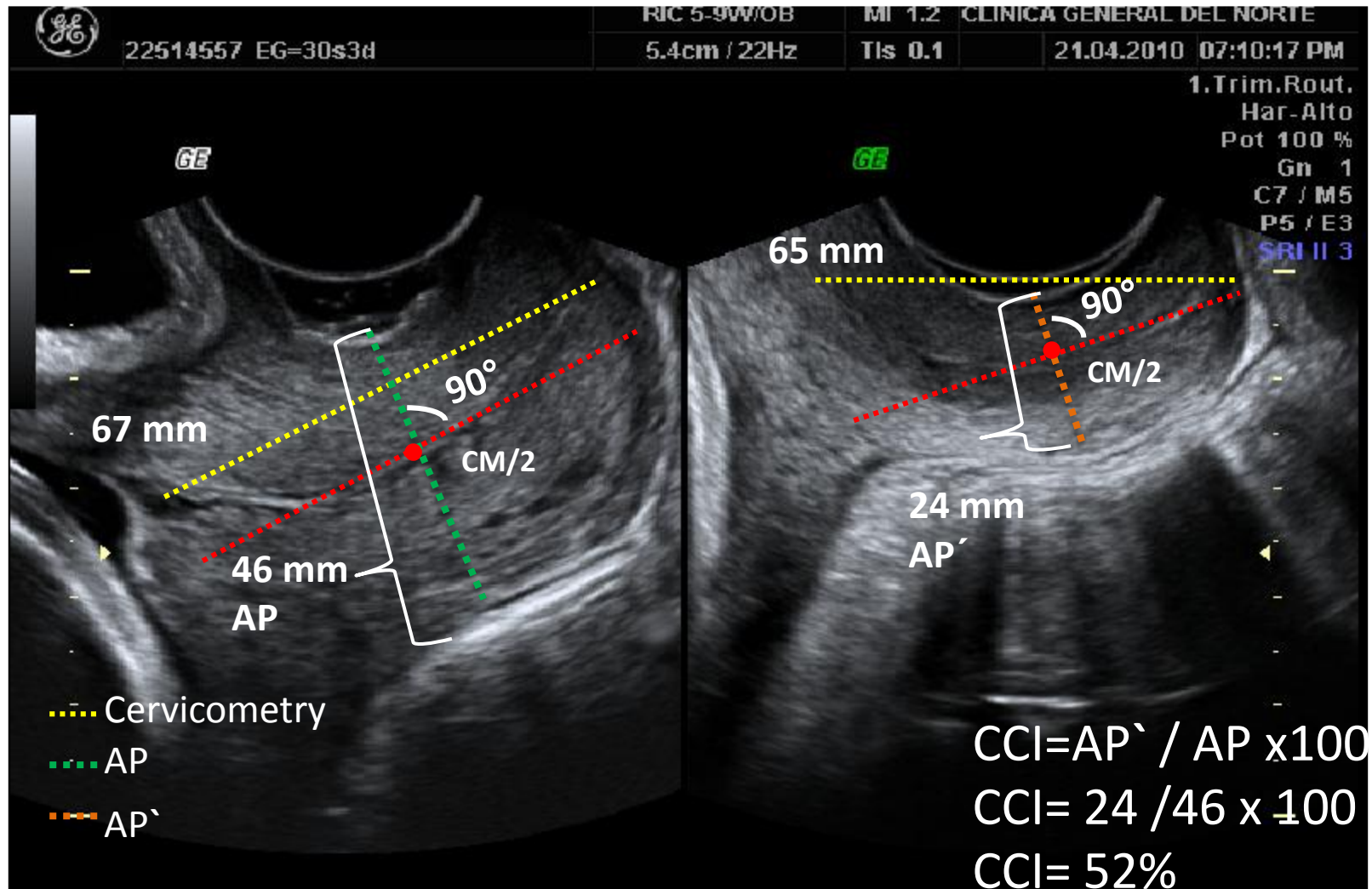
# ICC distribución por trimestre



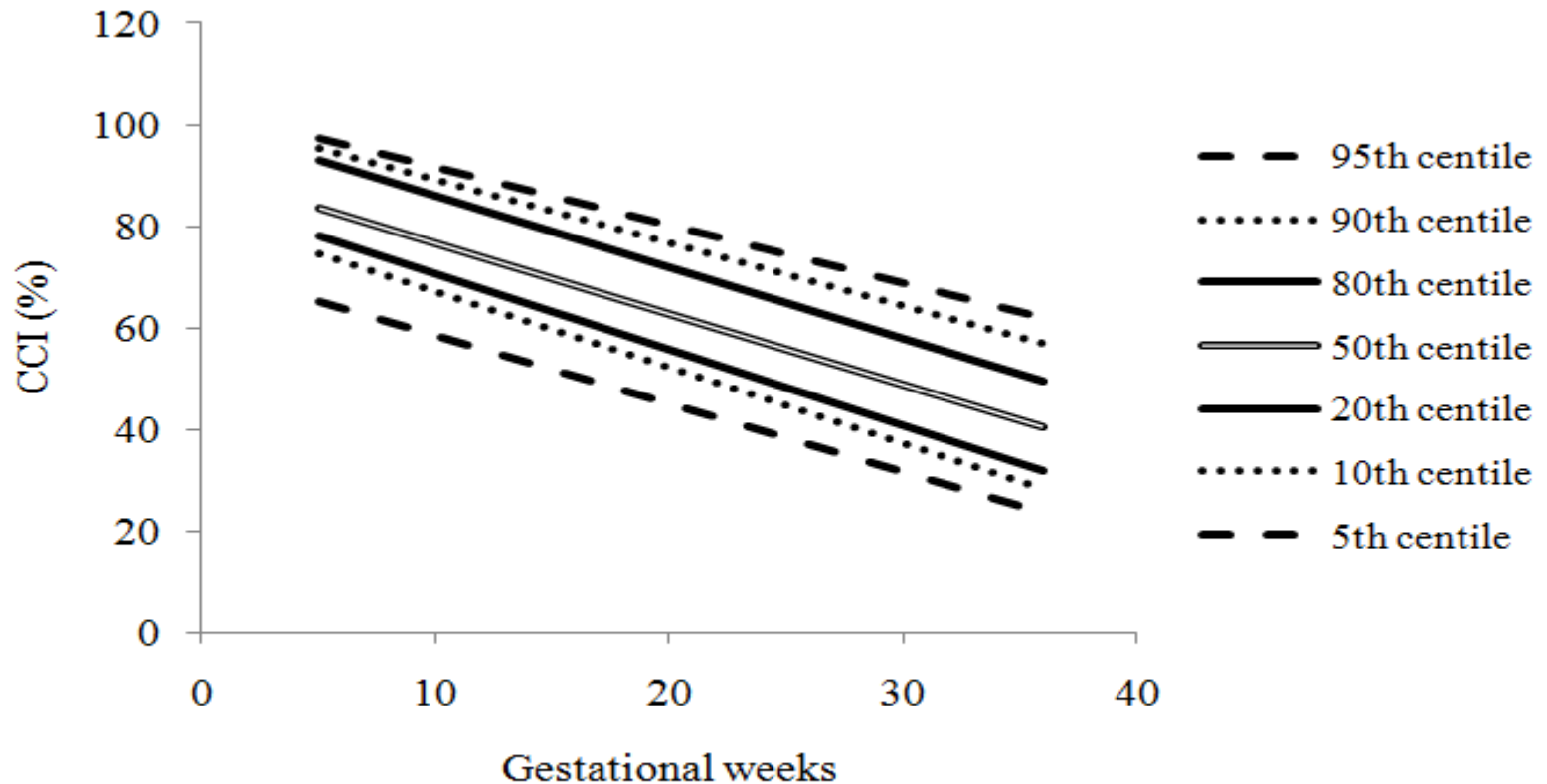
# Técnica ICC



# Técnica ICC



# Percentiles de Índice de Consistencia Cervical (%) para edad gestacional de 5–36 sem.

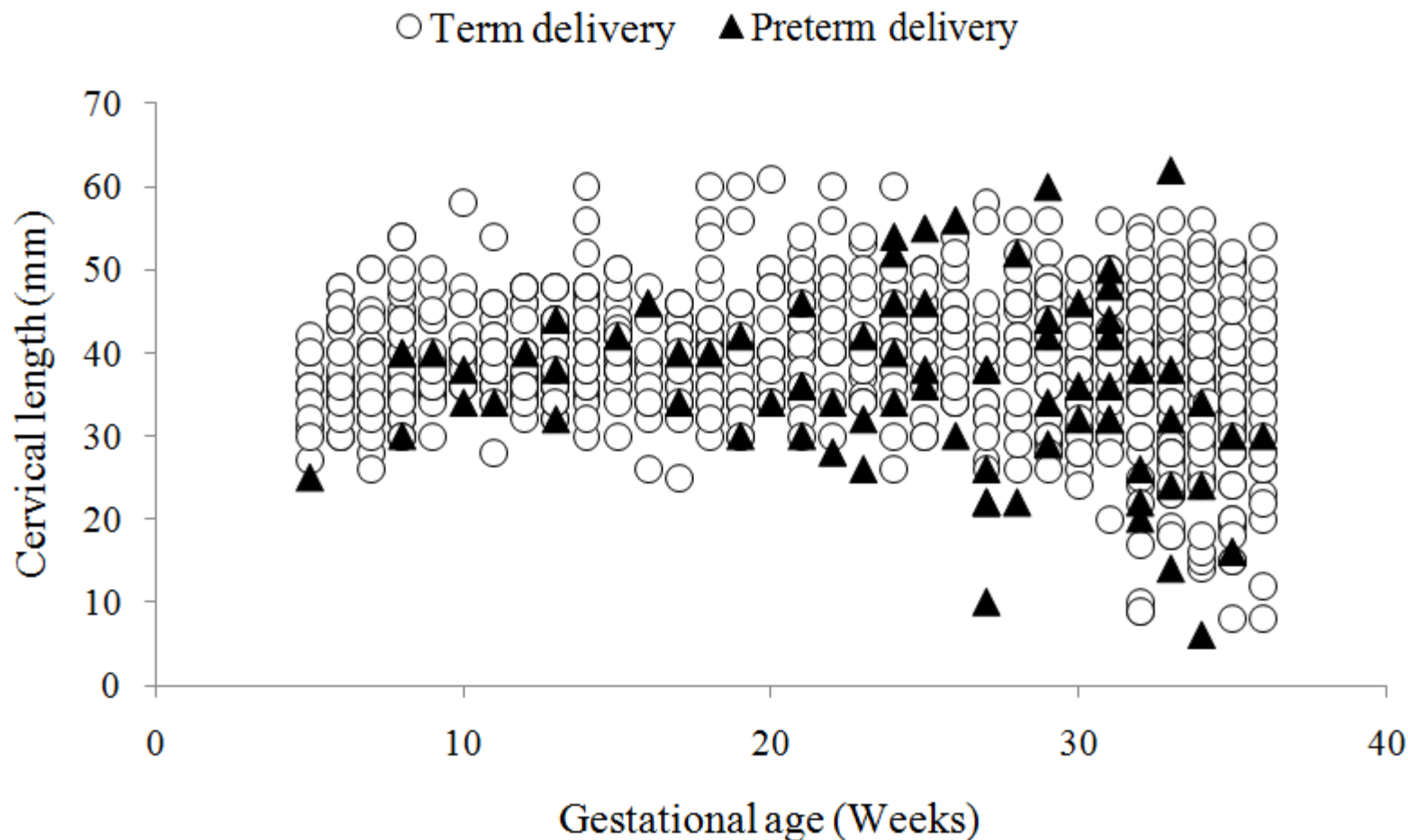


# Percentiles de Índice de Consistencia Cervical (%) para edad gestacional de 5–36 sem.

Gestational age (weeks)	5th centile	10th centile	20th centile	50th centile	80th centile	90th centile	95th centile
5	65	74	78	84	93	95	97
6	64	73	77	82	92	94	96
7	63	71	75	81	90	93	95
8	61	70	74	79	89	92	94
9	60	69	72	78	87	90	93
10	59	67	71	77	86	89	92
11	57	66	69	75	85	88	90
12	56	64	68	74	83	87	89
13	54	63	66	73	82	85	88
14	53	61	65	71	80	84	87
15	52	60	63	70	79	83	86
16	50	58	62	68	78	82	85
17	49	57	60	67	76	80	84
18	48	55	59	66	75	79	82
19	46	54	57	64	73	78	81
20	45	52	56	63	72	77	80
21	44	51	54	61	71	76	79
22	42	49	53	60	69	74	78
23	41	48	51	59	68	73	77
24	40	46	50	57	66	72	76
25	38	45	48	56	65	71	75
26	37	43	47	54	64	69	73
27	36	42	45	53	62	68	72
28	34	40	44	52	61	67	71
29	33	39	42	50	59	66	70
30	32	37	41	49	58	64	69
31	30	36	39	47	56	63	68
32	29	34	38	46	55	62	67
33	27	33	36	45	54	61	65
34	26	31	35	43	52	59	64
35	25	30	33	42	51	58	63
36	23	28	32	41	49	57	62

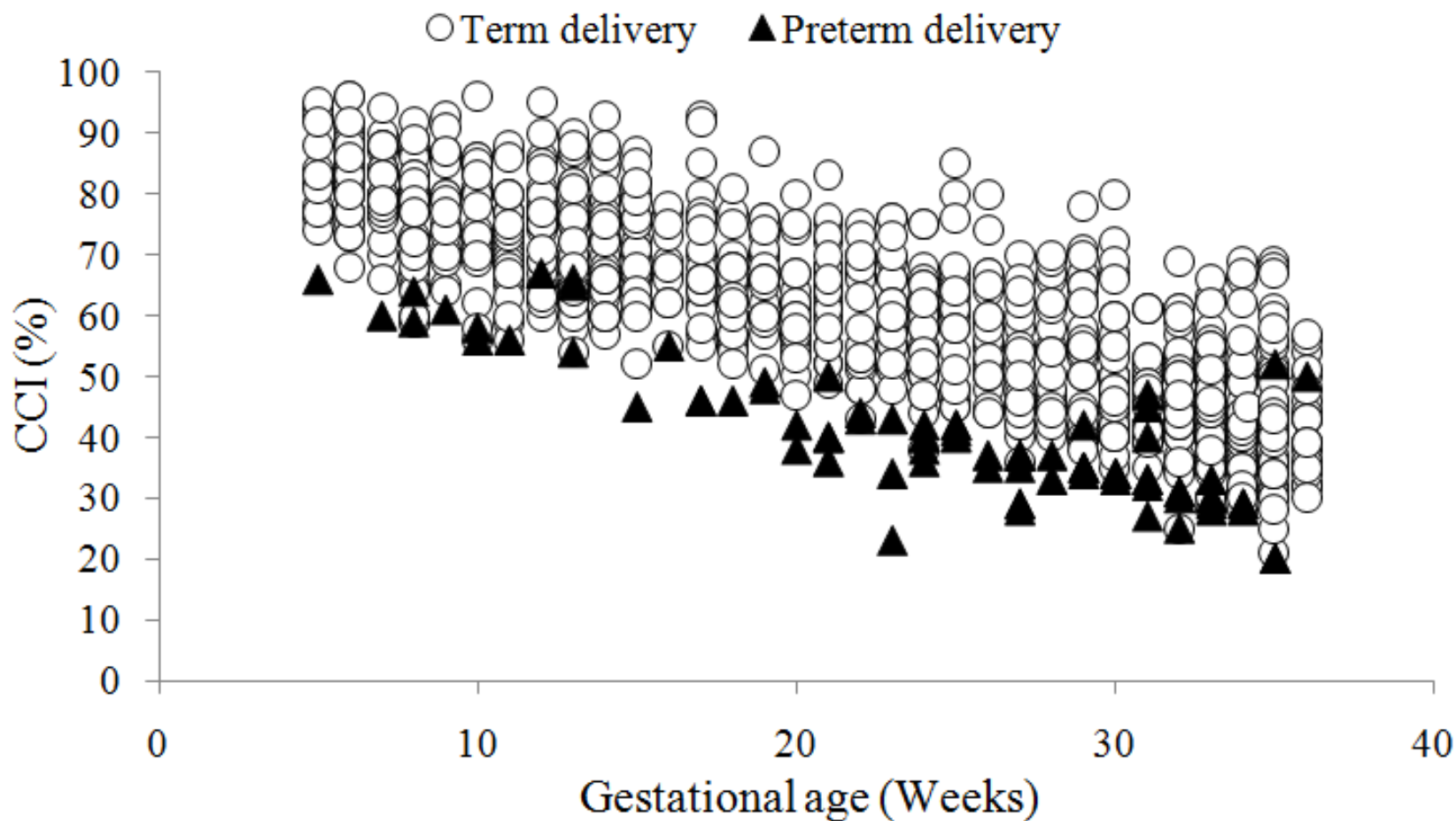


# Longitud Cervical



Prediction of preterm birth using the cervical consistency index. M. PARRA-SAAVEDRA\*, L. GOMEZ\*, A. BARRERO\*, G. PARRA\*, F. VERGARA\* ´ and E. NAVARRO† *Ultrasound Obstet Gynecol* 2011; 38: 44–51

# Índice de Consistencia Cervical (ICC)



Prediction of preterm birth using the cervical consistency index. M. PARRA-SAAVEDRA\*, L. GOMEZ\*, A. BARRERO\*, G. PARRA\*, F. VERGARA\* and E. NAVARRO† *Ultrasound Obstet Gynecol* 2011; 38: 44–51

## Sensitivity, specificity, ppv, npv, LHR of percentiles of CCI and CL in predicting SPTB according to gestational age

	CCI			Cervical length		
	Screening performance for fixed screen-positive rate of:					
	5%	10%	20%	5%	10%	20%
<b>SPTB <math>\leq</math> 32 weeks</b>						
Sensitivity (%)	66.7 (30.31–100)	100 (94.9–100)	100 (94.4–100)	11.1 (0–37.2)	33.3 (0–69.7)	33.3 (0–69.9)
Specificity (%)	97.1 (96.1–98.2)	88.2 (86.2–90.3)	77.2 (74.5–79.8)	97.8 (96.9–98.8)	94.8 (93.3–96.2)	86.3 (84.1–88.4)
PPV (%)	17.1 (3.2–31.1)	7 (2.2–11.9)	3.8 (1.1–6.4)	4.4 (0–14.9)	5.4 (0–12.2)	2.1 (0–4.8)
NPV (%)	99.7 (99.3–100)	100 (99.9–100)	100 (99.9–100)	99.2 (98.6–99.8)	99.4 (98.8–99.9)	99.3 (98.7–99.9)
LR+	23.3 (12.9–41.8)	8.1 (7.2–10.1)	4.38 (3.91–4.91)	5.1 (0.8–33.9)	6.4 (2.4–16.6)	2.4 (0.9–6.2)
<b>SPTB <math>\leq</math> 34 weeks</b>						
Sensitivity (%)	63.6 (41.3–86.0)	90.9 (76.6–100)	95.4 (84.5–100)	9.1 (0–23.4)	27.3 (6.4–48.2)	40.9 (18.1–63.7)
Specificity (%)	98.4 (97.6–99.2)	89.4 (87.4–91.4)	78.2 (75.6–80.8)	97.9 (96.9–98.8)	94.9 (93.6–96.4)	86.7 (84.5–88.8)
PPV (%)	46.7 (27.2–66.2)	15.9 (9.1–22.7)	8.8 (4.9–12.6)	8.7 (0–22.4)	10.7 (1.7–19.7)	6.3 (1.9–10.7)
NPV (%)	99.2 (98.6–99.8)	99.8 (99.4–100)	99.9 (99.6–100)	98 (97.1–98.9)	98.3 (97.5–99.2)	98.5 (97.7–99.4)
LR+	39.7 (22.2–70.9)	8.6 (6.9–20.7)	4.4 (3.8–5.1)	4.32 (1.1–17.3)	2.2 (1.2–3.1)	3.1 (1.8–5.2)
<b>SPTB <math>\leq</math> 37 weeks</b>						
Sensitivity (%)	45 (33.5–56.5)	78.8 (64.2–88.6)	87.5 (79.7–95.4)	11.3 (3.7–18.8)	26.3 (15.9–36.5)	38.8 (27.4–50.1)
Specificity (%)	99.8 (99.4–100)	94.9 (93.4–96.4)	81.9 (79.4–84.4)	98.5 (97.7–99.3)	96.3 (95.0–97.5)	88.2 (86.1–90.3)
PPV (%)	94.7 (86.3–100)	56.8 (47.1–66.4)	24.9 (23.2–25.3)	39.1 (17.0–61.3)	37.5 (23.9–51.1)	21.8 (14.7–28.9)
NPV (%)	95.5 (94.2–96.9)	98.1 (97.2–99.1)	98.7 (97.9–99.6)	92.9 (91.2–94.5)	93.9 (92.3–95.4)	94.4 (92.8–96.0)
LR+	211.7 (51.9–863.3)	15.44 (11.5–20.8)	4.84 (4.13–5.7)	7.6 (6.1–9.5)	7.1 (4.3–11.5)	3.3 (2.4–4.6)

95% CIs are given in parentheses.

*Ultrasound Obstet Gynecol* 2011; 38: 44–51  
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## Prediction of preterm birth using the cervical consistency index

M. PARRA-SAAVEDRA\*, L. GÓMEZ\*, A. BARRERO\*, G. PARRA\*, F. VERGARA\*  
and E. NAVARRO†

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**KEYWORDS:** cervical consistency; cervical length; preterm birth; transvaginal ultrasound

# Nuevos trabajos

# Predicción parto prematuro primer trimestre

## Association between first trimester cervical consistency index (CCI) and preterm birth in low risk population

<sup>1,2</sup>Miguel Parra-Saavedra, <sup>1</sup>Juan Carlos Ramirez, <sup>1</sup>Núria Baños, <sup>1</sup>Anna Peguero, <sup>1</sup>Ana Fervienza, <sup>1</sup>Eduard Gratacos, <sup>1</sup>Montse Palacio.

<sup>1</sup>BCNatal - Barcelona Center for Maternal-Fetal and Neonatal Medicine (Hospital Clínic and Hospital Sant Joan de Déu), IDIBAPS, University of Barcelona, and Centre for Biomedical Research on Rare Diseases (CIBER-ER), Barcelona, Spain

<sup>2</sup> Maternal-Fetal Unit, CEDIFETAL, Imágenes diagnosticas y terapeuticas, CEDIUL, Clinica La Asuncion, Barranquilla Colombia.

- Objective: To establish the association between cervical consistency index (CCI) in the 11 to 13.6 weeks ultrasound screening and spontaneous preterm delivery before 35 weeks.



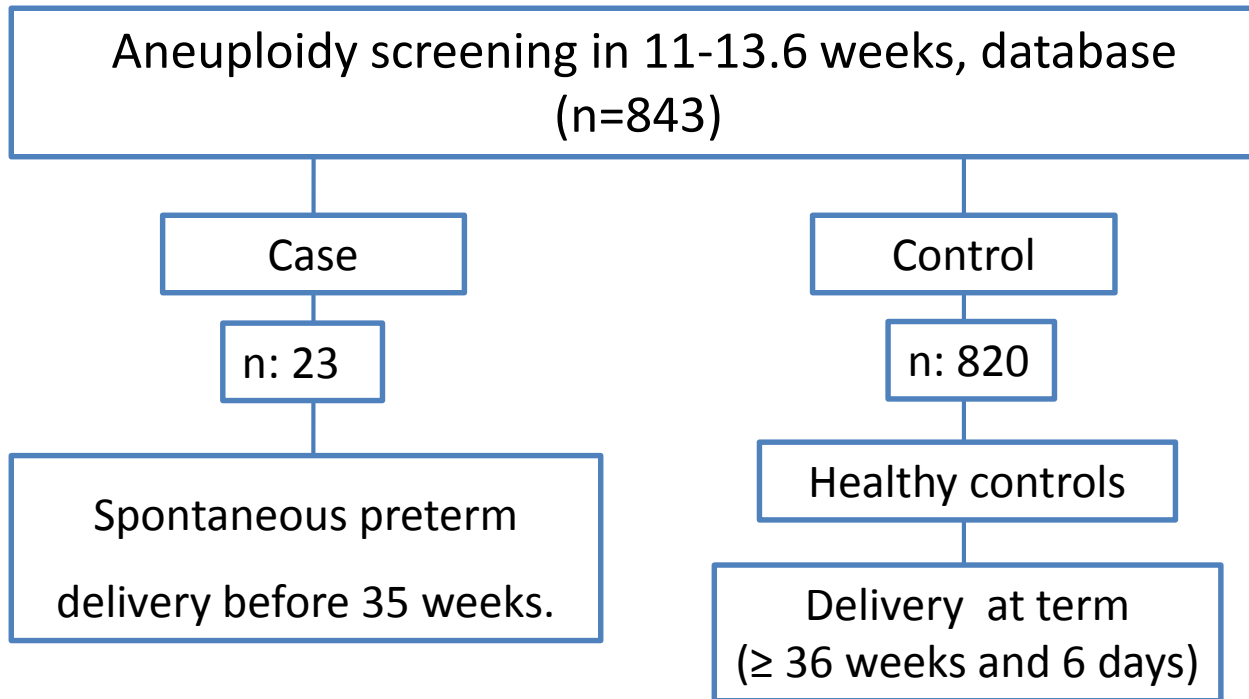
# MADRID

SPAIN  
3<sup>rd</sup>-6<sup>th</sup> November, 2015

## 12<sup>th</sup> World congress of Perinatal Medicine



### Results



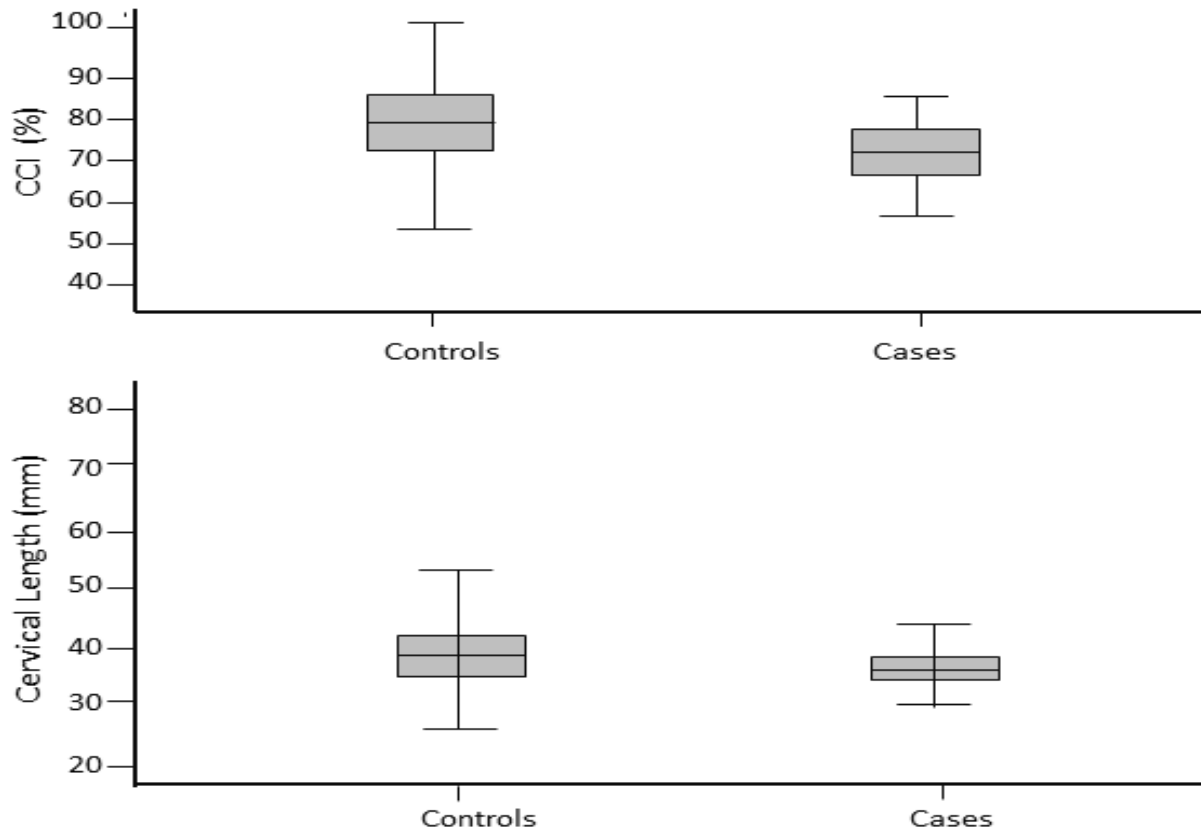
We evaluated 843 pregnant women and identified 23 cases (2.73%) with spontaneous preterm delivery below 35 weeks.



# MADRID

SPAIN  
3<sup>rd</sup>-6<sup>th</sup> November, 2015

# 12<sup>th</sup> World congress of Perinatal Medicine



The CCI was lower in cases than in controls: mean 71.2% [range 67.3-77.6%] vs. 78.6% [range 72.4-84.5%] ( $p < 0.001$ ), respectively. Cervical length did not differ between cases and controls: mean 37.2mm [range 34-40 mm] vs 39.1mm [range 35-42 mm] ( $p = 0.14$ ), respectively.





# MADRID

SPAIN  
3<sup>rd</sup>-6<sup>th</sup> November, 2015

## 12<sup>th</sup> World congress of Perinatal Medicine



## Conclusions

Women who presented with preterm birth before 35 weeks had significantly lower values of CCI at first trimester than women who delivered at term.

The measurement of CCI in ultrasound screening at 11-13.6 weeks may have clinical value for the early identification of women at risk of preterm birth before 35 weeks.



# Resultados: ICC vs LC en 2º trimestre

Characteristics	Median (IQR) or n (%)		P
	Term birth n= 161	Preterm birth n= 10	
<b>Number of subjects</b>			
<b>Age (years)</b>	33 (28-37)	33 (30-35)	0.69
<b>BMI</b>	23 (20.9-26.2)	22 (21.9-26.5)	0.54
<b>Ethnicity</b>			
<b>Caucasian</b>	103 (64)	7 (70)	0.7
<b>Others</b>	58 (36)	3 (30)	
<b>Parity</b>			
<b>Nulliparous</b>	100 (62.1)	4 (40)	0.16
<b>Multiparous</b>	61 (37.9)	6 (60)	
<b>Previous SPTB</b>	12 (9.45)	1 (10)	0.95
<b>GA at scan</b>	20.8 (20.1-23.6)	22.5 (21-23.5)	0.15
<b>Cervical consistency index (CCI)</b>	<b>68.54 (63.1-74.2)</b>	<b>62.3 (58.1-67.8)</b>	<b>0.02</b>
<b>Cervical length (CL)</b>	39.6 (35.8-44.1)	41.6 (34.6-47.9)	0.74
<b>GA at delivery</b>	39.6 (38.6-40.5)	28.3 (22.5-34.6)	<0.001

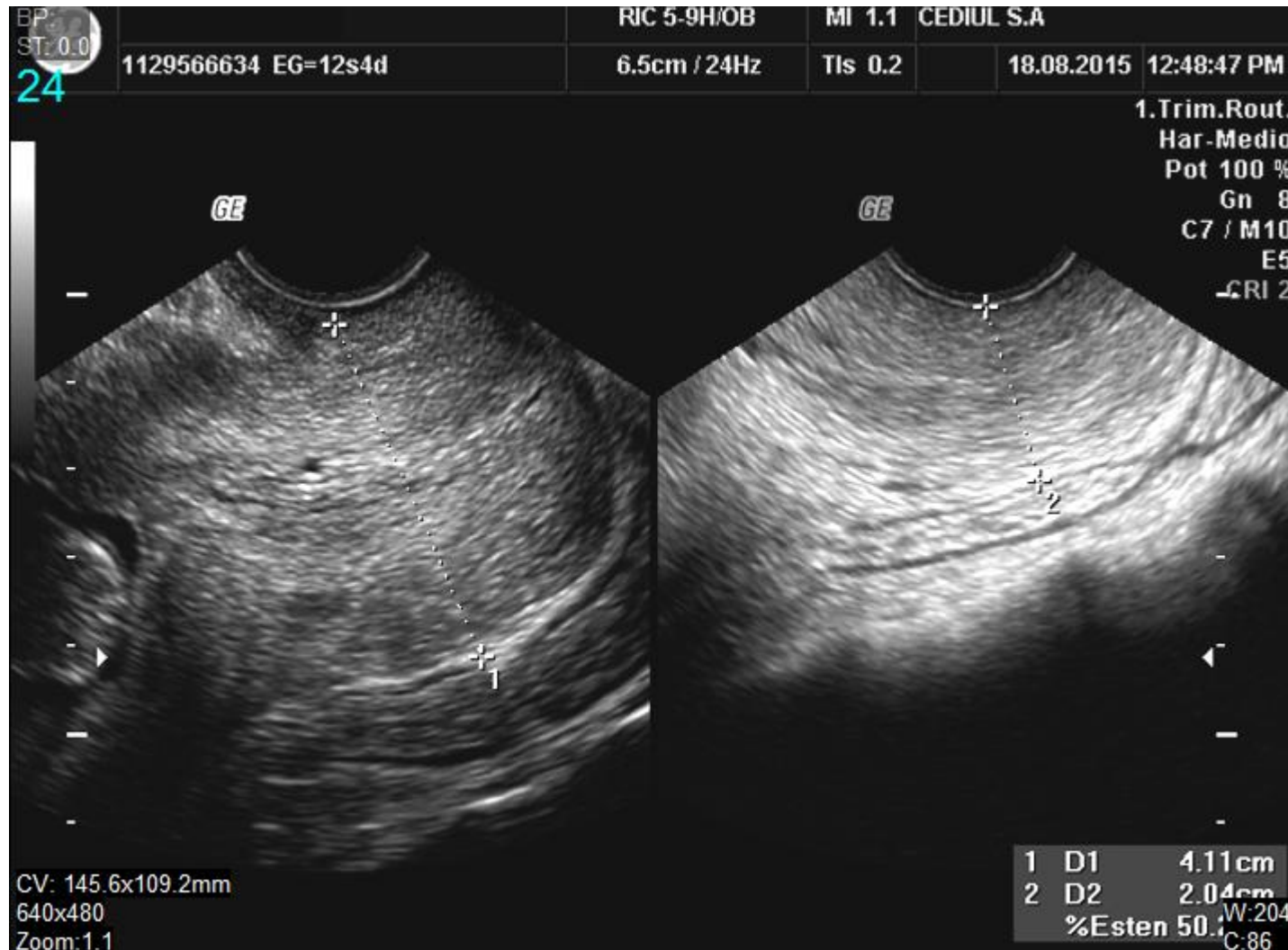
# Caso clínico



# Caso clínico



# Caso clínico



# Caso clínico



## Prediction of preterm birth using the cervical consistency ...

[www.ncbi.nlm.nih.gov/pubmed/21465603](http://www.ncbi.nlm.nih.gov/pubmed/21465603) ▼ Traducir esta página

de M Parra-Saavedra - 2011 - Citado por 36 - Artículos relacionados

OBJECTIVES: To assess the diagnostic power of a new cervical consistency index (CCI) obtained using transvaginal sonography for the prediction of ...

# ¿Futura indicación?

- Pacientes con Índice de Consistencia Cervical Menor del percentil 5%
- ¿Deberían recibir progesterona?  
parece razonable, si un cuello es blando y se acorta progresivamente ...
- Faltan estudios en este campo



# Casos clínicos

- Síndrome de parto prematuro

# Caso # 1.

ID: Y.L

22 años,

EG: 24,2 semanas

## Antecedentes:

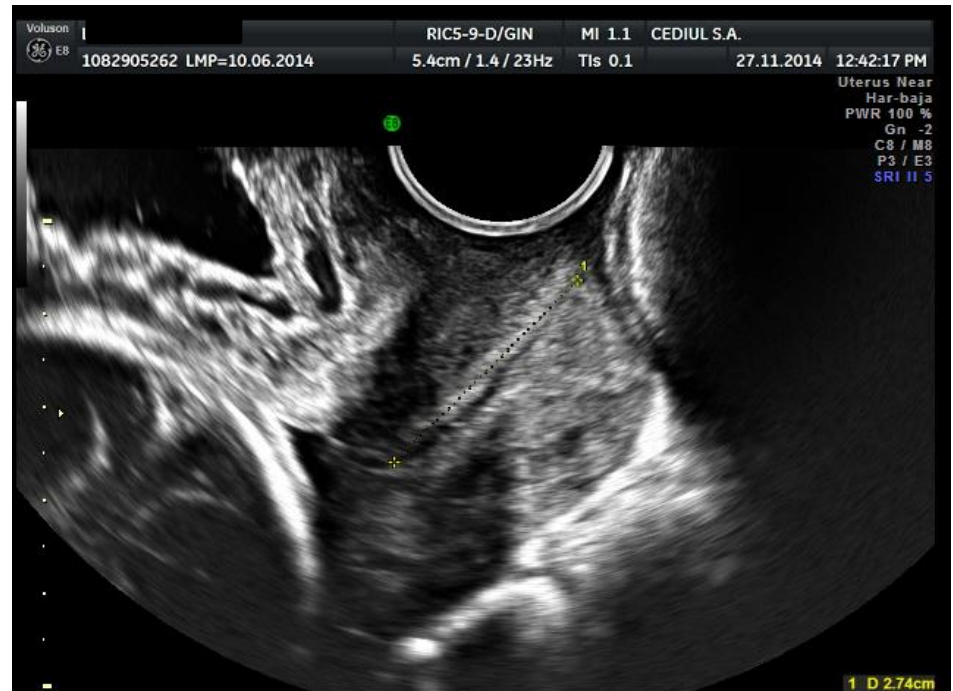
-G3 A2 ultima perdida de 20 sem

-Doble sistema colector

-Infección de vías urinarias en primer trimestre.

-Refiere actividad uterina irregular

-Cervicometria 27 mm



Cervicometria: 2,74 cm

¿Cuál sería el manejo indicado?

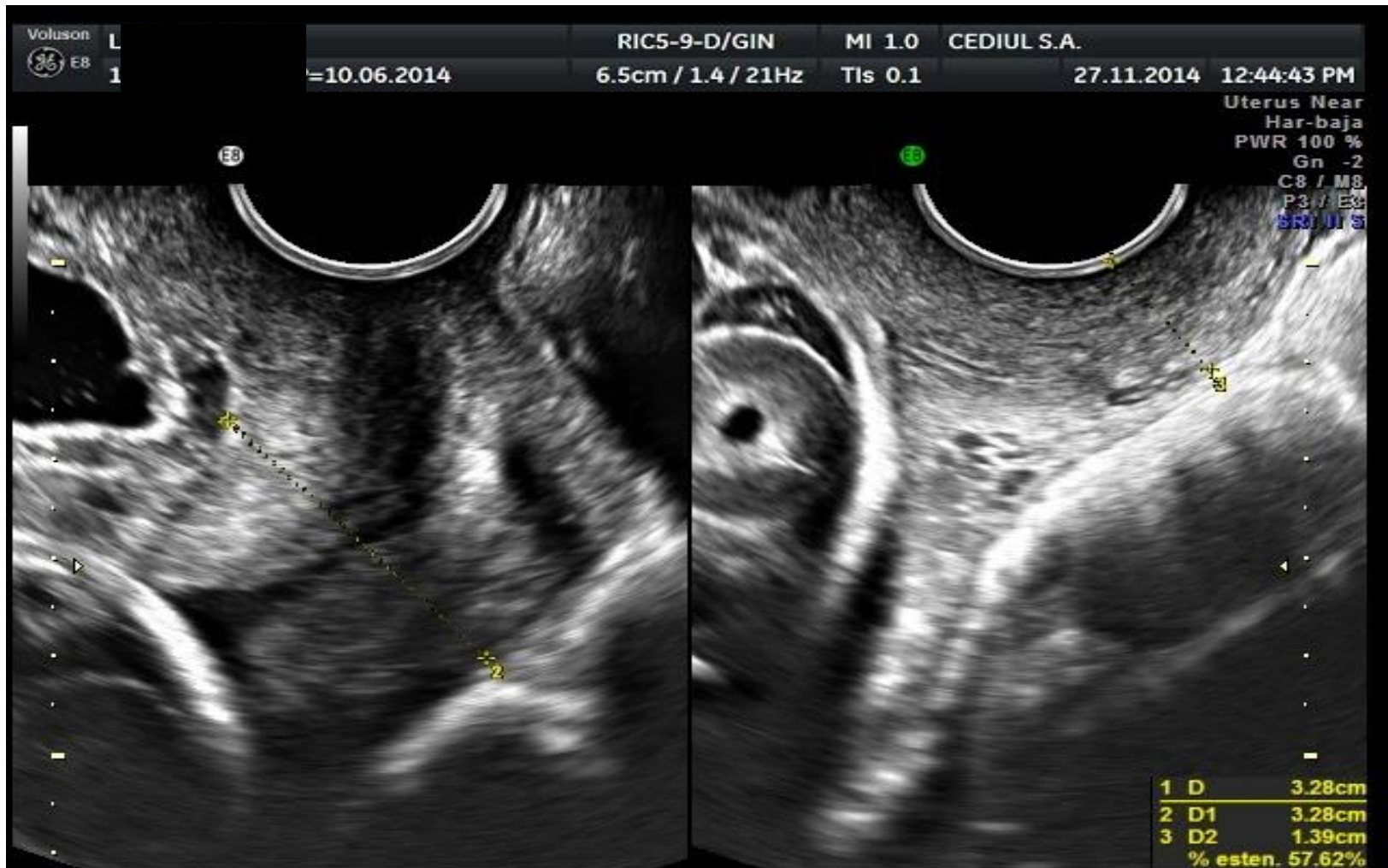
# Caso # 1.

Nov 27-2014



# Caso # 1.

Nov 27-2014



# Caso # 1.



# Caso # 1.

ID: Y.L  
22 años,



## Caso # 2

ID: Z.A

28 años

-Embarazo actual 22 sem

-Actividad uterina regular de 8 horas

-Cervix 5 mm

-Sludge

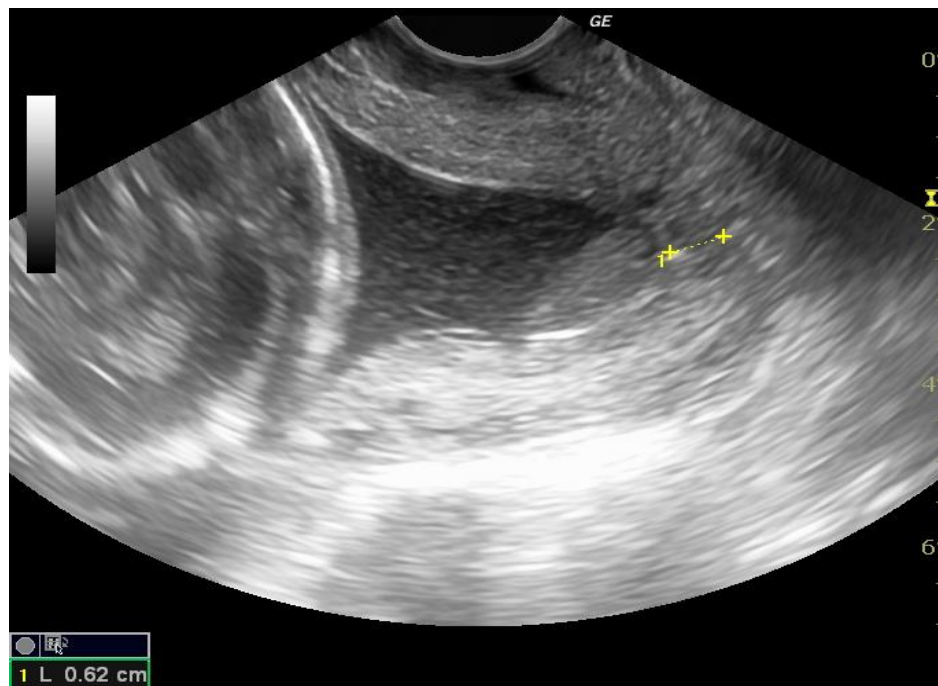
-PCR 48

-CH: Leucocitos 16820

**Antecedentes:**

G5a3pp1 v0

PP 23 semanas, con muerte neonatal temprana.



¿Cuál sería el manejo indicado?

## Caso # 2

ID: Z.A

28 años

-Embarazo actual 22 sem

-Actividad uterina regular de 8 horas

-Cervix 5 mm

-Sludge

-PCR 48

-CH: Leucocitos 16820

### **Antecedentes:**

G5a3pp1 v0

PP 23 semanas, con muerte neonatal temprana.

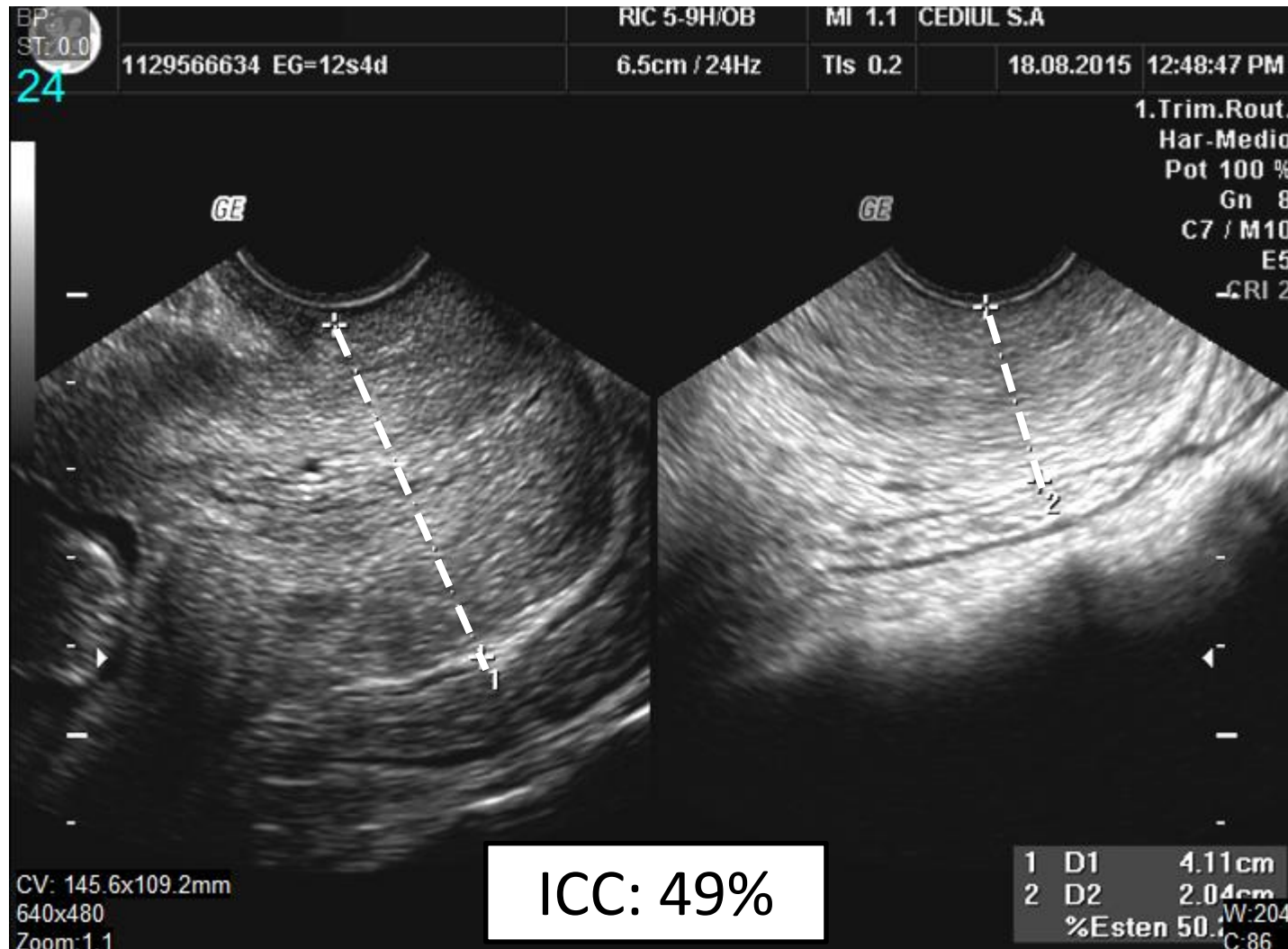




# Caso clínico # 3



# Caso clínico



# Caso clínico

**Table S1** Percentiles for cervical consistency index (CCI in %) for gestational ages of 5–36 weeks

Gestational age (weeks)	$\mu$	5th centile	10th centile	20th centile	50th centile	80th centile	90th centile	95th centile
5	34	65	74	78	84	93	95	97
6	38	64	73	77	82	92	94	96
7	29	63	71	75	81	90	93	95
8	39	61	70	74	79	89	92	94
9	24	60	69	72	78	87	90	93
10	26	59	67	71	77	86	89	92
11	33	57	66	69	75	85	88	90
12	34	56	64	68	<u>74</u>	83	87	89
13	41	54	63	66	<u>73</u>	82	85	88
14	34	53	61	65	71	80	84	87
15	36	52	60	63	70	79	83	86
16	34	50	58	62	68	78	82	85
17	29	49	57	60	67	76	80	84
18	28	48	55	59	66	75	79	82
19	29	46	54	57	64	73	78	81
20	26	45	52	56	63	72	77	80
21	38	44	51	54	61	71	76	79
22	29	42	49	53	60	69	74	78
23	27	41	48	51	59	68	73	77
24	33	40	46	50	57	66	72	76
25	29	38	45	48	56	65	71	75
26	30	37	43	47	54	64	69	73
27	28	36	42	45	53	62	68	72
28	27	34	40	44	52	61	67	71
29	31	33	39	42	50	59	66	70
30	41	32	37	41	<u>49</u>	58	64	69
31	41	30	36	39	<u>47</u>	56	63	68
32	56	29	34	38	46	55	62	67
33	53	27	33	36	45	54	61	65
34	50	26	31	35	43	52	59	64
35	58	25	30	33	42	51	58	63

# Caso clínico

- Nota: paciente con Índice de Consistencia Cervical menor al percentil 5, alto riesgo de parto prematuro, se sugiere evaluación ecografica del cérvix en semana 16 y tamizaje de cervicometría en semana 20.
- Pte ingresa 23 semanas a urgencia con 9 centímetros de dilatación y partes fetales en vagina.

# ¿Cuál es método para evaluar la consistencia del cérvix?

ARTICLE IN PRESS

Journal of Biomechanics ■ (■■■■) ■■■-■■■



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Journal of Biomechanics

journal homepage: [www.elsevier.com/locate/jbiomech](http://www.elsevier.com/locate/jbiomech)  
[www.JBiomech.com](http://www.JBiomech.com)



## Challenging the in-vivo assessment of biomechanical properties of the uterine cervix: A critical analysis of ultrasound based quasi-static procedures

M.M. Maurer<sup>a,\*</sup>, S. Badir<sup>a,1</sup>, M. Pensalfini<sup>a</sup>, M. Bajka<sup>b</sup>, P. Abitabile<sup>c</sup>,  
R. Zimmermann<sup>b</sup>, E. Mazza<sup>a,d</sup>

<sup>a</sup> Department of Mechanical and Process Engineering, ETH Zurich, 8092 Zurich, Switzerland

<sup>b</sup> Department of Obstetrics and Gynecology, University Hospital Zurich, 8091 Zurich, Switzerland

<sup>c</sup> Hospital Laufenburg, 5080 Laufenburg, Switzerland

<sup>d</sup> EMPA, Swiss Federal Laboratories for Materials Testing and Research, 8600 Dübendorf, Switzerland

# ¿Cuál es método para evaluar la consistencia del cérvix?

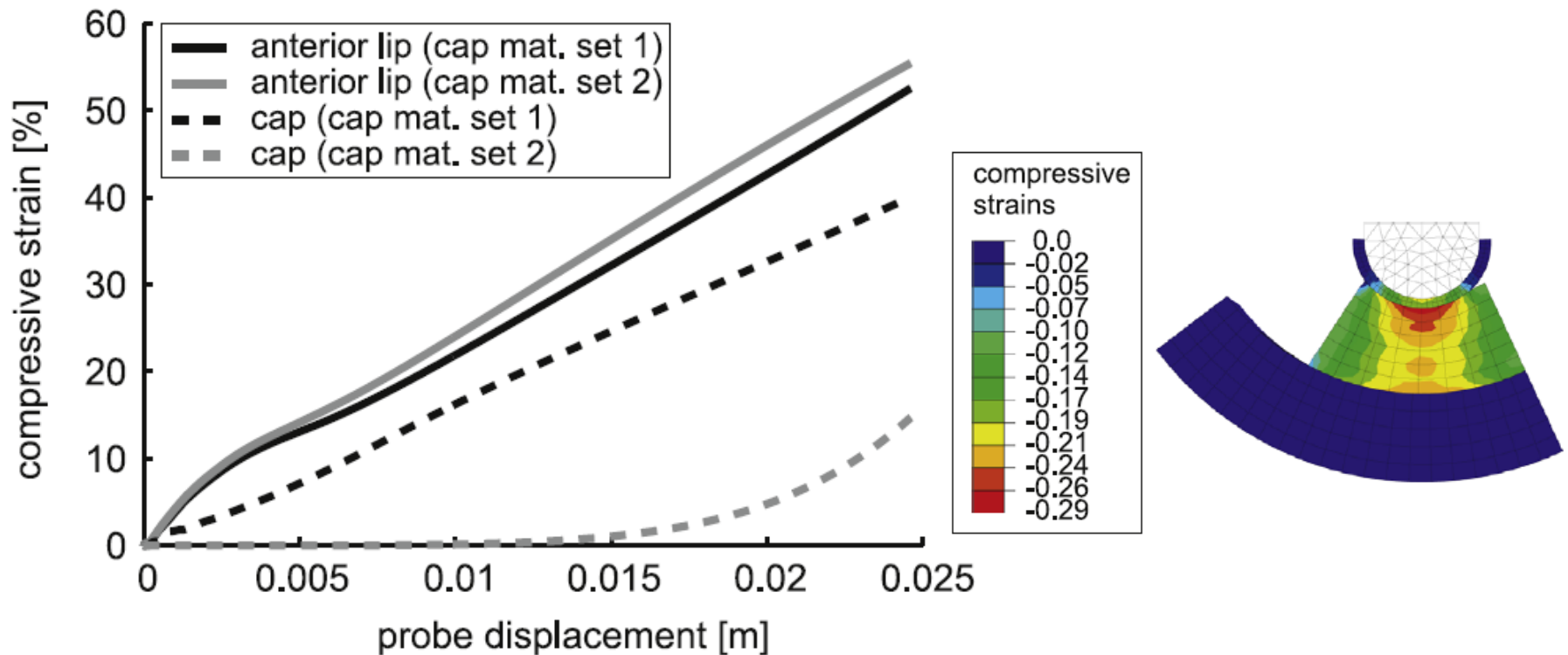


## Phantoms

M.M. Maurer a,n,, S.Badir a,, M.Pensalfini a, M.Bajka b, P.Abitabile c, R. Zimmermann b, E.Mazza ; Challenging the in-vivo assessment of biomechanical properties of the uterine cervix: A critical analysis of ultrasound based quasi-static procedures

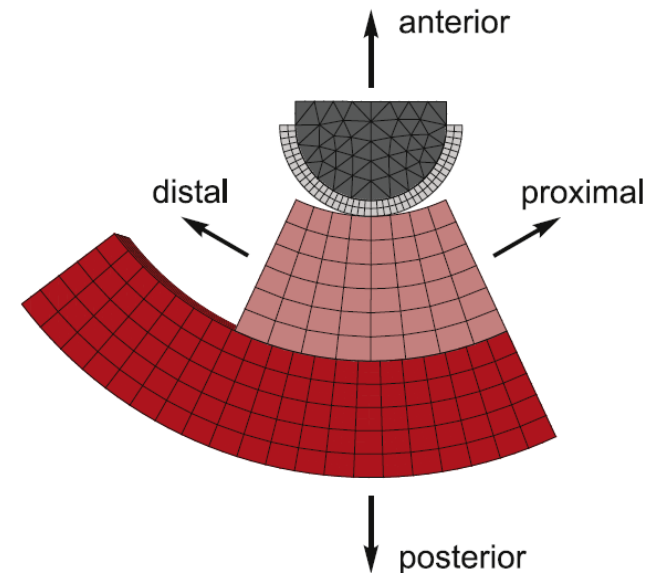
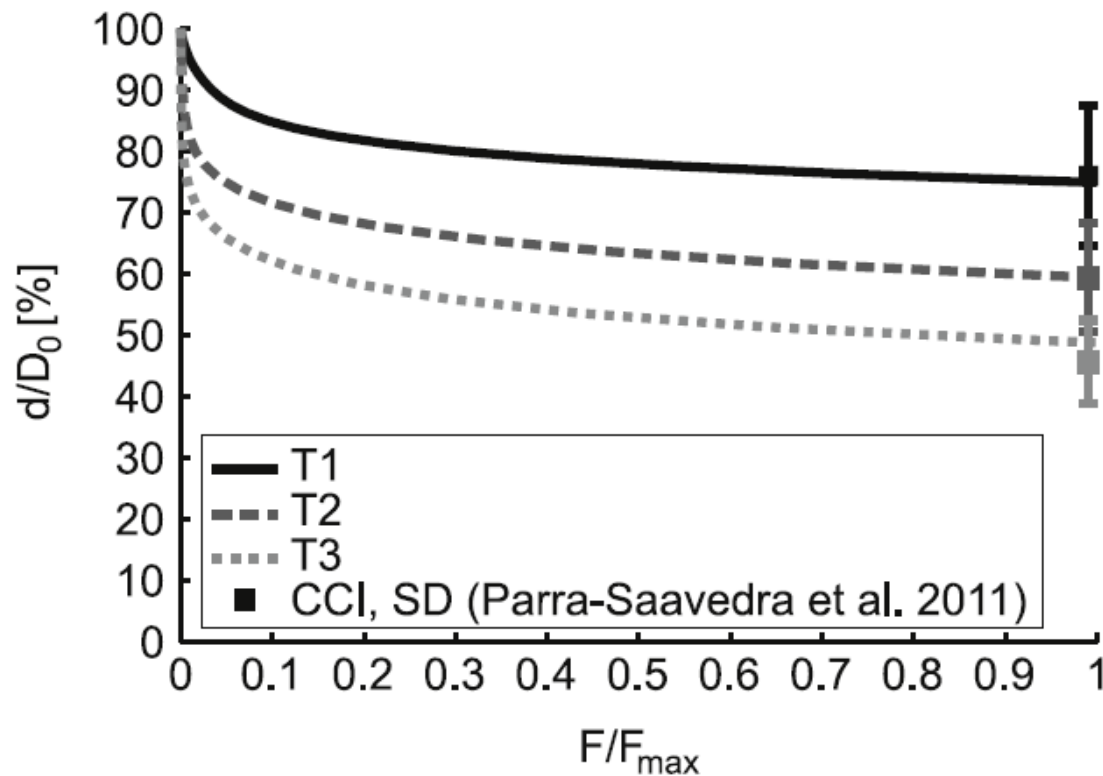
# ¿Cuál es método para evaluar la consistencia del cérvix?

## Elastografía



# ¿Cuál es método para evaluar la consistencia del cérvix?

## Índice de Consistencia Cervical





# Conclusión

“We have demonstrated that the quasi-static elastography protocol as proposed by Hernandez-Andrade et al. (2013), Hernandez-Andrade et al. (2014) and Molina et al. (2012) does not allow to distinguish between a stiff and soft cervix”

M.M. Maurer a,n,, S.Badir a,, M.Pensalfini a, M.Bajka b, P.Abitabile c, R. Zimmermann b, E.Mazza ; Challenging the in-vivo assessment of biomechanical properties of the uterine cervix: A critical analysis of ultrasound based quasi-static procedures

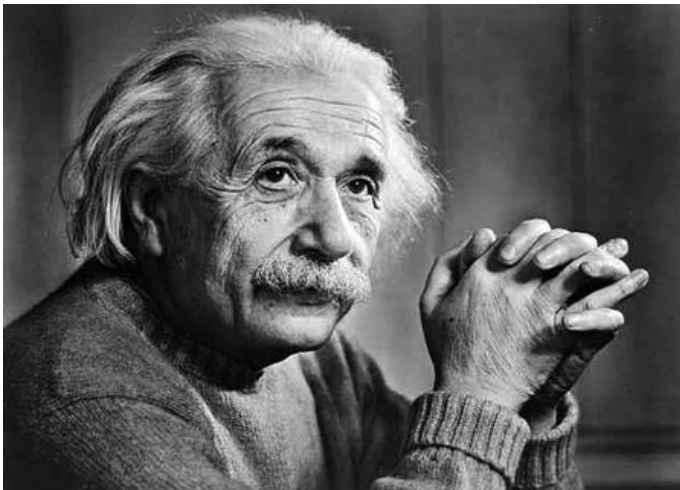
# Conclusión

- “The simulations of the maximum compressibility approach, as introduced by Parra-Saavedra et al. (2011), indicate that this procedure can deliver a repeatable assessment of cervical consistency and is able to differentiate between subjects and time point in gestation “

M.M. Maurer a,n,, S.Badir a,, M.Pensalfini a, M.Bajka b, P.Abitabile c, R. Zimmermann b, E.Mazza ; Challenging the in-vivo assessment of biomechanical properties of the uterine cervix: A critical analysis of ultrasound based quasi-static procedures

“An unsolved problem is ill-posed problem”

Un Problema no resuelto es un problema mal planteado



Albert Einstein

# Un ejemplo final



# Equipo CEDIFETAL



**¡¡¡GRACIAS A TODOS!!!**

# Agradecimientos

Gracias a el equipo CEDIFETAL

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Nicolas Castillo

Isaac Vargas

Ginecólogos

Guido Parra

Felipe Vergara

Residentes

Ana Maria Rivera

Álvaro Sarmiento

Heidy Iglesias

Cuerpo Administrativo

Gerente Ilsy de La Torre

# Equipo Medicina Fetal Barcelona



!!!GRACIAS A TODOS!!!



# 2<sup>nd</sup> European Spontaneous Preterm Birth Congress



Gothenburg, Sweden, 26<sup>th</sup> - 28<sup>th</sup> of May 2016 - preliminary programme



Thursday May 26<sup>th</sup>

## 2<sup>nd</sup> European Spontaneous Preterm Birth Congress

### Prediction of preterm delivery by cervical assessment

Chair: Miguel Parra-Saavedra, Barranquilla, Colombia

13.45 - 14.20

"Cervical length measurement and prediction  
of preterm delivery"

*Vincenzo Berghella, Philadelphia, USA*

14.20 - 14.50

"Cervical length measurement from a Northern  
European Perspective"

*Lil Valentin, Lund, Sweden*

14.50 - 15.15

"New Techniques on cervical assessment"

*Helen Feltovich, Madison, USA*

15.15 - 15.45

Break

15.45 - 17.00

Oral presentations

17.00 - 17.15

Short break

Gracias